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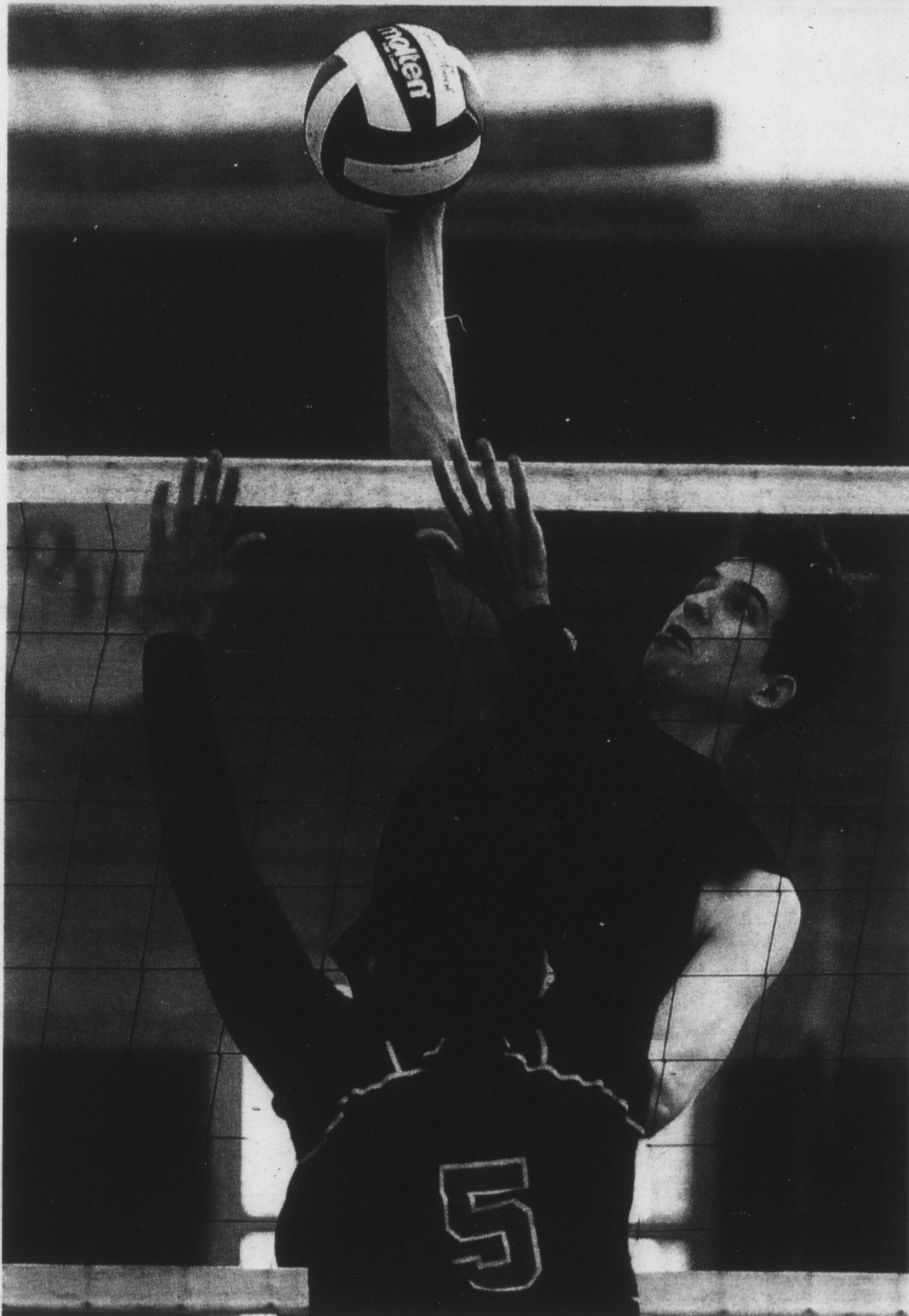


Historic Quincy's Hometown Weekly Newspaper Since 1968

VOL. 51 No. 33

Thursday, May 2, 2019

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TOP OF HIS GAME - North Quincy's Ian Valencius scores a point in the Red Raiders' 3-0 win over Quincy in boys volleyball April 24. The senior captain led North Quincy with 10 kills for the team's seventh win this season. More coverage on Page 20.

Quincy Sun Photo/Robert Bosworth

City Remembers Those Lost In Vietnam War

By SCOTT JACKSON

Veterans from Quincy and beyond gathered at Marina Bay to remember those who were killed in the Vietnam War decades ago.

Some 100 veterans, residents

and elected officials were on hand April 25 for the ceremony at Vietnam Veterans Memorial Clock Tower, which bears the names of the 48 Quincy residents who died as a result of injuries sustained

in the war. This year's ceremony was the 32nd annual remembrance held there.

Medal of Honor recipient James McCloughan was the key-

Cont'd On Page 35

Hughes Seeks To Unlink QMC, Ross Lot Plans

By SCOTT JACKSON

Ward 5 Councillor Kirsten Hughes on Monday introduced an amendment to the proposed land disposition agreement between the city and FoxRock Properties that would uncouple the developer's plans for the Ross Lot and the site of the former Quincy Medical Center.

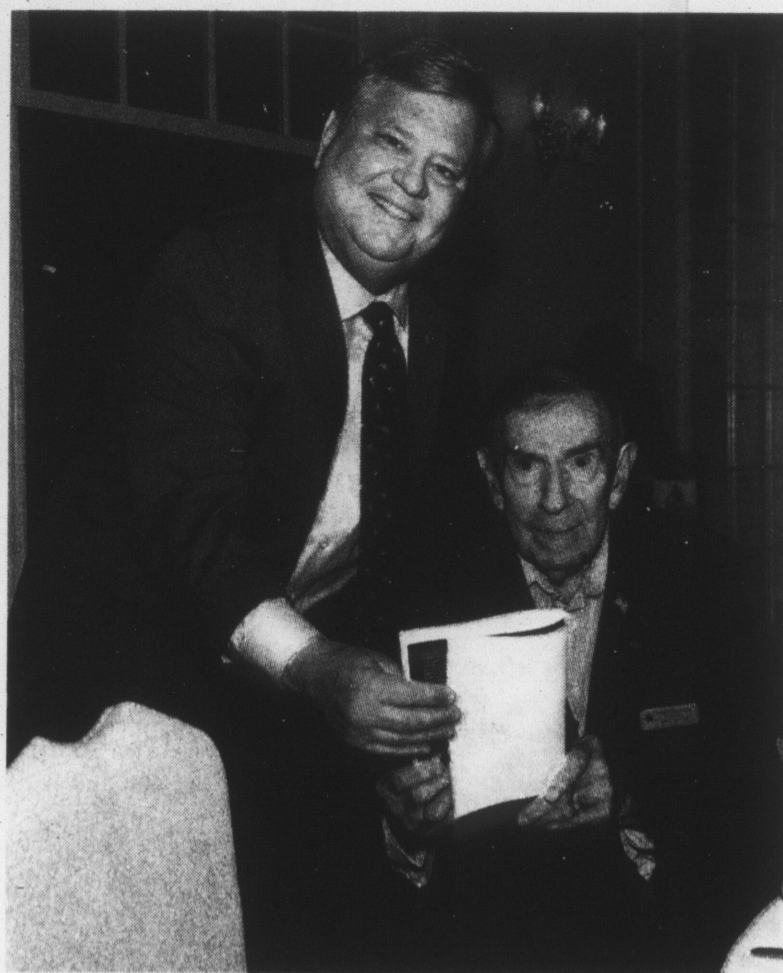
The amendment had been presented to the City Council during a public hearing earlier that evening by members of the Hospital Hill Neighborhoods Association, who said the proposals should be considered separately. More than a dozen residents, business and labor leaders from the community spoke in favor of FoxRock's pro-

posal for the Ross Lot during the public hearing.

FoxRock has proposed constructing a 200,000-square-foot medical office building, a 196-unit residential building and 140-room hotel on the Ross Lot. The architect behind the proposal shared additional details on those buildings Monday, which marked the second time the council's finance committee has reviewed the proposal. The committee will take up the matter again on May 20.

Under the proposed LDA, introduced in March by Mayor Thomas Koch, FoxRock would pay the city \$4.25 million for about two acres of land on the Ross Lot. The city

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FORMER MAYOR Frank McCauley was the guest speaker at a recent Quincy Lions Club meeting and spoke about his new autobiography, "FRANK - From Bootlegger to Bank President and Beyond." Here he signs a copy of his new book for fellow Lion Don Uvanitte. The two members represent 100 years of service to the Quincy Lions Club as McCauley is a 59-member of the club and Uvanitte a 41-year member. Story, other photos on Page 25.

Quincy Sun Photo/Robert Bosworth



Wollaston Condo Project Raises Concerns - Page 3
Health Spotlight: Pancreatic Cancer - Page 9
City Upgrading 25 Playgrounds - Page 24

More Quincy news:
The Quincy Sun.com

30th Annual 'Cleaner, Greener Quincy' Saturday

The 30th annual "Cleaner, Greener Quincy" city-wide cleanup will be held Saturday, May 4. The clean-

up will take place from 9 a.m. to noon.

Mayor Thomas Koch is seeking community volun-

teers to participate in this year's cleanup at parks and open spaces throughout the city. The mayor will host an

appreciation cookout following the cleanup at Pag-

eant Field.

In past years, thousands

of volunteers have cleaned

Cont'd On Page 4



2019 SCHEDULE

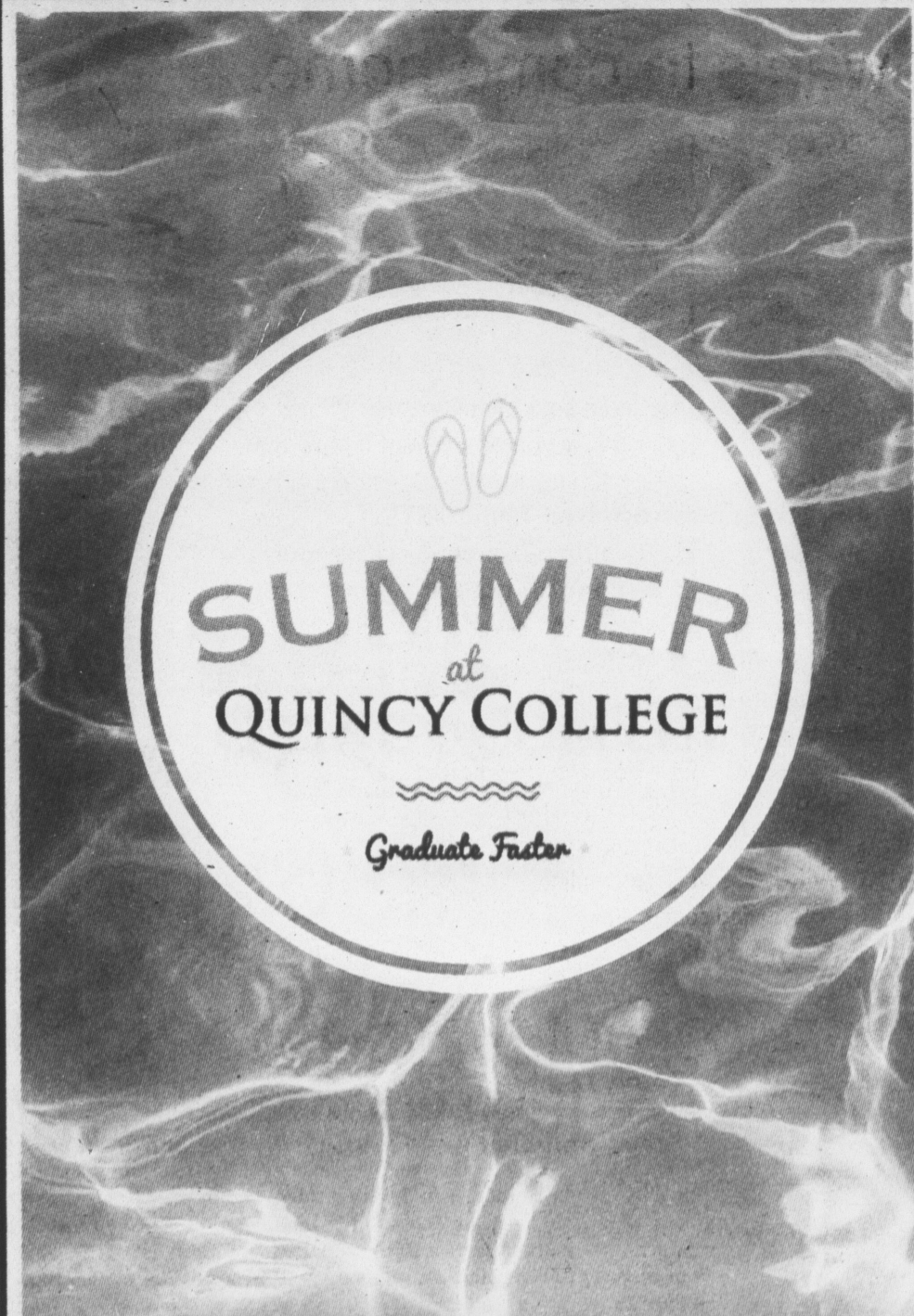
Date	Time	Opponent	Location
JUNE 1	7PM	NEW YORK LIZARDS	HOME
JUNE 9	4PM	DALLAS RATTTLERS	AWAY
JUNE 22	7PM	NEW YORK LIZARDS	HOME
JUNE 29	7PM	DENVER OUTLAWS	HOME
JULY 7	1:30PM	DALLAS RATTTLERS	HOME
JULY 11	12PM	NEW YORK LIZARDS	HOME
JULY 13	8PM	ATLANTA BLAZE	HOME
JULY 20	7PM	ATLANTA BLAZE	HOME
JULY 27	TBD	MLL ALL-STAR GAME	HOME
AUG 3	6PM	DENVER OUTLAWS	HOME
AUG 10	7PM	ATLANTA BLAZE	HOME
AUG 17	7PM	CHESAPEAKE BAYHAWKS	HOME
AUG 24	7PM	DALLAS RATTTLERS	HOME
AUG 31	5PM	DENVER OUTLAWS	HOME
SEPT 7	7PM	CHESAPEAKE BAYHAWKS	HOME
SEPT 14	8PM	ATLANTA BLAZE	HOME
SEPT 21	7PM	DALLAS RATTTLERS	HOME

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QUINCY'S DANIELLE KEMP and her daughter Elise decided not to let the rainy weather keep them from the kickoff of the Peek-a-Blue Hikes on April 23. The popular hikes, sponsored by the Friends of the Blue Hills, will continue every other Tuesday through October. The special festivities planned for the kickoff were rescheduled until Tuesday, May 7, due to the inclement weather. These free, one-hour guided hikes created for babies and toddlers start at 11 a.m. at Houghton's Pond, 840 Hillside St., in Milton. Free snacks and drinks are provided. Hikes are stroller accessible, and parents, grandparents, and childcare providers are all welcome. For more information and a schedule of hikes in 2019, visit www.friendsofthebluehills.org/peekab-lue or email info@friendsofthebluehills.org.

Photo Courtesy: Friends of the Blue Hills



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- 63 Residential Units Eyed For Former Theater Location
- Some Residents Support Commercial Component

Concerns Raised Over Wollaston Condo Project

By SCOTT JACKSON

Several Wollaston residents said they would like to see a commercial component included as part of the plan to redevelop the home of the former Wollaston Theater, whose owner has unveiled a proposal to build a 63-unit residential building on site.

Some 100 residents attended an April 25 community meeting at Quincy High

School hosted by Ward 5 Councillor Kirsten Hughes to discuss plans to redevelop the 18,700-square-foot site between Beale Street and Chapman Street.

Hughes said plans to develop the site, which would require approval from the Planning Board and Zoning Board of Appeals, have yet to be filed with the city.

"There is nothing filed."

Cont'd On Page 15

Patrick White Foundation Offering Scholarships

The Patrick White Foundation will be offering scholarships in memory of Patrick White to the high school class of 2019.

Those interested are asked to send an e-mail requesting information to: ptwfoundation7@comcast.net. Include PTW in the subject line.

2 Quincy Girl Scouts Sell 4,881 Boxes Of Cookies



TWO QUINCY GIRL SCOUTS are among the 2019 Top Cookie Sellers for Girl Scouts of Eastern Massachusetts selling a combined 4,881 packages. Fourth grader Alivia Caruso of Troop 68282 (left) was the fourth highest seller with 2,611 packages. Tenth-grader Brianna Joyce of Troop 85383 (right) was the fifth highest seller with 2,270 packages. Across the Girl Scouts of Eastern Massachusetts council, Girl Scouts sold 2.3 million packages of Girl Scout Cookies this season, which ran from December 2018 to March 2019.

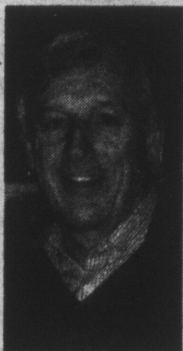
Photos Courtesy Michelle Juralewicz



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Ask the GEMOLOGIST

BY JEFFREY M. BERTMAN
GRADUATE GEMOLOGIST



PICTURESQUE JASPER

Jasper is a beautiful gemstone both in its actual physical charm and its metaphysical healing qualities. The word jasper is derived from the Persian word "Kaspar" which means "treasure bringer." It is believed to be a stone that promotes tranquility and healing and helps eliminate negative energy. Jewelers love the stone because it represents itself in so many different ways. It can be marbled, dappled, striped, or feathered. Inclusions within the stone can appear as landscapes or scenes, and because of this, this type of jasper is called "picture jasper." It is popularly worked into beads and cabochons, or carved into faces, figures, or symbols that are then often set with the use of creative

wire work.

Are you looking for something special, something unique to add to your fashion jewelry wardrobe? Then you would do well to put Rogers Jewelry at the top of your list of places to visit soon. From jasper and its unusual color displays to diamonds of clear brilliance, we offer an unparalleled collection of fine jewelry of precious gemstones and creatively inspired, one-of-a-kind settings. Let our artistry of design capture your imagination here at 1402 Hancock St. in Quincy Center. Call us at 617-773-3636, or better yet, stop by! We'd also love to show you our assortment of estate and pre-owned jewelry.

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Moments in time

THE HISTORY CHANNEL

• On May 19, 1588, the Spanish Armada sets sail from Lisbon on a mission to secure control of the English Channel and transport a Spanish invasion army to Britain from the Netherlands. The Invincible Armada consisted of 130 ships and carried 2,500 guns and 30,000 men.

• On May 18, 1593, an arrest warrant is issued for Christopher Marlowe after fellow writer Thomas Kyd accuses him of heresy. Kyd had been arrested because of heretical documents found in his room, but he claimed they belonged to Marlowe, his former roommate.

• On May 16, 1849, the New York City Board of Health finally establishes a hospital to deal with a cholera epidemic that would kill more than 5,000 people. The city was ripe for an epidemic because of poor health conditions and its attraction for immigrants from around the world.

• On May 17, 1885, the Apache chief Geronimo again breaks out of an Arizona reservation, fleeing with 42 men and 92 women and children, and sparking panic among Arizona settlers. Geronimo surrendered in September 1886.

• On May 15, 1941, the turbojet-propelled Gloster-Whittle E 28/39 aircraft flies over Cranwell, England, in the first test of an Allied aircraft using jet propulsion. It reached a top speed of 370 mph at 25,000 feet.

• On May 14, 1973, Skylab, America's first space station, is launched into orbit around the Earth. Eleven days later, U.S. astronauts rendezvoused with Skylab, repairing a jammed solar panel and conducting scientific experiments during their 28-day stay.

• On May 13, 1981, Pope John Paul II is shot and wounded at St. Peter's Square in Rome by Turkish terrorist Mehmet Ali Agca. He claimed that he had planned to go to England to kill the king but couldn't because there was only a queen and "Turks don't shoot women."

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Bob Damon, Quincy 400, Speaker At Annual Meeting For Souther Tide Mill

The annual meeting of Friends of Souther Tide Mill will be held Tuesday, May 21 at 7 p.m. at Brookdale Quincy Bay, 99 Brackett St., corner of Southern Artery across from the Tide Mill.

The Board of Directors of the Friends group announces that Bob Damon

will be the speaker. Damon runs Quincy 400 and is director of history and visitor programs at United First Parish Church, the "Church of the Presidents" in Quincy Center.

Light refreshments will be served. All are invited to attend.

'Cleaner, Greener Quincy' Saturday

Cont'd From Page 2

school grounds, parks, playgrounds, marshes, and open space areas. Volunteers have planted flowers, shrubs, and trees. Countless yards of mulch have been spread and weeds and winter debris removed. Each year, this event has served as Quincy's community-wide "spring-cleaning."

"Quincy remains a beautiful place to live in part because of our residents' commitment to keep it looking beautiful," Koch said. "Whether it be their own properties or pitching in

for community events like Cleaner, Greener Quincy, we have thousands of people committed to helping Quincy stay beautiful. As someone who has seen this program up close for each of its 30 years, I am extremely grateful for the hard work our resident put forth."

The City Department of Natural Resources (Park, Forestry, Cemetery, Recreation and Conservation) will support community groups interested in helping out by providing tools, mulch, bags, gloves and other supplies. Interested parties

can form their own groups or join other established groups at locations around the city.

For more information, call Program Manager Paul Doherty at (617) 376-1251 or email Paul at pdoherty@quincyma.gov.

The first 1,500 volunteers will receive a commemorative 30th anniversary Cleaner, Greener Quincy t-shirt. The shirts are sponsored by the Quincy Parks Conservancy, a local non-profit that advocates for our parks and open space areas.

Cleaner, Greener Quincy

was started by then-Mayor Jim Sheets as a way to get the community involved in the upkeep of our park system. Since then, it has created a generation of stewards that take an active interest in the condition and appearance of our public park system.

It is estimated that Cleaner, Greener Quincy has generated more than 250,000 community volunteer hours since its inception. It has reached more than 60 different locations throughout neighborhoods of the city.

Souther Tide Mill Has Been Busy

By KATHY HOGAN

It's time to catch up on several activities of Friends of Souther Tide Mill. Here are a few.

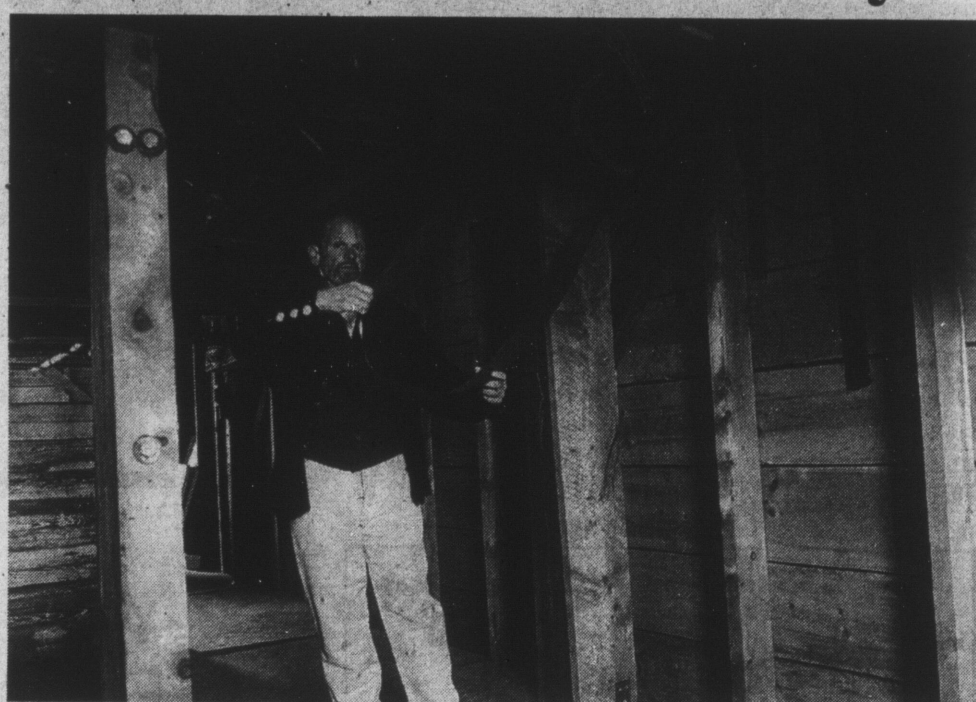
First: Back on Oct. 20 as part of Massachusetts Archaeology Month, the public was invited to attend the first open house at the tide mill — yes, that old wooden building on the Southern Artery.

Situated in Ward 1, it's the last piece of city-owned undeveloped waterfront property. Visitors felt this historic site would make a wonderful park. John Quincy Adams was an investor in the Souther business, something that fans of Adams history were intrigued to learn.

Colorful balloons waving from the front railing beckoned people to come and join the fun. Visitors had a chance to step inside the mill building for the first time and see what it's like. At the entrance are large beams, and you could see that they were cut and shaped by hand. To do this you hold an adze with two hands and swing it between parted legs while standing on a beam. An adze is a tool with a long handle and curved blade at the end.

Visitors were greeted at the door by a 19th century miller (better known as Doug Morrill, president of the Friends group) who welcomed them. He pointed out artifacts and explained their function. In addition, a large poster outlining the history of the mill and its workings helped people to form a picture of the mill when the business was flourishing. A tabletop mill model gave people an idea of how a tide mill works.

Curious visitors had a chance to peruse photos, drawings, a painting of the tide mill donated by artist Norma Brown of Middleboro, and more items on display, such as planing blades and old wooden patterns from the former saw mill. Through the floor they could even see below to the water



DOUG MORRILL, Friends of Souther Tide Mill president, demonstrates to a visitor a drive belt that was part of the lumber mill machinery. Quincy Sun Photo/Robert Bosworth

and some of the mill's main drive shaft which extends below the building to the water. Water would push the paddles and drive the shaft that was connected to the millstone. People were surprised to see the size of the beams supporting the mill floor where the grinding stone stood. Grinding stones can weigh up to a ton. It was fun to peek at a wall post and see where a worker or two had carved their initials.

Outside it was a sunny and windy day. This kept volunteer helpers busy running around picking up brochures and tee shirts that the wind was blowing all over the place. Wayne Miller, author of *Quincy Massachusetts: A Shipbuilding Tradition*, a very good read, was a welcome addition to the crew and copies of his book were available. In Chapter 2 — Souther's Wharf — he relates that John Souther Jr. bought the grist mill in 1815 so he could move his Hingham shipbuilding business to the Town River site which had deeper, protected water.

Free popcorn was dispensed from a popcorn machine. Why popcorn? This was a grist mill, and grinding grain, such as the ears of corn on display, was what they did. Hopscotch and jump roping and hula hoop-

ing were games that were offered at the mill that day for kids (and kids at heart) to enjoy. Visitors were invited to sign a guest book.

This event was planned to coincide with the Quincy Quarry and Granite Railway group's open house at Lyons Turning Mill, hosted by Al Bina and Tom Bonomi, so that each group could refer visitors to the other site; thereby visitors could get acquainted with two of Quincy's early industries in one day. Incidentally, the Souther business and Quincy Canal were also heavily involved with the granite industry. Sally Owen, who was running an Environmental Treasures tour that morning, sent people over, too. In addition, a big thanks to CVS and Quirk Nissan who were gracious in letting visitors park on their properties.

Second: On November 10 Mr. Morrill and Ms. Carolyn Marks, former president of the group, attended the annual conference of the Tide Mill Institute in Beverly, Mass. Of interest was a presentation by Colin Rynne of University College Cork's archaeology department. This was particularly interesting in light of the recent Quincy-Cork County Ireland economic development agreement. Their topic was: "Early technical de-

velopment of the horizontal and vertical water-wheels in early medieval Ireland and Europe c. AD 580-1100: Some thoughts on their use in early tide mills." Perhaps this mutual interest could be an area to explore for future collaboration between Quincy and Cork, especially as Quincy's tide mill is one of only five remaining in the U.S.

Among other presentations at the conference were: Proposed hydro-electric tidal canal for Boston, Salem perpetual power tide mill that was never built, Tide mill at the heart of the 1775 Battle of Brooklyn, and Construction details of some early Maine tide mills.

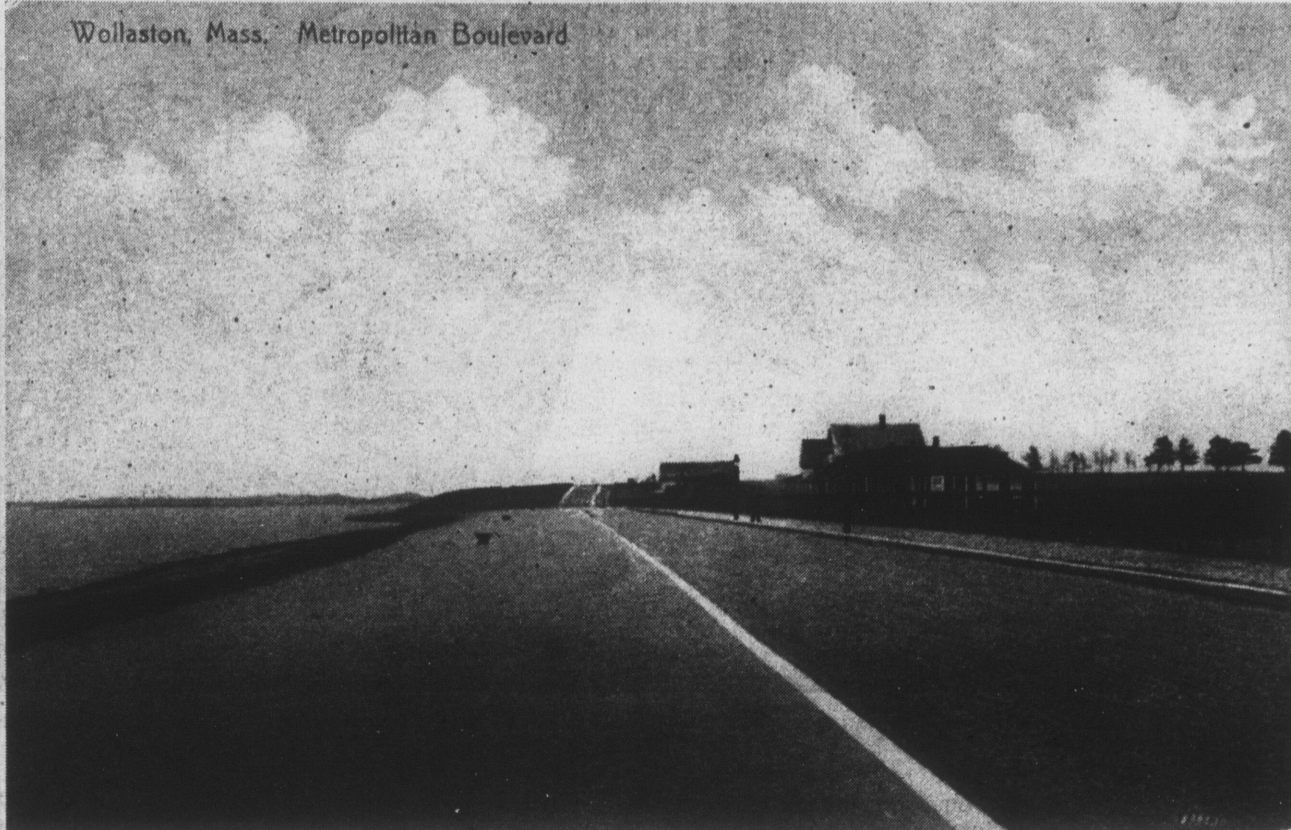
Finally: Souther Tide Mill would be an asset to schools as a STEM field trip for students to learn about earlier technologies, as well as to learn about tidal power as a future clean power source. In addition, University College Cork hosted an international conference in 2017 on this topic. The Friends group is looking ahead to Quincy 400 and wants to have a tide mill museum up and running long before 2025 rolls around!

Kathy Hogan is the corresponding secretary, Friends of Souther Tide Mill.

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Scenes From Yesterday

Wollaston, Mass. Metropolitan Boulevard



THIS OLD POSTCARD is a view of the Metropolitan Boulevard, now known as Quincy Shore Drive, just after it was built 111 years ago in 1908. In the distance was Rye Island where the roadway ended at today's Fenno Street. It wasn't until 1912 that Rye Island was leveled and the boulevard was continued another two-thirds of a mile over Blacks Creek to Furnace Brook Parkway. The 24-foot-wide roadway shown here was built by building

a dike in the salt marshes along Quincy's shore. The fence on the right was along the steep drop to the marsh below, while on the left the fill was sloped towards the water thus creating what we know now as Wollaston Beach. Before the roadway was built, there were only three small beaches along the waterfront.

From the Postcard Collection of Tom Galvin

Quincy's Yesterdays

This Week
1967
52 Years Ago

Budget Cut Blamed On Marsh Opposition

Dr. Joseph McDermott, chairman of the Conservation Commission, said that his budget was cut because the commission opposed the filling of a section of the Montclair marshes for a \$4 million dollar bakery.

Rep. Joseph E. Brett, chairman of the Committee to Save the Montclair Marshes said that two scientists hired by the committee say the marsh is in good condition.

The 68-acre marsh south of the Neponset River and north of Harriet Avenue was the proposed site of Kasanof's Bakery. (Editor's note: The bakery was never built, the parcel in question became the location of the State Street South complex.)

COUNCIL APPROVES SHIPYARD PARKING AREA

A rezoning request allowing General Dynamics to convert an unused lot into a parking area was approved by the City Council by a 7 to 1 vote; Councillor Clifford H. Marshall was in opposition.

The council approved the rezoning only after receiving assurances by General Dynamics attorney Jordan Zisk that the company will take several steps to isolate the parking area from adjacent one-family homes.

QUINCY-ISMS

First National Stores was advertising "Chickens, Fryers, Broilers, Whole, \$.25 a pound"... The Wollaston Federal Savings and Loan Association's, 15 Beach St., Wollaston, current interest rate was 4 1/2 % per annum. Savings accounts were insured to \$15,000... Mrs. John Krasinski and Thomas Rice, co-chairmen of the Cranch School PTA announced that Police Chief Francis X. Finn would be the speaker at the final meeting of the year. His topic: "A Police Officer's Image and Future Planning"... Shea's Formica, 809 Hancock St., was offering "Under Counter Dishwasher for \$144.50"... The crew of the USS Massachusetts were planning to celebrate the battleship's silver jubilee May 12 and 13. Built at the Fore River Shipyard, she was launched Sept. 23, 1941 and commissioned May 12, 1942... South Shore Buick, 50 Adams St., Quincy, suggested to future auto buyers, "Go First Class in a '67' Buick for only \$2,482"... "The Sound of Music," winner of five Academy Awards, starring Julie Andrews and Christopher Plummer, was playing for a third week at the Strand Theater, Chestnut Street, Quincy Center... Miss Suzanne R. Sheppard, 17, a senior at North Quincy High School, received an "Elks Youth Leadership Award" at the annual observance of Elks Youth Day. Making the presentation were Robert W. Densmore, Exalted Ruler and co-chairman of the event, David B. Coletti... Patricia McHugh, Edward Mack, Jr., Kathy O'Donnell and Mary McMann were appearing in the Quincy High School senior class play "It," May 3 and 4 at the high school... Ward 3 City Councillor John F. Koegler was named chairman of the Cancer Fund Drive for 1967 for the South Quincy area, by Area Chairman Frank Anselmo. Assisting Koegler were Lillian Bolea, Walter Troup and Kendall Mills... The North Quincy High School Debating team of Suzanne Sheppard and Wendy Page won the South Shore Debating League playoff tournament by defeating Archbishop Williams High School... Members of the championship basketball team of the North Quincy district of the Koch Club included Steve Bray, Vance Welch, Richard Mahoney, Steve Gilmore and Mike Gilmore... Mr. and Mrs. Paul Zimmerman, 61 Highfield Rd., Merrymount, celebrated their 50th wedding anniversary at the home of their daughter Mrs. Eugene Trainor... Army Pvt. Joseph M. Balfe, husband of Jeannie Balfe, 86 Mears Ave., Houghs Neck, has completed a vehicle mechanic class at Ft. Jackson, SC. Pvt. Balfe is a 1966 graduate of Boston College... William O'Connell, executive vice-president of the Quincy South Shore Chamber of Commerce, has been elected to the National Council of YMCAs... Mrs. Michael DiPietro, 10 Payne St., South Quincy, was installed as president of the Quincy Democratic Women's Club. She succeeded Mrs. J. Richard Christian... Miss Janet R. Caristo, daughter of Mr. and Mrs. John R. Caristo, 99 Center St., West Quincy, spoke to members of the Quincy Rotary Club about her experiences as a Peace Corps volunteer in Nigeria. Dr. William Ridder presided over the luncheon meeting... Mrs. Margaret King, mathematics teacher at North Quincy High School, was elected president of the Quincy Teachers' Association. Other officers were Paul Breslin, Broad Meadows Junior High, vice-president; Mrs. Naomi Saltzman of Atherton Hough Elementary School, secretary; and Alton D. Gould, Quincy Vocational-Technical School, treasurer.

Quincy College New Summer Bridge Program

Quincy College announces a new program for rising juniors and seniors who are residents of Quincy and Plymouth. The newly created Quincy College Summer Bridge program is offered at both Quincy College campuses in Quincy and Plymouth.

The Summer Bridge Program affords local, area high school students access to the college experience. Students are introduced to the structure and rigor of college coursework across a wide spectrum of subjects, and earn transferable credits towards their college degree. From Accounting to Spanish, the Summer Bridge Program paves the way for a college experience.

As Quincy College students taking summer courses, Summer Bridge students will have access to a comprehensive suite of acad-

emic support, advising, and tutoring to ensure a successful college experience.

The Summer Bridge Program developed out of a collaborative partnership and close working relationship between Quincy College and the Quincy and Plymouth School Districts.

Dr. Gerry Koocher, Provost and Senior Vice President for Academic Affairs at Quincy College played a key role in the development of this program.

"College accessibility sits at the core of the Quincy College mission," Koocher said. "The Summer Bridge Program will not only empower high school students from Quincy and Plymouth to consider college as an option, but also give those who definitely plan to attend college a chance to get a head start."

"Students will join reg-

istered Quincy College students in taking summer course work," Koocher continued. "Summer Bridge students will gain exposure to college level education, outstanding faculty, excellent academic facilities, and our diverse college community. I have enjoyed Working with Dr. Richard DeCristofaro, superintendent of Quincy Public Schools and Dr. Gary E. Maestas, superintendent of the Plymouth Public Schools in developing and launching this program to benefit our community of learners," Koocher added.

The Summer Bridge Program is open to rising juniors and seniors in high school in Quincy or Plymouth. Current seniors may take summer courses if they register prior to their high school graduation. All stu-

dents need permissions or signed approval from their guidance counselor.

"Quincy Public Schools is looking forward to expanding our long-standing partnership with Quincy College," said Quincy School Supt. Dr. Richard DeCristofaro. "For the last few years, our high school students have earned college credits on their campuses through the Dual Enrollment program. The Summer Bridge program is a great next step for our students to earn college credits in a real-world college setting."

To register for the Summer Bridge Program, students will need to complete a Summer Bridge Application available on the Quincy College Summer Bridge website: quincycollege.edu/bridge.

READERS FORUM

Methadone Treatment Clinic An Important Resource

I'm disappointed to learn that Habit Opco's proposed methadone treatment clinic on Broad Street was denied by the Quincy Zoning Board.

Habit Opco has been dispensing methadone and offering drug treatment counseling in Quincy for 30 years. Transitioning from a van to an office-based clinic in a building on the same street is a reasonable request that should be accommodated to serve our neighbors in need.

Methadone is a vital part

of many people's recovery from opioid addiction. Studies show that recovering addicts who use methadone are twice as likely to be opioid free at the end of a year than those who do not.

Currently, 167 people rely on the methadone and counseling services provided by Habit Opco every day. Several clients said visiting treatment centers in Boston or Brockton jeopardize their recovery because they are in areas that can trigger the desire for opioids. The Boston facility, just off Mas-

sachusetts Avenue, is in an area known for its rampant drug use and open-air drug market.

In 2010, Quincy became the national model in addressing the opioid crisis when police began carrying and administering naran, saving countless lives. Per a recent Boston Globe report, between 2017-2018, overdoses in Quincy fell 35.5 percent and drug-related deaths dropped 24 percent as a result of innovative, pro-active policies.

Let's continue to support community-based solutions to our city's opioid crisis by also maintaining local access to methadone for those fighting for recovery and striving for a better quality of life.

As a Quincy resident and a candidate for city council, I am in favor of allowing Habit Opco to create a comprehensive drug treatment center at 39 Broad St.

Danielle Kempe
Adams Street
Candidate for Quincy City Council, Ward 1

Save The Harbor/Save The Bay Hosts Marine Mammal Safaris

With a light sprinkle in the morning and the forecast of afternoon sun, 850 people from across the region joined Save the Harbor/Save the Bay on three free Marine Mammal Safaris April 20th as a part of the Share the Harbor program.

The overwhelming response and turnout topped each of the previous 15 trips, not to mention the abundance of seals and porpoises spotted on each cruise.

"We were blown away by the record breaking numbers," said Save the Harbor/Save the Bay President Tani Marinovich. "Our mission is to connect people to the harbor, so we were delighted to see such a great turnout."

Aboard Massachusetts Bay Lines' boat Freedom, families, neighborhood groups, and individuals from Boston's communities and beyond were eager to see what the clean water of the Boston Harbor had in store for them. As the rain subsided, the guests of the first and second cruises were



SAVE THE HARBOR/SAVE THE BAY recently hosted three free marine mammal safaris on Boston Harbor. The 850 people who took part viewed an abundance of seals and porpoises during the 15 cruises.

Photo Courtesy Save the Harbor/Save the Bay

able to see three seals out by the Fish Pier, and even caught a glimpse of the fin of a porpoise gliding by the Charlestown Navy Yard.

The last cruise of the day embarked onto the harbor in 75 degree sunny weather — a great turnaround from the projected overcast skies.

Although the charismatic macrofauna were a bit more hesitant to appear for the passengers, as the cruise motored toward East Boston, a plethora of seals and even a few porpoises made an appearance.

In the moments where there were no sightings of

aquatic mammals, Save the Harbor staff donned their pirate hats and sang the sea chanty Haul Away Together to remind those around them that if they work together, just as the pirates did as they hoisted the sails, they can accomplish big things.

"In continuing our mission of sharing the harbor for the public to enjoy, Save

the Harbor is hosting seven more free cruises to Spectacle Island and Boston Light throughout the summer and fall months," said Marinovich. "Check out the remaining Share the Harbor cruise dates on Save the Harbor's blog at blog.savetheharbor.org, which includes registration links."

Save the Harbor/Save the Bay would like to thank

Massachusetts Bay Lines for their generosity in hosting us aboard Freedom and making it possible to venture out onto the harbor for each safari, while also giving guests great information about their surroundings through historical narration.

To stay up to date on future events with Save the Harbor follow us on Facebook or Twitter.

Squantum Fundraiser Benefits U.S. Hydroplane Team

The U.S. A-Team held their annual fundraiser party on April 12 at The Nickerson Post in Squantum. All proceeds went towards the shipping of their container to The World Hydroplane Championship.

The event featured music, dancing and a barbecue provided by Larry J. of South Boston. Team Videographer Valerie Lighthart debuted her documentary

of last year's Bronze Medal effort by the U.S. Team in Poland. She then delighted the crowd with a three-song acoustic set of her recently recorded songs.

The event was well attended by local residents and members of The South Shore Outboard Association including many past National Champions.

Also on hand to show their support were state Rep.

Bruce Ayers, and Quincy city councillors Anne Mahoney, Noel DiBona and Bill Harris.

The team would like to thank all of their supporters and are looking forward to this year's World Championship in Mora, Sweden on July 27.

Follow the team on Facebook, Instagram, and Twitter: @USATeamRacing, or check for updates at USATeamRacing.com.

Quincy Symphony Orchestra Concert Sunday At QHS

The Quincy Symphony Orchestra with Yoichi Udagawa, music director, will present a concert Sunday, May 5 at 2:30 p.m. at the Quincy High School Lloyd Hill Auditorium.

The QSO will perform

Brahms Symphony No. 2 and Tchaikovsky Piano Concerto No. 1, featuring pianist Jacqueline Zhang, winner of the 2019 Eleanor B. Nelson concerto competition. Zhang, age 13, will perform Piano Concerto



JACQUELINE ZHANG

No.1, Op.23 by Pyotr Tchaikovsky.

The auditorium is ADA accessible and free parking is available. The school is located near the Quincy Center Red Line MBTA station.

Admission is free; suggested adult donation is \$20.

For more information visit QuincySymphonyOrchestra.org.

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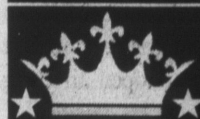
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Social

Parker School PTO

'Crazy Color Run' June 1

The Francis W. Parker Elementary School PTO announces the first "Parker's Crazy Color Run" will be held Saturday, June 1 from 9 a.m. to 1 p.m. at Cavanagh Field.

The cost to register online by May 6 is \$25.

Participants are encouraged to wear a costume, tutu, cape, wig, headband or

other colorful wardrobe.

Online registration includes a t-shirt and glasses. Cost to register at the field on June 1 is \$30. T-shirt not guaranteed.

For more information and to register visit:

<https://ParkerColorRun.EventBrite.com>

Rain date is Sunday, June 2.

QHS Fashion Show May 9 At Lloyd Hill Auditorium

The Quincy High School Fashion Show will take place Thursday, May 9th at 7 p.m. in the Lloyd Hill auditorium at Quincy High School.

This year's fashion show will feature the work of over 70 Fashion students, including original mini-collections from an outstanding class of Fashion Majors, with hair and make-up by students from TONI&GUY Hair-dressing Academy.

New this year is an expanded show including "dinner, performance and reserved seating." Dinner, show, and reserved seating tickets are \$20 and must be purchased by Friday, May 3rd, by calling 617-984-8731.

A buffet style dinner will

be prepared by QHS culinary students and served in the President's Café beginning at 5 p.m.

This year's fashion students were given the opportunity to aspire to new creative heights, so there will be fashions for everyone; from day wear, to evening wear, men's wear as well as Eco-Friendly designs made from recycled and reclaimed materials.

QHS Fashion Majors have appeared on fashion TV competitions and go on to premier fashion schools around the country.

General admission (show only) tickets are \$6 if purchased in advanced and \$8 at the door. Tickets are available at the QHS Main Office (cash only).

'Meet Your Neighbors' In Ward 2

The Ward 2 Civic Association will host a "Meet your Neighbors" night on Wednesday, May 8th, beginning at 6:30 p.m., at The Pour Yard, 210 Washington St.

Open to all Quincy residents, this event will be a

casual social gathering designed to meet some of the people living in the Ward 2 neighborhoods.

Free appetizers and a cash bar will be provided. For questions, email Frank Rubino at frank.rubino543@gmail.com.

Ward 2 Bean Supper May 18

The Ward 2 Civic Association will hold its annual Bean Supper and Pasta Dinner Saturday, May 18th, from 5 to 7 p.m. at the Fore River Clubhouse, 16 Nevada Rd.

In addition to the meal, there will be music, a children's area, raffle prizes, and t-shirt sales. Cost is 99 cents.

For questions, email Frank Rubino at frank.rubino543@gmail.com.

Blue Hill Adventure Museum Relocates Canoe Operation

Blue Hill Adventure and Quarry Museum announces it has moved its canoe, kayak and paddle board operation off Route 138 in Canton to Green & Green Lodge Street by the railroad

station.

Hours of operation will continue on weekends and holidays 9 a.m. to 4 p.m.

Cost is \$15 per hour. For more information call 781-326-0079.



QUINCY SONS OF Italy, Lodge #1295, recently installed new officers. Front row from left to right: Marisa Ranalli, State Recording Secretary; Denise Furnari, State First Vice President; John Vacca, Lodge 1295 President; Antonio Sestito, State President; and John Ryan, Lodge 1295 Vice President. Second row: James Rossetti, Lodge 1295, Master of Ceremonies; Henry Rich, Lodge 1295 Trustee; Marie Lumaghini, Lodge 1295 Treasurer; Dennis Bertoni, Lodge 1295 Recording Secretary; Frank DiCesare, Lodge 1295 Sentinel; and Lou Arienti, Lodge 1295 Immediate Past President; Ed Summers, Lodge 1295 Trustee; Luciana Domenico, Lodge 1295 Trustee; Mario Franciosa, Lodge 1295 Trustee; Steve Jacobs, Lodge 1295 Master of Ceremonies; Dr. Dean Saluti, State Deputy to Lodge 1295; and Marjorie Cahn, Treasurer State Benefit Insurance Commission.

Photos Courtesy Quincy Sons of Italy

Quincy Sons Of Italy Installs New Officers

The Quincy Son's of Italy Lodge 1295 recently installed new officers at their home at 120 Quarry St., Quincy.

Immediate Past President Lou Arienti began the proceedings and welcomed all Lodge 1295 members and officers, state officers, and family members.

State Deputy Dr. Dean Saluti conducted the Installation of Officers. State President Antonio Sestito brought greetings from the Grand Lodge.

New President John Vacca thanked all past officer for their service to Lodge 1295 and welcomed all new officers. He also thanked all Lodge 1295 members for their support and commented how honored and proud he was to be president of the Quincy Sons of Italy Lodge 1295.



JOHN VACCA (right) was recently installed as the president of the Quincy Sons Of Italy Lodge 1295. With him is SOI State President Antonio Sestito.

Two Quincy Residents Inducted Into Curry Honor Society

they recommend ways the academic environment of the College can be enriched.

Two Curry College students from Quincy were recently inducted into the Alexander Graham Bell Honor Society.

They are: Jamie Meade and Melanie Bohane.

The objective of the Alexander Graham Bell (AGB) Honor Society is to promote and recognize academic excellence at Curry College. The Society is named for the famous inventor, Alexander Graham Bell, who was an early chancellor at Curry College. Members serve as a resource for the Academic Deans and the faculty and

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Public Access Channel 8

Thursday, May 2
6:00pm: Bethany Congregational Church
7:00pm: AM Quincy: PorchFest Quincy

Friday, May 3
11:30am: LIVE: Currently in Quincy
2:00pm: CIQ Interview: Granite Workers Museum

Saturday, May 4
12:00pm: Faces of South Asia
7:00pm: The Call

Sunday, May 5
10:00am: Bethany Congregational Church
11:30am: Good News

Monday, May 6
11:30am: LIVE: Currently in Quincy
7:00pm: LIVE: Eye on Quincy

Tuesday, May 7
6:00am: LIVE: AM Quincy with Joe Catalano
7:30pm: Quincy in Focus

Wednesday, May 8
6:00pm: Good News

Government Access Channel 9

Thursday, May 2
12:00pm: City Council/Public Hearing LDA 4/29
Joint Finance/Downtown Comm.
7:30pm: Legislative Update: Rep. Bruce Ayers
8:30pm: At Your Library: May Happenings

Friday, May 3
7:00pm: On the Agenda: Student Loan Debt

Saturday/Sunday, May 4/5
10:30am: At Your Library: May Happenings
12:00pm: City Council/Public Hearing LDA 4/29
Joint Finance/Downtown Comm.
4:30pm: Media Advisory: Tree Planting
7:00pm: City Council/Public Hearing LDA 4/29
Joint Finance/Downtown Comm.

Monday, May 6
6:30pm: LIVE: City Council

Tuesday, May 7
12:00pm: LIVE: City Council
7:00pm: Mayor's Prayer Breakfast

Wednesday, May 8
6:00pm: Norfolk County Prevention Coalition
7:00pm: LIVE: City Council

Programming is subject to change.

For a complete list of programs, please visit our website at qatv.org

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NQHS Drama Club Presents 'Mama Mia!' This Weekend

WHAT'S COOKING

with

Marie & Susie

By MARIE D'OLIMPIO and SUSIE FALCO



Reese's Peanut Butter Bars

By MARIE

I found today's recipe in one of my cookbooks and it is so easy because it does not have to be baked and it only has five ingredients. This is a fun and delicious recipe.

RECIPE:

1 package of graham crackers, crushed
1 cup of crunchy peanut butter
1 cup of melted butter

1 pound of powdered sugar
1 10 ounce package of chocolate chips

Mix the first four ingredients together and when well-blended pat down in a lightly greased 7 x 11 baking dish.

Melt the chocolate chips and spread evenly over the top.

Refrigerate until thoroughly cooled and able to cut - at least two hours and cut into bars.

Bloody Mary Pasta Salad

By SUSIE

I found a recipe recently for Bloody Mary Pasta Salad and found it very interesting. After changing it around to fit my standards, I made some and found it just delicious.

The taste combination is interesting and will make a nice (and fun) party dish. No vodka in this in case you're curious. Healthy, easy, and delicious as well.

I don't know about you but I cannot wait for barbecue weather with all the yummy side dishes. This will be one of them.

INGREDIENTS

12 oz. Lentil pasta (I love TOLERANT brand) One ingredient and loaded with protein and fiber (Or pasta of choice)
1 c. chopped celery
1 pt. grape tomatoes cut in half
1 c. red bell pepper, chopped
1 c. chopped carrots
1 c. sliced red onion
8 oz. Mykonos brand vegan mozzarella, cubed. (Made from coconut and cashews and simply divine, you won't miss the cheese)
1 cup chopped organic turkey bacon
1/2 c. chopped green pimento stuffed olives

DRESSING

1/2 c. extra-virgin olive oil

1/4 c. balsamic vinegar
3 tbsp. prepared horseradish
1 tablespoon or so of WIZARDS organic gluten free Worcestershire sauce
1 1/2 tsp. of your favorite hot sauce
3/4 tsp. celery seeds (very important. Do not skip!)

1 heaping teaspoon of raw honey
1 teaspoon dried oregano
Herbamare or Trocomare seasoned salt according to taste (I do about a teaspoon) This is an infused sea salt from France that makes everything taste better. (My kids even know when I run out.)
Freshly ground black pepper

Cook pasta and drain, cool.
Toss the dressing ingredients together and dress the salad. Tastes best when allowed to absorb flavors.

If too dry add more olive oil.
Enjoy!

Peanut Butter Cookies

By MARIE

You will never believe how easy today's recipe for a peanut butter cookie is. As you all know I have made and shared quite a few peanut butter cookie recipes over the years and all of them were delicious.

This particular recipe has only four ingredients so the batter whips up pretty quickly.

I hope you enjoy them as much as my family and I did.

Preheat oven to 350 degrees; lightly grease a cookie sheet

RECIPE

2 egg whites
1 cup of sugar
1/2 teaspoon vanilla
1 cup of crunchy peanut butter

Beat egg whites until stiff, add sugar and vanilla, and mix until blended. And then fold in peanut butter.

Drop by spoonful on to a greased cookie sheet.

Bake in a 350-degree oven for 13 to 15 minutes. Let cool briefly before removing from cookie sheet.

The North Quincy High School Drama Club will perform the musical "Mama Mia!" Friday, Saturday and Sunday, May 3-5, at the school's Peter J. Chrisom Sr. Auditorium.

Performance times are 7 p.m. on May 3 and May 4 and 2 p.m. on May 5.

General admission tickets are \$12 and may be purchased at www.ticketstage.com/T/NQHSDRAMA and at the door.

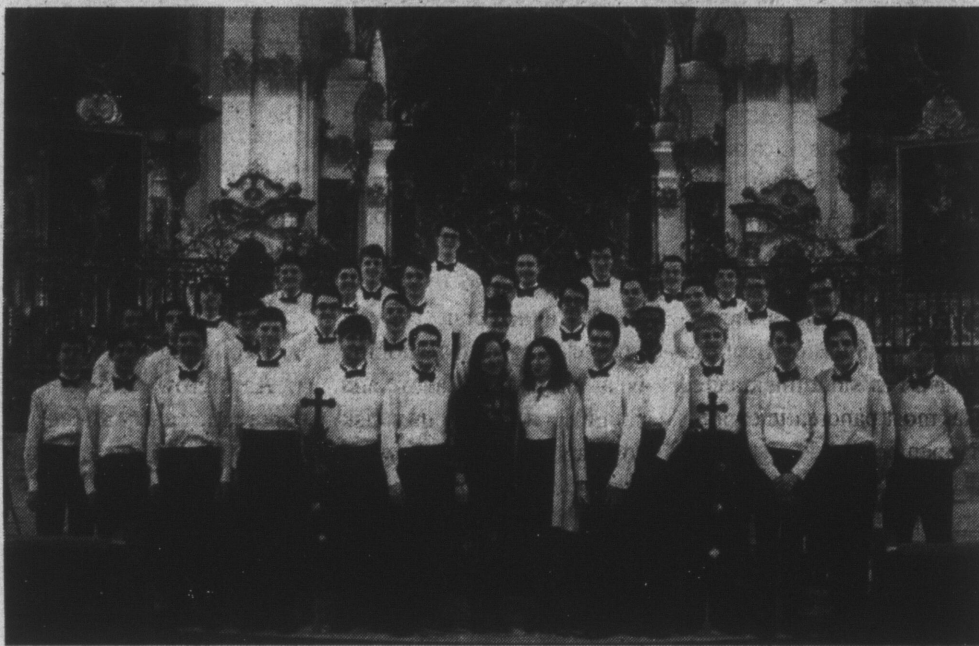
Mamma Mia! is a 1999 musical based on the songs of 70's Swedish pop band ABBA, popularized around the world by the 2008 film

adaptation and 2018 sequel. The story revolves around Sophie (Viktoria Miller), a 20-year-old living on a Greek island with her mother Donna (Sarah Rixham). Sophie is about to wed her beau, Sky (José Anciano), and after sneaking a peak at Donna's diary from twenty one years earlier, invites her three potential dads (Ben DeBisschop, Aiden Houlihan, and Josiah Sleeper), who haven't seen Donna in twenty-one years and have no knowledge of Sophie.

North Quincy's production is directed by Tracy Phelan with Zachary Innis,

choreographed by Marisa Smith, and musically directed and conducted by senior Luke Molloy, who will attend Berklee College of Music this fall. Jessica Flaherty, engineering teacher, led set design and construction, while Douglas Feinburg, film and television production teacher, served as light and sound engineer.

Supporting cast includes Nikki Roman and Maria Zraizaa as Sophie's friends Lisa and Ali, Veronica Byrne and Audrey Duclos as Donna's bandmates Tanya and Rosie, Pablo Ochoa as Pepper, and Jaden Hallisey as Eddie.



BOSTON COLLEGE HIGH SCHOOL Choir in Saint Gallen Cathedral, Switzerland, after singing for Palm Sunday Mass. First row: Jack Morris '22 of Swampscott, Christopher Recupero '21 of North Easton, Ernie Mealey '21 of Quincy, Kieran Dunn '22 of Melrose, Chris Kieth '19 of Foxboro, Scott Czerwinski '19 of Burlington, Yoojin Lee of Newton, Doctor Rozenberg of Hingham, Nick Morrison '19 of Arlington, Dorian Perry-Tillmon '19 of Randolph, Thomas Hamblet '20 of Milton, Chris Hussey '20 of Quincy, Quentin McCarron '19 of Cohasset, Matteo Fopiano '21 of Hingham. Second Row: Luis Cordon '22 of Woburn, Peter Andaloro '22 of Arlington, Jack Mullin '22 of Boston, Nick Brink '21 of Quincy, Ben Petrillo '22 of Abington, Luc Grenier '19 of Scituate, Michael Daniels '22 of Easton, Nick McDonough '21 of Quincy, Tristan Mitton '21 of Weymouth, William Moody '20 of Charlestown, Michael Richardson '20 of Quincy. Third Row: Patrick O'Hara '22 of Milton, Nick Pearce '22 of Norwell, Dylan Coffey '21 of Cohasset, Christian Archibald '19 of Hingham, CJ Bazile '20 of Roslindale. Fourth Row: Nick Fopiano '21 of Hingham, David Costa '21 of Foxboro, Chris Harrington '20 of Arlington, Jack Shediac '21 of Winchester, Jay Noonan '19 of Scituate, Cal Noonan '21 of Scituate, and John Fopiano '20 of Hingham.

Photo Courtesy Boston College High School

Local Students Sing In Switzerland

Christopher Hussey '20, Michael Richardson '20, Ernie Mealey '21, Nick Brink '21 and Nick McDonough '21 of Quincy, five of the 36 members of the Boston College High School Chamber and Concert Choirs, led by Choir Director Dr. Marina Rozenberg of Hingham, recently returned from their concert tour in Switzerland.

The trip started with a tour of Zurich where they visited St. Peter's church which has the largest clock face in Europe, then on to Fraumünster, the oldest religious building in Zürich, with its excavated crypt, and where they performed an informal concert. Although the church dates to the 9th century, it is home to five contemporary stained glass works by Mark Chagall.

The following day, they departed for St. Gallen, a small city in the middle of the rolling Swiss fields. There with Yoojin Lee playing one of Europe's largest organs, they rehearsed for

their Palm Sunday performance at the Cathedral. After rehearsal they sampled some Swiss chocolate, bratwurst and farm-fresh burgers. While shopping they saw the large wall that once separated the Catholics from the Protestants and they were given access to the Abbey Library of St. Gall, one of the oldest libraries in Europe.

On the third day, they visited Lucerne, located in the heart of Switzerland and there they came upon a farmers' market and saw a huge cliff façade with a large lion carved into it that symbolized the Swiss soldiers who died during the French Revolution. Next they visited the Rosengart Museum which contains works from some of the most influential artists of the impressionist and pre-modern era, paintings and sketches from Paul Klee, Claude Monet, Marc Chagall, and Pablo Picasso. They met and sang for Angela Rosengart, famous art

collector, muse and model for Picasso.

They witnessed the snow covered Alps on the next day as they traveled back to St. Gallen to sing for Palm Sunday Mass, said in both Italian and German. After mass they visited the Macstrani Chocolarium, where they feasted on Swiss chocolate.

The Benedictine monks welcomed them to their Einsiedeln Abbey, where the boys sang "Crucem tuam" and "A New Commandment" at mass. Einsiedeln's monastery is connected to a school where they sang for the students with "Danny Boy" and "Hallelujah," and some new additions "Transylvania Mania" from Young Frankenstein and "Bring Him Home" from Les Misérables. That concluded the final concert. Back at the hotel they were taught how to yodel and celebrated Doctor Rozenberg's birthday, thus ending a glorious stay in Switzerland.

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Pancreatic Cancer: Causes, Symptoms, Stages, Treatment

A Message From Ruth Jones, City Of Quincy Health Commissioner

By RUTH JONES
MSPH, BSN, RN,
BC, CP-FS

In 2018, about 55,444 Americans were diagnosed with pancreatic cancer. This disease is slightly more common in men than in women, usually occurring after age 45. Pancreatic cancer's tendency to spread silently before diagnosis makes it one of the most deadly cancer diagnoses, with more than 44,300 people expected to die of the disease last year.

Types

Pancreatic cancer is classified according to the specific area of the pancreas affected: the part that makes digestive substances (exocrine) or the part that makes insulin and other hormones (endocrine). Approximately 95% of cases are due to pancreatic adenocarcinoma. The exocrine pancreas makes up 95% of the pancreas, so it's not unexpected that most pancreatic cancers happen here.

Other less common exocrine pancreatic cancers include:

- Adenosquamous carcinoma
- Squamous cell carcinoma
- Giant cell carcinoma
- Acinar cell carcinoma
- Small cell carcinoma

Other cells of the pancreas make hormones that are released directly into

the bloodstream (endocrine system). Cancerous tumors initiating from these cells are called neuroendocrine tumors or islet cell tumors. Endocrine pancreatic cancers are infrequent, and are named according to the type of hormone produced:

- Insulinomas (from an insulin-producing cell)
- Glucagonomas (from a glucagon-producing cell)
- Somatostatinomas (from a somatostatin-making cell)
- Gastrinomas (from a gastrin-producing cell)
- VIPomas (from vasoactive intestinal peptide-making cell)
- Some pancreatic islet cell tumors do not secrete hormones and are known as non-secreting islet tumors of the pancreas.

Causes

The exact cause is unknown. Cigarette smoking is a major risk factor and roughly doubles the risk for pancreatic cancer when compared to non-smokers. While diabetes is not a risk factor, the two have been linked. Age, race, and family history are other risk factors associated with pancreatic cancer. There is no identified way to prevent pancreatic cancer.

Symptoms

Pancreatic cancer often goes undetected until it's advanced and difficult to

treat. In the majority of cases, symptoms only develop after pancreatic cancer has grown and begun to spread. By the time it's large enough to result in symptoms, pancreatic cancer has typically grown outside the pancreas. Symptoms include:

- Jaundice. As pancreatic cancer blocks the common bile duct bile builds up in the blood. This turns the skin and the eyes yellow. The same blockage causes dark urine, light colored stools, and itching.
- Abdominal pain. Pancreatic cancer can cause a dull ache in the upper abdomen radiating to the back. The pain may come and go.
- Back pain.
- Bloating. Some have a sense of early fullness with meals or an uncomfortable swelling in the abdomen.
- Nausea.
- Vomiting.

As it grows and spreads, pancreatic cancer affects the whole body. Such symptoms can include:

- Weight loss
- Malaise
- Loss of appetite
- Elevated blood sugars.

Diagnosis

In addition to a history and physical exam, imaging tests will be performed to help make the diagnosis of pancreatic cancer. These tests include:

- Ultrasound

- CT scanning
- MRI
- Endoscopic ultrasonography

- Endoscopic retrograde cholangiopancreatography (ERCP)

A definitive diagnosis of pancreatic cancer only comes from a biopsy.

Risk Factors

The average risk of pancreatic cancer is about one in 76 people. There are multiple pancreatic risk factors, although most are only weakly associated with the disease. People with any of the risk factors are at slightly higher risk than the general population:

- Genetics. Five percent to 10% of people with pancreatic cancer have an immediate family member who also had it
- Diabetes. People with diabetes are not necessarily more likely to get pancreatic cancer but the two have been linked.
- Smoking. Cigarette smoking is well known to increase the risk for pancreatic cancer. Ten years after quitting smoking, the risk returns to about that of someone who never smoked.
- Obesity and inactivity. Those who are obese are more likely to develop pancreatic cancer. Those who exercise frequently are about half as likely to get pancreatic cancer, compared to those who do not exercise at all.
- Pancreatic cysts and chronic pancreatitis. People who have one or both of

these are at higher risk of developing pancreatic cancer.

- Diet. A diet high in fat and meat (especially smoked or processed meat) has been linked to pancreatic cancer in animal studies.
- Lycopene and selenium. Studies have shown low levels of these nutrients in some people who developed pancreatic cancer. Any diet that includes lean meat and red or yellow vegetables should provide adequate lycopene and selenium.

Stages

The stages of pancreatic cancer are used to guide treatment and to classify patients for clinical trials. The stages of pancreatic cancer are:

- Stage 0: No spread. Pancreatic cancer is limited to top layers of cells in the ducts of the pancreas. The pancreatic cancer is not visible on imaging tests or even to the naked eye.
- Stage I: Local growth. Pancreatic cancer is limited to the pancreas, but has expanded to less than 2 centimeters across (stage IA) or greater than 2 but no more than 4 centimeters (stage IB).
- Stage II: Local spread. Pancreatic cancer is over 4 centimeters and is either limited to the pancreas or there is local spread of the cancer outside of the pancreas, or spread to nearby lymph nodes. It has not spread to distant sites.
- Stage III: Wider spread. The tumor may have expanded into nearby major



RUTH JONES

blood vessels or nerves, but has not metastasized to distant sites.

- Stage IV: Confirmed spread. Pancreatic cancer has extended to distant organs.

Treatment

Pancreatic cancer is treated in several ways, alone or in combination:

- Surgery – generally done to attempt to cure pancreatic cancer, but it may also be done to lessen or prevent symptoms.
- Chemotherapy and Radiation – often given together, prior to, after, or even without surgery, to slow pancreatic cancer's growth
- Palliative care- aims to reduce discomfort for people whose pancreatic cancer cannot be cured.

Pancreatic cancer is a grave condition. The majority of cases of pancreatic cancer have already spread at the time of diagnosis, making a full cure unlikely. Treatments can permit people to live longer with pancreatic cancer and improve their quality of life.

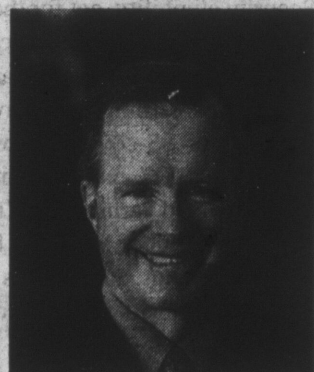
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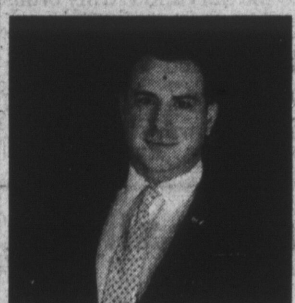
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split, allowing blood to leak in between them. Abdominal aortic aneurysms occur below the check and are the primary cause of an estimated 10,000 deaths annually in the U.S. They are most common in men and among people aged 65 years or older.

The community education program is free, but pre-registration is required. To register, call (617) 696-8810.



Armando Agnitti, Esq., CISR
Anthony Agnitti, CIC, LIA

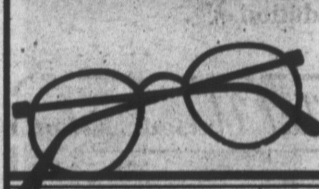
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NQHS Drama Club Presents 'Mama Mia!' This Weekend

WHAT'S COOKING

with

Marie & Susie

By MARIE D'OLIMPIO and SUSIE FALCO



Reese's Peanut Butter Bars

By MARIE

I found today's recipe in one of my cookbooks and it is so easy because it does not have to be baked and it only has five ingredients. This is a fun and delicious recipe.

RECIPE:

1 package of graham crackers, crushed
1 cup of crunchy peanut butter
1 cup of melted butter

1 pound of powdered sugar
1 10 ounce package of chocolate chips

Mix the first four ingredients together and when well-blended pat down in a lightly greased 7 x 11 baking dish.

Melt the chocolate chips and spread evenly over the top.

Refrigerate until thoroughly cooled and able to cut - at least two hours and cut into bars.

Bloody Mary Pasta Salad

By SUSIE

I found a recipe recently for Bloody Mary Pasta Salad and found it very interesting. After changing it around to fit my standards, I made some and found it just delicious.

The taste combination is interesting and will make a nice (and fun) party dish. No vodka in this in case you're curious. Healthy, easy, and delicious as well.

I don't know about you but I cannot wait for barbecue weather with all the yummy side dishes. This will be one of them.

INGREDIENTS

12 oz. Lentil pasta (I love TOLERANT brand) One ingredient and loaded with protein and fiber (Or pasta of choice)
1 c. chopped celery
1 pt. grape tomatoes cut in half
1 c. red bell pepper, chopped
1 c. chopped carrots
1 c. sliced red onion
8 oz. Mykonos brand vegan mozzarella, cubed. (Made from coconut and cashews and simply divine, you won't miss the cheese)
1 cup chopped organic turkey bacon
1/2 c. chopped green pimento stuffed olives

DRESSING

1/2 c. extra-virgin olive oil

1/4 c. balsamic vinegar
3 tbsp. prepared horseradish
1 tablespoon or so of WIZARDS organic gluten free Worcestershire sauce
1 1/2 tsp. of your favorite hot sauce
3/4 tsp. celery seeds (very important. Do not skip!)

1 heaping teaspoon of raw honey
1 teaspoon dried oregano
Herbamare or Trocomare seasoned salt according to taste (I do about a teaspoon) This is an infused sea salt from France that makes everything taste better. (My kids even know when I run out.)
Freshly ground black pepper

Cook pasta and drain, cool.
Toss the dressing ingredients together and dress the salad. Tastes best when allowed to absorb flavors.

If too dry add more olive oil.
Enjoy!

Peanut Butter Cookies

By MARIE

You will never believe how easy today's recipe for a peanut butter cookie is. As you all know I have made and shared quite a few peanut butter cookie recipes over the years and all of them were delicious.

This particular recipe has only four ingredients so the batter whips up pretty quickly.

I hope you enjoy them as much as my family and I did.

Preheat oven to 350 degrees; lightly grease a cookie sheet

RECIPE

2 egg whites
1 cup of sugar
1/2 teaspoon vanilla
1 cup of crunchy peanut butter

Beat egg whites until stiff, add sugar and vanilla, and mix until blended. And then fold in peanut butter.

Drop by spoonful on to a greased cookie sheet.

Bake in a 350-degree oven for 13 to 15 minutes. Let cool briefly before removing from cookie sheet.

The North Quincy High School Drama Club will perform the musical "Mama Mia!" Friday, Saturday and Sunday, May 3-5, at the school's Peter J. Chrisom Sr. Auditorium.

Performance times are 7 p.m. on May 3 and May 4 and 2 p.m. on May 5.

General admission tickets are \$12 and may be purchased at www.ticketstage.com/T/NQHS/DRAMA and at the door.

Mamma Mia! is a 1999 musical based on the songs of 70's Swedish pop band ABBA, popularized around the world by the 2008 film

adaptation and 2018 sequel. The story revolves around Sophie (Viktoria Miller), a 20-year-old living on a Greek island with her mother Donna (Sarah Rixham). Sophie is about to wed her beau, Sky (José Anciano), and after sneaking a peak at Donna's diary from twenty one years earlier, invites her three potential dads (Ben DeBisschop, Aiden Houlihan, and Josiah Sleeper), who haven't seen Donna in twenty-one years and have no knowledge of Sophie.

North Quincy's production is directed by Tracy Phelan with Zachary Innis,

choreographed by Marisa Smith, and musically directed and conducted by senior Luke Molloy, who will attend Berklee College of Music this fall. Jessica Flaherty, engineering teacher, led set design and construction, while Douglas Feinburg, film and television production teacher, served as light and sound engineer.

Supporting cast includes Nikki Roman and Maria Zrazaa as Sophie's friends Lisa and Ali, Veronica Byrne and Audrey Duclos as Donna's bandmates Tanya and Rosie, Pablo Ochoa as Pepper, and Jaden Hallisey as Eddie.



BOSTON COLLEGE HIGH SCHOOL Choir in Saint Gallen Cathedral, Switzerland, after singing for Palm Sunday Mass. First row: Jack Morris '22 of Swampscott, Christopher Recupero '21 of North Easton, Ernie Mealey '21 of Quincy, Kieran Dunn '22 of Melrose, Chris Kleth '19 of Foxboro, Scott Czerwinski '19 of Burlington, Yoojin Lee of Newton, Doctor Rozenberg of Hingham, Nick Morrison '19 of Arlington, Dorien Perry-Tillmon '19 of Randolph, Thomas Hamblet '20 of Milton, Chris Hussey '20 of Quincy, Quentin McCarron '19 of Cohasset, Matteo Fopiano '21 of Hingham. Second Row: Luis Cordon '22 of Woburn, Peter Andaloro '22 of Arlington, Jack Mullin '22 of Boston, Nick Brink '21 of Quincy, Ben Petrillo '22 of Abington, Luc Grenier '19 of Scituate, Michael Daniels '22 of Easton, Nick McDonough '21 of Quincy, Tristan Mitton '21 of Weymouth, William Moody '20 of Charlestown, Michael Richardson '20 of Quincy. Third Row: Patrick O'Hara '22 of Milton, Nick Pearce '22 of Norwell, Dylan Coffey '21 of Cohasset, Christian Archibald '19 of Hingham, CJ Bazile '20 of Roslindale. Fourth Row: Nick Fopiano '21 of Hingham, David Costa '21 of Foxboro, Chris Harrington '20 of Arlington, Jack Shediach '21 of Winchester, Jay Noonan '19 of Scituate, Cal Noonan '21 of Scituate, and John Fopiano '20 of Hingham.

Photo Courtesy Boston College High School

Local Students Sing In Switzerland

Christopher Hussey '20, Michael Richardson '20, Ernie Mealey '21, Nick Brink '21 and Nick McDonough '21 of Quincy, five of the 36 members of the Boston College High School Chamber and Concert Choirs, led by Choir Director Dr. Marina Rozenberg of Hingham, recently returned from their concert tour in Switzerland.

The trip started with a tour of Zurich where they visited St. Peter's church which has the largest clock face in Europe, then on to Fraumünster, the oldest religious building in Zürich, with its excavated crypt, and where they performed an informal concert. Although the church dates to the 9th century, it is home to five contemporary stained glass works by Mark Chagall.

The following day, they departed for St. Gallen, a small city in the middle of the rolling Swiss fields. There with Yoojin Lee playing one of Europe's largest organs, they rehearsed for

their Palm Sunday performance at the Cathedral. After rehearsal they sampled some Swiss chocolate, bratwurst and farm-fresh burgers. While shopping they saw the large wall that once separated the Catholics from the Protestants and they were given access to the Abbey Library of St. Gall, one of the oldest libraries in Europe.

On the third day, they visited Lucerne, located in the heart of Switzerland and there they came upon a farmers' market and saw a huge cliff façade with a large lion carved into it that symbolized the Swiss soldiers who died during the French Revolution. Next they visited the Rosengart Museum which contains works from some of the most influential artists of the impressionist and pre-modern era, paintings and sketches from Paul Klee, Claude Monet, Marc Chagall, and Pablo Picasso. They met and sang for Angela Rosengart, famous art

collector, muse and model for Picasso.

They witnessed the snow covered Alps on the next day as they traveled back to St. Gallen to sing for Palm Sunday Mass, said in both Italian and German. After mass they visited the Maestrani Chocolarium, where they feasted on Swiss chocolate.

The Benedictine monks welcomed them to their Einsiedeln Abbey, where the boys sang "Crucem tuam" and "A New Commandment" at mass. Einsiedeln's monastery is connected to a school where they sang for the students with "Danny Boy" and "Hallelujah," and some new additions "Transylvania Mania" from Young Frankenstein and "Bring Him Home" from Les Misérables. That concluded the final concert. Back at the hotel they were taught how to yodel and celebrated Doctor Rozenberg's birthday, thus ending a glorious stay in Switzerland.

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Pancreatic Cancer: Causes, Symptoms, Stages, Treatment

A Message From Ruth Jones, City Of Quincy Health Commissioner

By **RUTH JONES**
MSPH, BSN, RN,
BC, CP-FS

In 2018, about 55,444 Americans were diagnosed with pancreatic cancer. This disease is slightly more common in men than in women, usually occurring after age 45. Pancreatic cancer's tendency to spread silently before diagnosis makes it one of the most deadly cancer diagnoses, with more than 44,300 people expected to die of the disease last year.

Types

Pancreatic cancer is classified according to the specific area of the pancreas affected: the part that makes digestive substances (exocrine) or the part that makes insulin and other hormones (endocrine). Approximately 95% of cases are due to pancreatic adenocarcinoma. The exocrine pancreas makes up 95% of the pancreas, so it's not unexpected that most pancreatic cancers happen here.

Other less common exocrine pancreatic cancers include:

- Adenosquamous carcinoma
- Squamous cell carcinoma
- Giant cell carcinoma
- Acinar cell carcinoma
- Small cell carcinoma

Other cells of the pancreas make hormones that are released directly into

the bloodstream (endocrine system). Cancerous tumors initiating from these cells are called neuroendocrine tumors or islet cell tumors. Endocrine pancreatic cancers are infrequent, and are named according to the type of hormone produced:

- Insulinomas (from an insulin-producing cell)
- Glucagonomas (from a glucagon-producing cell)
- Somatostatinomas (from a somatostatin-making cell)
- Gastrinomas (from a gastrin-producing cell)
- VIPomas (from vasoactive intestinal peptide-making cell)
- Some pancreatic islet cell tumors do not secrete hormones and are known as non-secreting islet tumors of the pancreas.

Causes

The exact cause is unknown. Cigarette smoking is a major risk factor and roughly doubles the risk for pancreatic cancer when compared to non-smokers. While diabetes is not a risk factor, the two have been linked. Age, race, and family history are other risk factors associated with pancreatic cancer. There is no identified way to prevent pancreatic cancer.

Symptoms

Pancreatic cancer often goes undetected until it's advanced and difficult to

treat. In the majority of cases, symptoms only develop after pancreatic cancer has grown and begun to spread. By the time it's large enough to result in symptoms, pancreatic cancer has typically grown outside the pancreas. Symptoms include:

- Jaundice. As pancreatic cancer blocks the common bile duct bile builds up in the blood. This turns the skin and the eyes yellow. The same blockage causes dark urine, light colored stools, and itching.
- Abdominal pain. Pancreatic cancer can cause a dull ache in the upper abdomen radiating to the back. The pain may come and go.
- Back pain.
- Bloating. Some have a sense of early fullness with meals or an uncomfortable swelling in the abdomen.
- Nausea.
- Vomiting.

As it grows and spreads, pancreatic cancer affects the whole body. Such symptoms can include:

- Weight loss
- Malaise
- Loss of appetite
- Elevated blood sugars.

Diagnosis

In addition to a history and physical exam, imaging tests will be performed to help make the diagnosis of pancreatic cancer. These tests include:

- Ultrasound

- CT scanning
- MRI
- Endoscopic ultrasonography
- Endoscopic retrograde cholangiopancreatography (ERCP)

A definitive diagnosis of pancreatic cancer only comes from a biopsy.

Risk Factors

The average risk of pancreatic cancer is about one in 76 people. There are multiple pancreatic risk factors, although most are only weakly associated with the disease. People with any of the risk factors are at slightly higher risk than the general population:

- Genetics. Five percent to 10% of people with pancreatic cancer have an immediate family member who also had it
- Diabetes. People with diabetes are not necessarily more likely to get pancreatic cancer but the two have been linked.
- Smoking. Cigarette smoking is well known to increase the risk for pancreatic cancer. Ten years after quitting smoking, the risk returns to about that of someone who never smoked.
- Obesity and inactivity. Those who are obese are more likely to develop pancreatic cancer. Those who exercise frequently are about half as likely to get pancreatic cancer, compared to those who do not exercise at all.
- Pancreatic cysts and chronic pancreatitis. People who have one or both of

these are at higher risk of developing pancreatic cancer.

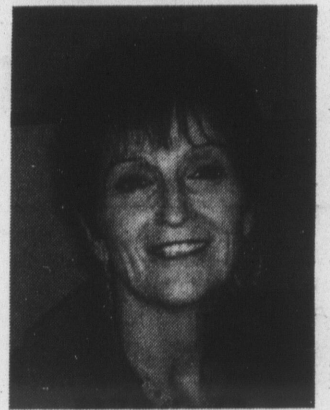
- Diet. A diet high in fat and meat (especially smoked or processed meat) has been linked to pancreatic cancer in animal studies.

- Lycopene and selenium. Studies have shown low levels of these nutrients in some people who developed pancreatic cancer. Any diet that includes lean meat and red or yellow vegetables should provide adequate lycopene and selenium.

Stages

The stages of pancreatic cancer are used to guide treatment and to classify patients for clinical trials. The stages of pancreatic cancer are:

- **Stage 0:** No spread. Pancreatic cancer is limited to top layers of cells in the ducts of the pancreas. The pancreatic cancer is not visible on imaging tests or even to the naked eye.
- **Stage I:** Local growth. Pancreatic cancer is limited to the pancreas, but has expanded to less than 2 centimeters across (stage IA) or greater than 2 but no more than 4 centimeters (stage IB).
- **Stage II:** Local spread. Pancreatic cancer is over 4 centimeters and is either limited to the pancreas or there is local spread of the cancer outside of the pancreas, or spread to nearby lymph nodes. It has not spread to distant sites.
- **Stage III:** Wider spread. The tumor may have expanded into nearby major



RUTH JONES

blood vessels or nerves, but has not metastasized to distant sites.

- **Stage IV:** Confirmed spread. Pancreatic cancer has extended to distant organs.

Treatment

Pancreatic cancer is treated in several ways, alone or in combination:

- Surgery – generally done to attempt to cure pancreatic cancer, but it may also be done to lessen or prevent symptoms.
- Chemotherapy and Radiation – often given together, prior to, after, or even without surgery, to slow pancreatic cancer's growth
- Palliative care- aims to reduce discomfort for people whose pancreatic cancer cannot be cured.

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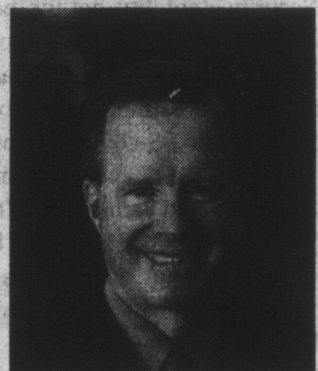
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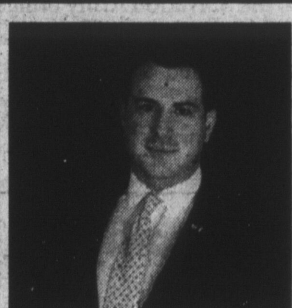
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City 'Not In Hurry' To Take Downtown Properties

By SCOTT JACKSON

The latest revision of the master plan for Quincy Center identifies 14 new properties for potential acquisition, but Quincy's planning director said the city is not in a hurry to take those buildings.

Mayor Thomas Koch has proposed a new amendment to the Urban Revitalization and Development Plan for Quincy Center, which would be the fifth amendment to the document since it was originally approved in 2007. The amendment to the URDP requires approval from the City Council and then the state Department of Housing and Community Development.

The City Council's ordinance committee met for two hours to discuss the URDP amendment on April 24. The committee will pick up the conversation on May 6 at 6:30 p.m.

The new amendment identifies 14 properties in Quincy Center for potential acquisition by the city. Those properties are: 1355-1363 Hancock St.; 1415 Hancock St.; 1433 Hancock St.; 1445 Hancock St.; 1455 Hancock St.; 1459 Hancock St.; 1469 Hancock St.; 1495 Hancock St.; 1550 Hancock St.; 1562 Hancock St.; 1570 Hancock St.; 1620 Hancock St.; 95 Parkway; and 119 Parkway.

The buildings on all those properties, except for 1355-1363 Hancock St. and 1415 Hancock St., would be demolished and could be targeted for future development efforts. The other two would instead be rehabilitat-

ed because of their historic status.

Approval of the URDP amendment sets the stage for acquiring those properties, but separate council votes would be required before any land takings happen.

Jim Fatseas, the city's planning director, said the administration is not in a rush to acquire those properties.

"We're not in a hurry to take anybody's property," he told the council. "Never will be and never should be."

Identifying the 14 properties for potential acquisition lets their owners know they are important to the future of Quincy Center, Fatseas said, and the city would like to see improvements. That could happen several ways, he explained, including property owners coming together to redevelop their land or if the property owners opted to sell to a third-party developer.

Standing pat is not an option the city would accept, Fatseas said.

"If the intention is, 'no, I don't want to do anything,' unfortunately that is one of the options that does not remain if in fact we identify them as taking parcels," he said.

Prior to the council meeting, the public had a chance to comment on the pending amendment.

Neil Kiley, the owner of the Fat Cat restaurant, which plans to relocate to 1495 Hancock St., said he wanted to know more about the timeline for the taking of

that building.

"I'm curious as to the timeline for eminent domain. I signed a three-year lease with FoxRock Properties, and I have no idea when this building will be taken by eminent domain. I'm just curious what the timeline is," Kiley said. "If anyone could tell me, I'd really appreciate it."

Dr. Eric Cohen, who owns the building at 1355-1363 Hancock St. and the one at 1415 Hancock St., wanted to know what the city expected him to do with his buildings. Cohen said he understood why the city would be interested in other buildings in Quincy Center, but said he has made the effort to take care of his properties and attract quality tenants, including an art gallery that will soon move into the former Stephen Leigh Jewellers.

"I'd like to know exactly what it means to be on that list to be renovating your building. I'm not sure the buildings need that much work done to begin with," Cohen said. "Unless there is something that someone wants to clarify and detail here, I would say take them off the list and let me take good care of my properties."

Tim Cahill, the president of the Quincy Chamber of Commerce and a member of the citizen's advisory committee for Quincy Center, said he supported the proposed amendment. Cahill said it was rare for the leader of a business group like the Chamber of Commerce to support potential government taking of pri-

vately owned buildings, but said such takings are needed in this case.

"I think in this case the incentive is needed," Cahill said. "We are moving forward. I see it every day when I walk down the street to my new headquarters in Quincy Center, how vastly different and improving Quincy Center is becoming, but there are still some roadblocks in the way."

"If business owners who would be impacted by this amendment show good faith and effort to fix up, renovate their properties and invest in Quincy Center, I don't think that this council would have any action with them. It's for those that are sitting on vacant property...and not putting any type of reinvestment in that property."

Maralin Manning, who is also a member of the citizen's advisory committee, said she too supported the change.

"For me, this is especially important because I finally see the light at the end of the tunnel that is going to bring Quincy - not as a town, but as a city - into the 21st century," Manning said.

Ward 4 Councillor Brian Palmucci said he was encouraged the city would consider acquiring the properties in Quincy Center if their owners do not begin making improvements.

"These property owners need to get on board or get out of the way. That's really what it comes down to," Palmucci said. "The city, the state and the federal govern-

Cont'd On Page 26

Social Security Matters

Ask Rusty: Windfall Elimination Provision (WEP) Affects State Retiree

By RUSSELL GLOOR

AMAC Certified Social Security Advisor
Association Of Mature American Citizens

Dear Rusty: I have a question in regard to the "windfall act." I am receiving a pension from the State of Nevada. I retired from the State, and did not pay into Social Security, but I worked in the private sector before and am currently working in the private sector. My question is: How much "penalty" will I be subject to when I decide to finally hang it up? **Signed: State Retiree**

Dear State Retiree: The State of Nevada is one of 27 states which, for all or some employee categories, do not participate in the Federal Social Security (SS) program; rather their State pensions are designed to provide a retirement benefit in lieu of Social Security. Because you receive a Nevada state pension and have also worked in the private sector long enough to be entitled to a Social Security (SS) benefit, your SS retirement benefit, when you claim it, may be reduced by the Windfall Elimination Provision (WEP), with the amount of reduction based upon how many years of substantial SS-covered earnings you have. If you have 20 or fewer years of SS-covered employment, here's how WEP will affect your Social Security benefit:

Your actual benefit amount is based upon your "primary insurance amount" (PIA), which is computed using the average monthly earnings from the 35 highest earning years over your lifetime, known as your Average Indexed Monthly Earnings or "AIME" (only earnings up to the maximum payroll tax cap for each year are counted). Your PIA is the Social Security benefit you are entitled to at your full retirement age. Normally, when WEP doesn't apply, your Social Security benefit amount is computed by taking the monthly average of those 35 inflation-adjusted years of earnings (your AIME) and using a standard formula to arrive at your PIA. That formula includes using 90% of the first part (called a "bend point") of your AIME to be the first portion of three used to arrive at your PIA amount. For those first becoming eligible for benefits in 2019 (usually at age 62) that first bend point is \$926, which means that \$833 (90%) would normally be the first contribution to your PIA. But when WEP applies, the formula is different; instead of using 90% of that first bend point, if you had 20 or less years of covered-SS substantial earnings they use 40%, which would mean that the first bend point would add \$370 to your PIA amount instead of \$833, a reduction of \$463. Remember that the bend points used are those for your year of Social Security eligibility, not for the year you claim benefits.

The percentage used to compute that first "bend point" goes up by 5% for each year over 20 years of substantial SS-covered earnings you have - for example, if you have 22 years of SS-covered substantial earnings, the formula would use a 50% multiplier instead of 40%. And at 30 years of SS-covered earnings you're no longer affected by WEP. WEP can't reduce your PIA by more than half of your NV pension amount, and there is also a maximum WEP reduction which might apply. And finally, please note that any benefit estimates you might get from Social Security now will not include the WEP reduction, which will be applied only when you actually claim your Social Security benefits.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity.

To submit a question, visit the website amacfoundation.org/programs/social-security-advisory or email ssadvisor@amacfoundation.org.

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George Burke Donates \$21,000 To Charities, Non-Profits

Quincy attorney George Burke announces he has made \$21,000 in donations to several non-profit organizations and charities.

Burke donated \$10,000 to the Newman Catholic Center at the University of Massachusetts and gave \$2,000 to the seventh annual Newman Golf Tourna-

ment being held in his honor Friday, June 7.

Burke has given over \$100,000 to the Newman Catholic Center at the University of Massachusetts Amherst.

Burke also donated \$4,000 to the South Shore YMCA. He pledged a donation of \$44,000 to the South

Shore YMCA and this recent donation is towards his pledge from 2013.

Burke said he continues to support the YMCA and has donated over \$100,000 over the years and enjoys giving to his organization.

In addition, Burke recently donated \$5,000 to the Salvation Army. Burke said

he has supported the Salvation Army Quincy Corps Community Center for many years and believes in their generosity and support for people in need.

Burke's recent donation to the Salvation Army brings a total of over \$60,000 he has donated to this organization that continues to help and support people in need.

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Hughes Seeks To Unlink QMC, Ross Lot Plans

Cont'd From Page 1

would terminate the reverter clause it now holds on the former Quincy Medical Center site on Whitwell Street, where FoxRock is planning a residential development. The reverter clause enables the city to take back the land if medical uses on site cease.

Additionally, FoxRock would forgo payment for takings related to the new Generals Bridge that will connect Burgin Parkway to Cliveden Street; Koch said those takings are valued at about \$1 million. The state is paying for the construction of the bridge.

FoxRock could not close on the Ross Lot land until permitting for the project, which would require approval from the Planning Board, is complete and lease agreements for the medical office space are finalized. FoxRock in February announced it had struck a deal with South Shore Health System and Brigham Health to fill out the 200,000-square-foot medical building.

FoxRock would pay full taxes on the hotel and residential building, and no taxes on the medical office building.

During the public hearing, Ted Mulrane, the president of the Hospital Hill Neighborhoods Association, said FoxRock's proposal for the Ross Lot and the company's plans for the Quincy Medical Center site should be considered individually.

"The Ross Lot LDA that is before the City Council needlessly conflates the termination of the use restriction and the right of reverter for 114 Whitwell St. with the sale of a downtown parcel," Mulrane said. "It also puts the City Council

in the position of having to choose between supporting the development of downtown and tacitly approving the developer's plan for an unprecedented number of residential units in a neighborhood of single- and multi-family homes.

"Above all, it is in the best interest of all parties — city, developer, medical tenants and neighbors — that the use restriction and the right of reverter be disposed responsibly, transparently and with input from the public."

Hughes, whose district includes the hospital property, said the concerns of the neighborhood association should be considered while the council reviews the LDA.

"Folks up on Presidents Hill and Hospital Hill want to see development in the downtown. They are excited about the possibility of revitalizing our downtown, and in particular this site. That is certainly something that I share and that I am also in support of," Hughes said.

"But, at this time, I think it is time to explore options and talk about some of the unease...and uncertainty

that the neighbors expressed here tonight."

Ward 4 Councillor Brian Palmucci seconded the amendment after Hughes introduced it, saying the two properties "should really have never been entangled to begin with." Palmucci, however, asked that the amendment be tabled and revisited at a future meeting so councillors could better understand its implication for the two projects.

"I think there are too many unknowns that we really need to wrap our hands around before we vote on it," he said.

Kishore Varanasi, a principal at Boston-based CBT Architects, shared new details about the proposed Ross Lot development with councillors.

The medical office building, which would be located adjacent to what is now Cliveden Street, is nine stories tall sitting on a four-story parking garage. The building would include 8,600 square feet of ground floor retail space. The garage would house about 400 spaces. FoxRock would rent an equal number of spaces

in a garage the city plans to build south of Cliveden Street; Koch hopes to receive state or federal funding to pay for the construction of that garage.

The 140-room hotel would be constructed next to the medical office building. It would stand six sto-

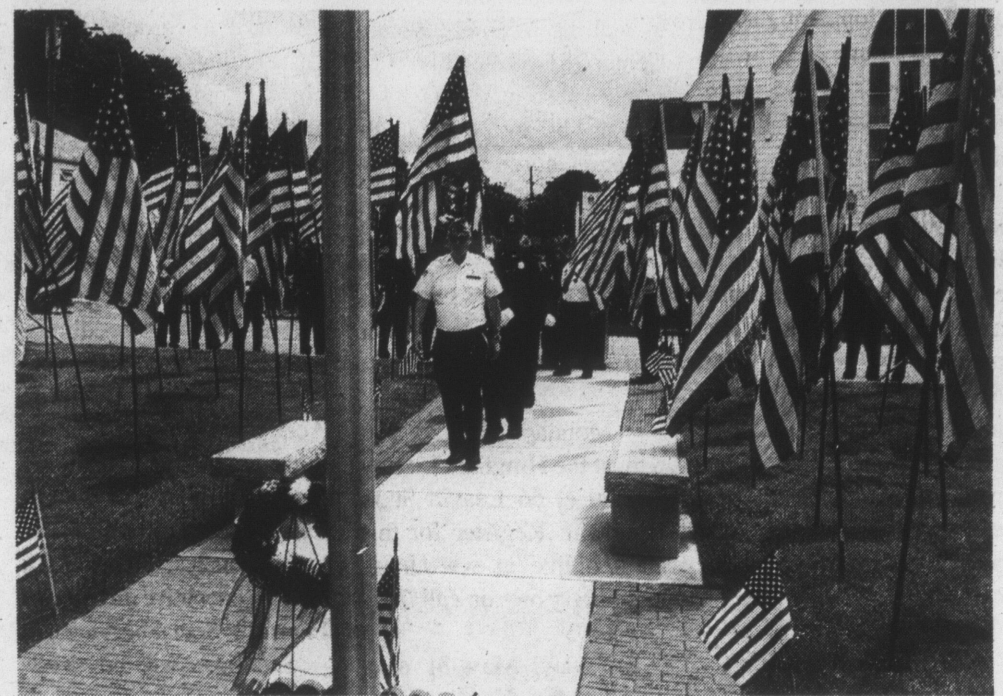
ries tall and would include 2,000 square feet of retail space on the ground floor.

The residential building would be constructed on the part of the lot closest to Granite Street. It would stand 15 stories tall and would include 1,700 square feet of retail space.

FoxRock's Chris Reale said the residential building would include 196 units. In response to a series of questions from Palmucci, Reale said 50 of those units would be designated as affordable units, which would count towards FoxRock's require-

Cont'd On Page 26

Volunteers Needed To Decorate Flags For Veterans Island Saturday



SONS OF THE AMERICAN LEGION, Squadron 294, Morrisette American Legion Post, will decorate Flags for Veterans Island with 400 American Flags Saturday, May 4 beginning at 9 a.m. The Squadron is seeking volunteers to help with the effort. The island is located in Fort Square at the intersection of School and Pleasant Streets. The Sons of the American Legion will host its annual Memorial Day observance Sunday, May 19th at 1 p.m. at Flags for Veterans Island.

Quincy Sun File Photo/Robert Bosworth

QHS Art Show Exhibit Opens May 9

Artwork from a variety of visual arts courses at Quincy High School will be exhibited at the annual Art Show, opening Thursday, May 9, at 6 p.m.

The show will be on display from opening night through Thursday, May 23 in the lobby of the Lloyd Hill Auditorium at Quincy High School.

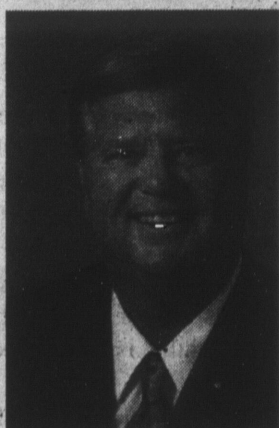
This exhibit is part of a two-week long celebration of the arts. Following the Art Show opening, the

Fashion Show will begin at 7 p.m. Then, Friday, May 17 the Drama Club will perform "Our Town," there will be a Strings Concert Monday, May 20, and the celebrations will conclude with the Pops Concert Wednesday, May 22. These yearly events are held during May and emphasize the value of arts education for all students and encourages support for quality art programs in schools.

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Keohane Funeral Home's Plant.Grow.Share. To Offer Free Gardening Workshops

Keohane Funeral Home will be kicking off another season of their Plant.Grow.Share. Program with free tomato Container Workshops.

The Plant.Grow.Share. initiative is a collaborative effort between Keohane Funeral Home, Interfaith Social Services, and Weymouth Food Pantry to encourage backyard growers to donate produce to local food pantry clients. This community outreach program boasts educational workshops, a free seedlings giveaway week, and many opportunities for the community to come together to help our neighbors.

John Keohane, co-president of Keohane Funeral Home, said, "We are so excited for this year's program. Plant.Grow.Share. participants range from backyard gardeners wanting to learn more about their craft to grocery store shoppers willing to share their excess with hungry food pantry patrons. Everyone can get involved!"

FREE Tomato Container Gardening Workshops

During the approximately one-hour long workshops led by local organic farmer Jon Belber of Holly Hill Farm in Cohasset, attendees

will be supplied with knowledge needed to build their own tomato container gardens. Attendees will receive an organic tomato seedling from Holly Hill Farm, donated by Keohane Funeral Home. Bucket containers will be donated by Curry Ace Hardware in Quincy. Workshops will be available at four locations:

- Monday, May 13, at 1 p.m. at Whipple Senior Center located at 182 Green St., North Weymouth; RSVP by calling Whipple Senior Center 781-682-6140

- Tuesday, May 14, 6 p.m. at the Old South Union Church located at 25 Columbian St., South Weymouth; RSVP - Pam@weymouthfoodpantry.org or Call 781-635-7783 - Rain date for this outdoor event will be Tuesday, May 21st at 6 p.m.

- Monday, May 20 at 6 p.m. at the Hingham Library located at 66 Leavitt St. in Hingham; Register for this class online at www.hinghamlibrary.org or call 781-741-1405

- Friday, May 31 at 1 p.m. at the Kennedy Senior Center, located at 440 E Squantum St. in Quincy; Register by calling Rick at 617-773-6203 Ext 17

The free workshops are open to the public and all supplies are provided.

Grow a row to share - Free Seedlings Available to Grow at Home

Free vegetable plant seedlings are available to local gardeners to plant in their gardens through the Plant.Grow.Share. program. The seedlings, from Artery Garden center in Quincy, will be donated by Keohane Funeral Home to inspire gardeners to plant an extra row in their gardens. When the seedlings mature and begin to produce vegetables, growers are encouraged to donate a portion of their harvest to the Weymouth Food Pantry or Interfaith Social Services.

"At Interfaith we anticipate a variety of seedlings, some of which are coming from students at Milton Academy who are sprouting those seedlings and bringing them in to donate as well as those seedlings that Keohane donates," said Rick Doane, executive director of Interfaith Social Services.

Seedlings will be available for pick-up the week of May 20 - May 25 at these locations: Keohane Funeral Home, 785 Hancock St. in

Cont'd On Page 13



JON BELBER of Holly Hill Farm and John Keohane, co-president of Keohane Funeral Home, present a free tomato container workshop for Plant.Grow.Share.

Photo Courtesy Jennifer Sammons

SQSC Toiletries Drive For Homeless Teens

The South Quincy Social Club (SQSC) is again collecting toiletries for the QPS Homeless Teen Program.

Items needed include: toothbrushes, tooth pastes, deodorants, body wash,

shampoo, conditioner, shaving needs, combs, brushes, feminine products, washcloths, and first aid kits.

Donations may be dropped off at The Quincy Sun at 1372 Hancock St. or

Cagney's Restaurant, 214 Washington St. The last pickup for donations will be May 7th.

For more information, email Lynne at lilpj4242@hotmail.com.

Council On Aging Activities, Events At The Kennedy Center In May

By MARIE FERENT

The following Quincy Council on Aging events are scheduled during the month of May at the Kennedy Center, 440 East Squantum St. in Quincy (unless otherwise noted).

Shredding

Friday, May 3, from 10 a.m. to noon

Seniors are invited to safely dispose of sensitive and personal documents to protect themselves from identity theft and fraud. Visit the Kennedy Center on Friday, May 3rd from 10 a.m. to noon and have your tax, financial, legal and other documents shredded free of charge.

Wreath Making

Friday, May 10th at 10:30 a.m.

Join local artist from Blue Sky Eco Art at the Kennedy Center for a relaxing craft. Members will repurpose egg cartons and transform them into a lovely wreath. The class

is free and all supplies will be provided. Call 617-376-1506 to register.

Senior Whole Health

Thursday, May 16th at 10:30 a.m.

Join Alex from Senior Whole Health as he explains the benefits of their programs to support your health and wellbeing. Senior Whole Health are health plans for seniors aged 65 and older who have MassHealth Standard and Medicare Part A and B. Light refreshments will be served. Call 617-376-1506 to register.

Acrylics Classes

Friday, May 17th at 1 p.m.

Let's have some fun together! Join us for a step by step guided acrylic class painting on a glass bottle. \$15 PP includes all supplies. Stop by the Kennedy Center to register, payment is due at time of registration.

Memory Lane Bob Hope Tribute Show

Monday, May 20th at 1:30 p.m.

Memory Lane Entertainment presents the fabulously popular Memory Lane Shows. While the shows are extraordinarily entertaining in their own right, they were designed to serve a deeper purpose. They take advantage of a fairly recent discovery by neuroscientists, called the music-memory connection, to stimulate a particular region of the brain that, in turn, brings back long forgotten memories and "reawakens the brain." Join us for an afternoon of fun, memories and song! \$5 per person due at time of registration. Stop by the Kennedy Center to purchase your ticket

Author Kevin Symmons

Tuesday, May 21st at 10:30 a.m.

Local bestselling author Kevin V. Symmons will meet and greet guests and share his experience being a bestselling Amazon author. His published works include Rite of Passage, Out of the Storm, Solo and Chrysalis. Kevin is conducting his 2nd Annual Write off Competition. Aspiring authors of all ages are encouraged to attend and should provide Kevin with a 3 page sample of their work. Kevin will review the submissions he collects over his 6 month tour and select a few to submit to his publishing house. Kevin is hoping to inspire writers of all ages to tell their stories and for those serious writers to continue their journey in getting published. Please call 617-376-1506 to register.

Low Vision Program

Wednesday, May 22 at 10 a.m.

MA Commission for the Blind - Low Vision Program will give a presentation on low vision, the challenges of ag-

ing and vision loss. You will learn what to do if you experience vision loss and the top three eye diseases. Get more information about MA Commission for the Blind and get tips on interacting with blind people. Call 617-376-1506 to register.

Jeopardy Game

Friday, May 24th at 1 p.m.

Alliance Health at Marina Bay Skilled Nursing Center presents Jeopardy! Come join us for a fun filled afternoon to test your trivia knowledge and win some prizes. Call 617-376-1506 to reserve your spot.

Plant, Grow, Share

Friday, May 31st at 1 p.m.

Join organic farmer Jon Belber, of Holly Hill Farm in Cohasset in a free workshop designed to give you the tools to create your own standing tomato garden. This insightful program is co-sponsored by Keohane funeral home, Interfaith Social Services and the Weymouth Food Pantry. Please call 617-376-1506 to register.

Back to the Beach!

Thursday, June 11th from 12:30 - 3 p.m.

At Tony's Clam Shop

Tony's Clam Shop and the QCOA are coming together to create an afternoon of fun for the seniors of Quincy. Rain or shine! From 12:30-3PM members of the Kennedy Center will receive a free small fountain soda and a 10% discount on any meal from Tony's. Simply show your QCOA ID card. Music will be provided by Tom Clasby. Call 617-376-1506 to register for this event.

QCOA Presents:

Plymouth Whale Watch

Wednesday, July 17th

Depart from Pageant Field for a trip to Plymouth for an unforgettable excursion across Cape Cod Bay to Stellwagen Bank, feeding ground of the world's largest mammals. Sightings included Humpback, Finback, Minke and Pilot whales as well as dolphins and seals.

An onboard naturalist will be on board to provide information about the whales as well as answer any questions during the 4 hour cruise. A whale sighting is guaranteed on your cruise.

Before you depart on your afternoon cruise, you will enjoy a delicious luncheon at the Hearth and Kettle restaurant featuring Baked Scrod or Cranberry Chicken. \$99 per person includes luncheon, Whale watch and transportation. Payment is due in full at time of registration. Checks payable to Fox Tours.

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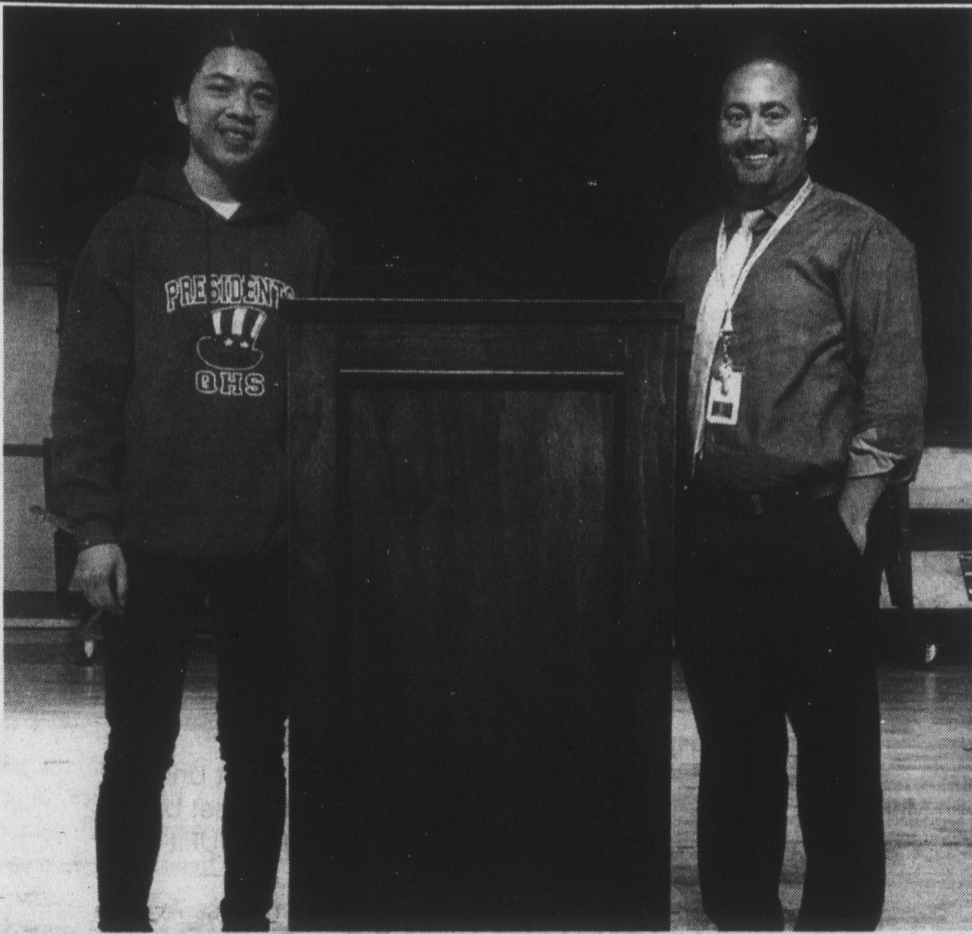
680 Truman Parkway
Hyde Park: 617-910-9175

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QUINCY HIGH SCHOOL carpentry student Junior Luan Huynh presents Central Middle School Principal Richard DeCristofaro with a hand crafted podium for their auditorium. Huynh built the podium using his learned skills in carpentry class under the guidance of his teacher, Bob Burke. Huynh will pursue a career with the New England Carpenters Union - Local 33 after graduation in June, 2020. *Photo Courtesy Quincy High School*



IRELAND BEAUTY announces the grand opening of its second location in Quincy Center, located at 2 Cliveden St. Ireland Beauty offers facials, spray tanning, waxing, laser hair removal, makeup application and includes Quincy's first blow dry bar offering blowout services using premier products. Owner, Christine Doody, who has over 16 years experience, and her employees pride themselves in offering the most advanced and industry-leading services in the area. Many of the therapists have been trained in Ireland at some of the most prestigious spas and institutions in the world. To schedule an appointment for the new Quincy Center, or existing North Quincy location guests can visit online at www.irelandbeautyspa.com or call 617-935-2333. From left to right: Scott and Sean Galvin of the Galvin Company, Mayor Thomas Koch, owner Christine Doody with daughters, Saoirse and Ceara, and Janet Batson of the Quincy Chamber of Commerce. *Photo Courtesy Erica Hartman*

Keohane Funeral Home's Plant.Grow.Share.

Free Gardening Workshops

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Quincy; McDonald Keohane Funeral Home, 809 Main St. in South Weymouth; Interfaith Social Services, 105 Adams St. in Quincy; or the Weymouth Food Pantry's warehouse, 40 Reservoir Park Dr., Unit B, Rockland.

Vegetable gardens will also be planted at Keohane Funeral Homes locations in Quincy and South Weymouth. Interfaith Social Services will have a garden next to their office at 105 Adams Street in Quincy.

This year, the Weymouth Food Pantry will have a garden as well. "We have launched our own Food Pantry Garden in partnership with South Shore Bank and Old South Union Church, which was inspired by the Plant.Grow.Share. program. We are very excited about it—this will be our first growing season," said Executive Director Pamela Denholm.

Join the Plant.Grow.

Share. Movement

Produce donations are very important to local food pantries. The Plant.Grow.Share. program encourages people to develop their gar-

dening skills through free workshops and free seedling giveaways but for those looking to get involved without all the dirt, there are options: Store-bought produce donations, volunteering for your local food pantry, or monetary donations, will go a long way to helping those who need it.

"Sometimes people think a small food donation is not enough, but if ten people make that same small donation, we will have quite a bit to share! Every donation is a meaningful part of bringing our community together to help feed those in need," explains Pam Denholm, executive director of Weymouth Food Pantry.

Donations of fresh produce from your garden or supermarket for Interfaith Social Services can be dropped off at 105 Adams St. in Quincy from 8:30 a.m. to 3:30 p.m., Monday to Friday, and until 7 p.m. on Tuesdays.

Donations of fresh produce for the Weymouth Food Pantry are accepted at all three Pop Up Pantry locations or at their warehouse:

• Tuesdays, 9:30 to 11

a.m. at The First Church at 17 Church St., Weymouth

• Thursdays, 9:30 to 11 a.m. at Crossroads Worship Center at 241 Broad St., Weymouth

• Saturdays, 9:30 to 11 a.m. at Old South Union Church at 25 Columbian Street, S. Weymouth

• Tuesday to Friday, 10 a.m. to 1 p.m. at 40B Reservoir Park Dr., Rockland

Monetary donations can be made through interfaith Social Services website <http://interfaithsocialservices.org/donate/> and Weymouth Food Pantry's website <https://www.weymouthfoodpantry.org/donation-page>. Volunteer opportunities can also be found on the food pantries' respective websites.

For questions or to donate to the Plant.Grow.Share. program, contact: Rick Doane, executive director of Interfaith Social Services, (617) 773-6203; Joe Reardon, vice president for Community Development and Advance Planning at Keohane Funeral Home, (617) 773-3551; or Pam Denholm, executive director of Weymouth Food Pantry, (781) 635-7783.

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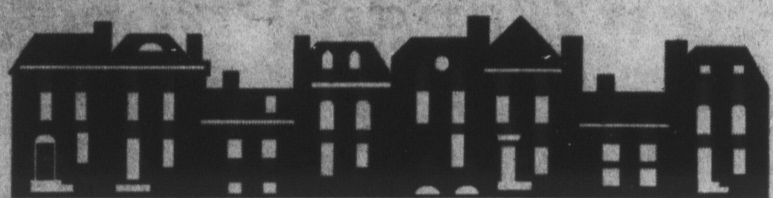
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Real Estate

Quincy Real Estate Transactions April 22 - April 26

Transactions are compiled by the Norfolk County Registry of Deeds

SELLER

Sue Miles
John J. & Patricia A. Sullivan
Galvcon Development LLC
Jacqueline E. Mina
934 Southern Artery Unit 102 Realty Trust
Lawrence J., Thomas K., John R.,
Gary P. Hawes & Cynthia J. Burke
Andi & Argita Domazeti
Maura Gomez & Matthew Kewdor
Spavento Family Irrevocable Trust
David, Edward, Christine, Robert L. Gore;
Ellen L. & Kevin Patroliia
BAMM Enterprises LLC
Danny L. & Patricia A. Woodberry
Si K. Chen & Chor M.A. Wong
David G. & Linda Mooney
Susan M. Hall
Thomasine G. Berg Living Trust
Dated February 9, 2011

Brett P. Knickerbocker & Raphael Rodrigues

BUYER

Ling L. Gao & Xiaoqing Ye
Kiersten M. Sullivan
Christopher J. Burns & Ying S.G. Leung
Erin Kelley
Alexander H. Scott

Besmir & Eri Ramaj
Emily M. Zalewski
Oxana Tkachenko & Stephen Marble
Robert & Rosemarie Doherty

Jeffrey & Matthew Gore
Thuong T. Tran & Ryan J. Kelleher
Lisa Maga
Ching Han Lau
Entrust Group Inc.
Walid Zahran & Asim Iftikhar

Christine E. Nicholas Trust-2011 &
Carol A. Vasconcellos Trust-2012
Rudolph Crichlow

AMOUNT

\$560,000.00
\$487,500.00
\$590,500.00
\$260,000.00
\$287,500.00

\$465,000.00
\$400,000.00
\$425,500.00
\$516,000.00

\$312,666.64
\$450,000.00
\$345,000.00
\$331,000.00
\$375,000.00
\$265,000.00

\$306,000.00
\$572,000.00

ADDRESS

16 Morgan Road
32 Dale Avenue
2 Cliveden Street Unit 306E
162 Winthrop Street
934 Southern Artery Unit 102

91 Hall Place
15 Phipps Street Unit 1
120 Holmes Street Unit 202
38 Village Drive Unit 4-3

138 Independence Avenue
3 Pelican Road
267 Rock Island Road
1 Adams Street Unit 607
84 Standish Road
308 Quarry Street Unit 403

9 Preston Square Unit 34
1001 Marina Drive Unit 504E

O'Donnell Warns Homeowners About Direct-Mail Deed Scam

Norfolk County Register of Deeds William O'Donnell advises county residents to disregard a direct-mail solicitation offering them a certified copy of their property deed for an outrageous fee of anywhere from \$59.50-\$86.

"Today there is a California company that continues to send direct-mail solicitations to unsuspecting homeowners asking them to send a check for \$86 in order to receive a copy of their deed," O'Donnell said. "If a consumer knew that they could print a non-certified copy of their deed for free from our website www.norfolkdeeds.org or obtain a certified copy of their deed for a charge of only \$1 per page, plus an additional \$1 for postage, they would never agree to pay such an outrageous fee for service. The average price for a mailed homeowner's certified deed by the Registry (usually two pages) is \$3."

O'Donnell noted these solicitations "are labeled

Recorded Deed Notice and request that the homeowner forward a check in the amount of \$86 for a copy of their deed.

"The Registry has been contacted by many who have received this solicitation. Please do not fall for this scam," O'Donnell said.

"While the deed direct-mail solicitation may be legal, it's certainly not ethical," O'Donnell said. "In my judgment, this is a scam being perpetrated against hard working Norfolk County residents, many of whom are first-time homeowners or elderly. Consumers are interpreting these notices as a bill, since they are affixed with a due date. I again urge in the strongest terms that Norfolk County citizens not let themselves fall prey to these types of misleading deed scam advertisements."

If you receive such a deed solicitation notice, contact the Registry's Customer Service Center immediately at (781) 461-6101 or by email at registerodonnell@norfolkdeeds.org.

norfolkdeeds.org. Additionally, if you desire a certified copy of your own deed, also contact the Registry's Customer Service Center and we will be glad to provide you with one for a nominal fee of usually \$2-\$3.

To learn more about these and other Registry of Deeds events and initiatives, like us at facebook.com/NorfolkDeeds or follow us on twitter.com/NorfolkDeeds and instagram.com/NorfolkDeeds.

The Norfolk County Registry of Deeds is located at 649 High St. in Dedham. The Registry is a resource for homeowners, title examiners, mortgage lenders, municipalities and others with a need for secure, accurate, accessible land record information.

All land record research information can be found on the Registry's website www.norfolkdeeds.org.

Residents in need of assistance can call the Registry of Deeds Customer Service Center at (781) 461-6101, or email registerodonnell@norfolkdeeds.org.

How To Grow Money On Trees

Home ownership is a big investment. And when you decide to sell your property, making a profit is the number one priority.

There is an easy way to add value to your home now: add trees to your landscape.

It's no secret that landscaping increases property values, but according to the United States Forest Service, landscapes with mature trees may increase value by 20 percent.

"Simply add trees and take your landscape design to the next level," says Joshua Fritz, a certified arborist and District Manager at Hartney Greymont, a Davey company. "Besides increasing property values and creating a more desirable street on which to live, the benefits of trees are endless."

Studies show trees improve health, lower anxiety, produce more sociable neighborhoods and more.

A certified arborist can provide a free consultation to discuss how a well-maintained landscape will pay off for years to come.

4 Ways Trees Add Value to Your Property:

1. A lifetime of beauty. A mature tree can have an



appraised value of between \$1,000 and \$10,000 according to the Council of Tree and Landscape Appraisers. It takes years for trees to reach mature size, so plant now and enjoy the trees' benefits until it's time to sell.

2. Seeing green. Money magazine estimated that while kitchen or bathroom remodeling can bring a recovery value up to 125 percent, landscaping can bring up to a 200 percent return at selling time. Keep your yard in tip-top shape with the help of an arborist who can tell you how to properly maintain your trees.

3. Add visual interest. Many trees are valued for their hardiness, durability, adaptability, and overall desirability for sturdiness, low-maintenance or attractiveness. According to Better Homes and Gardens, Japanese maples and dwarf conifers are among the most highly valued trees. Talk to

an arborist who can identify the best and most valuable trees for your landscape.

4. Cool shade. To see a return on investment before you sell, plant trees to reduce heating and cooling costs. Trees are known for shade and reducing energy bills. The American Power Association estimates that effective landscaping can reduce a home cooling bill by as much as 50 percent a year. In fact, areas without cooling shade trees can become "heat islands" with temperatures reaching 12 degrees higher than surrounding areas.

Trees planted on the north and northwest sides of your property create a wall against cold winter winds and cut heating costs by up to 30 percent a year.

Want to add value and natural beauty to your landscape? Contact Joshua Fritz, Hartney's local arborist, by calling (978) 461-1768 or visiting Hartney.com.

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Concerns Raised Over Wollaston Condo Project

Cont'd From Page 3

There is no timeline yet to file anything looking like this with any board or commission with the city," she said. "They are really looking for neighborhood and community input."

Miao Kun "Michael" Fang, who owns the property where the theater once stood, has proposed building a six-story, 63-unit building on site. Fang's proposal includes 68 parking spaces located in a surface lot accessible off Beale Street and in a one-level garage under the building, which would be accessible off Chapman Street. The garage would use parking lifts and tandem spaces, Fang's attorney, Robert Harnais, said, and would have an attendant on scene 24 hours a day. Five of the spaces in the surface lot would be for guests.

The proposal would include 29 one-bedroom units and 34 two-bedroom units. The one-bedroom units would contain 650 square feet of living space, said architect Jim Chen, and the two-bedroom units 950 square feet of living space. Fang, Harnais said, would sell the units as condominiums.

"The reason they are not apartments, is because he wants people investing in the community, so these are condominiums," Harnais said. "He wants people to own the building they live in."

The condominium association's bylaws could be

written to require the owner to live on site, Harnais said in response to a resident who asked if the condo owners would be allowed to rent their individual units.

The building would stand 65 feet tall and it would be set back from Beale Street and placed right up against the sidewalk on Chapman Street, Chen said. Harnais said the city would require a gap between the sidewalk and the entrance to the garage.

Tommy Chau, who lives on Chapman Street, said he was concerned about parking on that road and traffic in the surrounding neighborhood.

"I've been there for 10, 15 years. I see all the traffic go in and out. Every two or three days, I have to call the Quincy police to come down and ticket somebody because they don't care. They just park there and say, 'I'll be a minute,' and walk over to somewhere they need to go," Chau said.

"You can't have so many units when you don't have a solution for parking, especially when Wollaston is the main intersection for Quincy."

Several residents who spoke at the meeting said they would like to see commercial space incorporated into the plans for the site, which is in a business C zoning district. Marianna Krejci-Papa was among the residents who raised that concern.

"I understand we have

a housing crunch and I'm not against putting some apartments in that place, however, it is a commercial space. We love our local businesses. We have many local businesspeople who can't find space to do their business," Krejci-Papa said. "You're taking a space in a commercial zone that is designed to be commercial business where people go and spend their money and you're taking it away and not replacing it with anything."

"Not to mention it was a theater. A theater is a destination. People go to the theater, they have dinner, they see a show, they spend money. You're giving us 63 people who are going to live there and get on the train to go to Cambridge and Somerville to spend their discretionary income."

Harnais said a building such as the one Fang is proposing would attract young professionals, who would, in turn, bring more desirable businesses to the area.

"Would you...in Wollaston right now open anything commercial? No. Why? Because it's not conducive to that," Harnais said. "That's why you have people live in the area to say, 'we have young professionals who want to spend their money, so now we're going to build things they can go to.'"

Bill McCoy said a building with fewer condo units would be a better fit than the 63-unit proposal. He also suggested the ground floor



THE OWNER of the Wollaston Theater site has proposed building a six-story, 63-unit building on site. Memorabilia from the Wollaston Center landmark, which was demolished in 2016, would be incorporated into the lobby. Some 100 residents attended a community meeting on the project April 25 at Quincy High School. Rendering Courtesy Pilgrim Strategies

should include something that would cater to students from nearby Eastern Nazarene College, like a coffee shop with live music and other entertainment.

"There is a college just on the other side of Hancock Street with hundreds of students who would have no problem walking five minutes if there was a place that was attractive and comfortable for them," McCoy said. "I'm not opposed to condos, but this proposal is the wrong proposal for that environment. It doesn't fit, it's absurdly outsized and it just needs to be re-thought in light of this larger picture."

In response to the residents' desire for commercial space on site, Harnais said he would bring that suggestion to the developer.

"We're here because we want to listen," he said.

William Phelan, the former mayor, said redeveloping the Wollaston Theater site would help re-invigorate the surrounding area.

"I'm not advocating for this building, but I'm advocating for this project. I think that it's a great opportunity for Wollaston. I think it is going to be the first of many projects in Wollaston that are going to make that area come alive," Phelan said.

"For me, that's smart growth. That's the kind of growth that we need in Quincy. We need growth, we need new buildings, we need new tax revenue, and if we're going to have it, we'd much prefer it in a business area generating more business and near a train station."

Tim Keenan said Fang's proposal might not be perfect, but something like

what is proposed for the site could be a way for residents his age to stay in Quincy instead of being priced out of the city.

"There is a housing crisis in many parts of the country, specifically in the Boston area. I see where housing prices have gone. I want to stay in Quincy for the long term. The way most houses are, it's ridiculous how expensive they are for someone like myself," Keenan said.

"I'm in my mid 20s. I could move to a place like this, live there for five years or so, have a family and move out to a single-family neighborhood. I live in Merrymount right now - that's a place I would like to live when I'm older. You get people like myself that live in a building like this, it will draw businesses in."

Council Approves Zoning Code Parking Space Change

Two Spaces Per Unit Required For New Construction In Residence B, C

By SCOTT JACKSON

The City Council approved an amendment to the city's zoning code to increase the number of parking spaces required for developments in certain residential areas.

The council voted 8-0 on April 22 in favor of the change. Ward 3 Councillor Ian Cain was not present for the vote.

Mayor Thomas Koch planned to sign the amendment into law, according to his chief of staff, Chris Walker.

The change, introduced by Council President Brad Croall, increases the number of parking spaces required for new construction in Residence B and C zoning districts to two per dwelling unit. Previously, 1.75 spaces were required for each dwelling unit in those districts.

Residence B and C zoning districts allow multi-

family construction by-right. Residence B is for low-density projects and Residence C is for medium-density ones. Those districts are primarily located in parts of Germantown, Quincy Point, South and West Quincy, Quincy Center, Wollaston and North Quincy.

Croall, who represents Ward 2, said the change codifies the current practice of the Planning Department, which rounds up to the next whole number when determining how many parking spaces are required for a project if the total number of spaces would otherwise end in a fraction. Developers, Croall added, are already including two parking spaces per unit to increase the marketability of projects located away from the city's MBTA stations.

"As a ward councillor, it's better for me to have more tools in my toolbox

when I'm thinking about the future of my district," Croall said. "I feel like a lot of the developers that I deal with are quality developers and they're already producing two parking spaces per unit, because of the resale side of it."

Jim Fatseas, the city's planning director, said his department does round up to determine how many parking spaces are needed. The Planning Board, he said, is willing to grant a parking waiver, allowing a developer to include fewer spaces, based on feedback from neighbors and the area's ward councillor.

The Planning Board had given a positive recommendation to Croall's proposal, Fatseas added.

Walker said Koch planned to sign off on the change.

"The mayor does intend to sign it if approved by this body. His position goes

exactly to what Councillor Croall had mentioned, this is another tool in the toolbox for our regulatory agencies," Walker said.

"It doesn't automatically mean that a project is going to have higher parking, but it provides the Planning Board and the Zoning Board the capability to take a look at projects on a case-by-case basis."

The mayor, Walker added, gives great deference to the council's role in setting

zoning rules.

Three residents spoke in opposition to the proposed change prior to the council's vote; the council also received two letters from residents opposed to the change.

Sarah Montague, a Sea Street resident, noted the city's zoning code already required an extra one-fourth of a space per dwelling unit on multi-family projects in Residence B and C districts for guest parking. Increasing the number of required parking spaces, she said, would increase the cost to build.

ing the number of required parking spaces, she said, would increase the cost to build.

"Extra parking is not cheap," Montague said.

Fatseas later said the city can great relief from that provision for developers if needed.

"This is an area of relief that can be granted," he said. "If we feel in a particular situation that we need additional parking, we will require or request that."

Two Weymouth Men Killed In Quincy Car Crash

By SCOTT JACKSON

Two men from Weymouth were killed after the vehicle they were traveling inside struck a pedestrian ramp leading to Neponset Bridge in North Quincy.

The single-car crash happened around 10:35 a.m. on April 25, State Police said. The operator of the vehicle, 74-year-old Paul Onorato, was driving on Hancock

Street in a 2004 Ford Taurus, along with his passenger, 50-year-old John Gill.

As the vehicle approached Newport Avenue in the turnaround, the vehicle traveled off the right side of the roadway and over the sidewalk before striking the footbridge that connects the Neponset Bridge to the Quincy Riverwalk, police said.

Onorato and Gill were pronounced dead at the scene.

The cause of the crash remained under investigation with assistance from the State Police Collision Analysis and Reconstruction Section and Crime Scene Services Section as of Monday.

State Police were assisted on scene by members of the Quincy Fire Department.

On Saturday, April 20, at approximately 4:20 p.m., Officers Adams and McCormack were dispatched to the intersection of Burgin Parkway and Dimmock Street for a disorder between two females.

Upon arrival, the officers located a male and female but there was no disorder. The couple denied they or anyone else was involved in a disorder. The officers noted the blonde-haired female was wearing only one shoe. When asked about the other shoe, the female said that she lost it and was unable to find it. The couple was sent on their way.

At approximately 4:45 p.m., Officer McGowan and K-9 Officer Parisi were dispatched to the area of nearby George Road for a female wearing one shoe, who was opening screen doors and looking inside glass doors. Officer Parisi located the female and a male at Newport and South Central Avenues. Both denied opening doors, were checked for warrants and sent on their way.

At approximately 5:15 p.m., Officers Sullivan and McCormack were dispatched to 1132 Hancock St. to speak with a female victim who claimed she was robbed by another female earlier in the day. The victim stated she was robbed by a female with blonde hair who was wearing one shoe and stated she threatened her with a knife.

Due to the description provided by the victim, Officers McGowan and Parisi were notified and they started looking for the female suspect. Officer McGowan located her and the male at Newport and Lincoln Avenues and detained them while awaiting additional information from Officer McCormack who was interviewing the victim. The victim had dried blood inside her nose and on her chin and chest. Her hair was messy and her eyes were reddened.

When asked if she knew who attacked her, the victim said she knew her from a bar in the Square. When asked to describe the female suspect, the victim said, "She's wearing a black jacket, black pants and one shoe." The officer asked the victim if she knew why the suspect was wearing only one shoe and she said, "It fell off during the attack and she was lying on the shoe when she got up."

The victim said her purse and medication was stolen from her while she was standing on the sidewalk and pointed to the direction of Freedom Park. She added she was alone at the time and was taking her medication when she heard a female ask, "Are those Klonopins?" (Medication highly desired on the street.)

The victim did not respond as she was trying to put her medication away in her purse. She said the suspect closed in on her and started rapid fire punching her in the face.

A Job Well Done

By QUINCY POLICE LT. DAN MINTON



LT. DAN MINTON

The victim said she tried to protect herself by covering her face and backing away. During the attack, the victim fell down a small hill and landed against a fence that borders the MBTA train tracks. The suspect then stood over the victim and warned her not to get up or call the police, emphasizing she would stab her to death with her knife if she got up.

The victim said that although she did not see a knife, she was in fear and remained on the ground. The victim said the suspect took her purse and medication and left the area.

Officer McGowan was updated about what transpired and searched the suspect, finding two forms of picture ID of the victim in the purse the suspect was carrying, which also matched the description the victim provided. When asked about the IDs, the suspect said she was holding them for a friend.

At this time, Officer McCormack brought the victim to the suspect's location to confirm the suspect in question. Upon arrival, the victim said, "That is her - 100%." Since positive identification was established along with the victim's IDs in the suspect's possession, the suspect, a 35-year-old Quincy resident, was placed under arrest and charged with unarmed robbery. Officer McCormack interviewed the male who was with the suspect but he was uncooperative. He said that he just met the suspect in Quincy Center today and confirmed that there was an altercation but refused to give details. Oddly, the male said that he had some of the suspect's money and turned over \$45 that was for bail fees. The male was sent on his way.

Officer McCormack went to the area of Freedom Park and found the other sneaker at the bottom of the small hill against the fence where the victim said she fell. The victim said she had approximately 40 Klonopins in her purse prior to the incident. Officer McCormack arrived at the Quincy Police Station and placed the \$45 with the suspect's belongings.

The officer brought the other sneaker in to the station

and noticed outside of the suspect's cell a pair of white and purple Reebok shoes. The booking officer told Officer McCormack the suspect was wearing those sneakers when she arrived at the station. These sneakers were seized as evidence of a possible crime since the suspect was seen opening doors.

If you live in the neighborhoods mentioned and missing a pair of sneakers, contact detectives at 617 745 5718.

Nice Work!

ROBO-CALLS - Not all calls are against the law while others are questionable.

The Federal Communications Commission is currently reviewing what calls are allowed. Here is a breakdown:

- Political support - candidates can autodial you with prerecorded messages to your home telephone.
- Informational calls - your Dentist notifying you of your next appointment or no school announcements.
- Autodialed telemarketing calls - from legitimate outfits to your home landline are legal permitted as long as the caller is a human being. Technically, for prerecorded messages, your written consent is required. These calls are prohibited before 8 a.m. and after 9 p.m..
- Payment calls - your credit card company robocalls you to remind you that a payment is due is generally accepted.

• Debt collection - robocalls from them are considered payment reminders and are legal to landlines and are not covered by the "Do Not Call List."

• Charity calls/political parties - made to your cell phone are illegal unless you have given permission.

• Spoofed calls - there are certain situations where a number that shows up on your caller ID that are permissible. An example would be a women's shelter or a Police Department conducting an investigation. (Example would be setting up a drug deal.) A spoof call with the intent of committing a crime is illegal.

(Excerpts from Consumer Reports Magazine May 2019)

Registering your home and cell phone number with the "Do Not Call Registry" is worthwhile. It will help eliminate some calls, but as we all well know, not all the calls.

To register for the National Do Not Call Registry, call 1-888-382-1222 (TTY: 1-866-290-4326) from the phone number you want to register, or register online at www.donotcall.gov.

If you register online, you will need to provide an email address.

QUINCY POLICE CRIME PREVENTION JOURNAL

Quincy Police Statistics

April 19 - April 25

Calls: 1078

Arrests: 16

Stolen Vehicles: 1

FRIDAY, APRIL 19

VANDALISM/PROPERTY, 5:24 a.m., South Cove Community Health, 88 Holmes St. Caller states there is a moped that is smashed up on the sidewalk. Does not appear to be vandalized. Looks like the wind blew it over, knocking the seat off. It has since been put back on and pushed into a parking spot.

VANDALISM/PROPERTY, 7:39 p.m., Independence Ave. Caller was away on a business trip and states he came home last night and his car's tires are slashed and screws in others.

LARCENY, 8:38 a.m., No. Quincy MBTA Parking, 267 Hancock St. Caller stating suspect took his wallet and keys. Suspect got on Yankee bus also going to NQ MBTA. Black male, red sweatshirt and gray sweatpants.

LARCENY, 5:06 p.m., Town Hill St. Packages. Neighbor gave suspect info.

LARCENY, 6:56 p.m., Hancock St. Cashing a bad check. Party involved when officers arrived. He left his ID on scene. Now party is in the police station lobby.

SATURDAY, APRIL 20

VANDALISM/PROPERTY, 7:53 p.m., Star Market, 130 Granite St. Male wearing a bra using a stick scratching cars in parking lot. No prop vandalism. Damage. Checks out. Sent on way.

SUNDAY, APRIL 21

LARCENY, 10:51 a.m., Hamden Cir.

LARCENY, 2:28 p.m., Lawrence St. \$207 stolen from his wallet sometime overnight. Money returned. Parties satisfied. Party returning the money was a missing juvenile out

of Boston. New call generated.

ASSAULT AND BATTERY, 7:43 p.m., Copeland St. Male very drunk hitting cab with his cane. Arrest for malicious damage to a motor vehicle and assault and battery.

MONDAY, APRIL 22

LARCENY, 9:15 a.m., Father Bill's Place, 38 Broad St. Black leather wallet was inside caller's black backpack, which was under the bed. Happened last night. \$327, debit card, license missing.

LARCENY, 12:33 p.m., 479 Southern Arty. Wallet.

LARCENY, 3:07 p.m., Acapulco's, 1388 Hancock St. Party fled without paying bill. Officer has info and will follow up with restaurant tomorrow. If not paid, action will be taken at that time.

TUESDAY, APRIL 23

VANDALISM/PROPERTY, 12:57 p.m., Glendale Rd. Broken windows.

ASSAULT AND BATTERY, 1:19 p.m., Smith St. Claims daughter was assaulted on walk home from school.

LARCENY, 1:44 p.m., Rustic Pl. Package with iPad taken April 5.

BREAKING AND ENTERING, 2:40 p.m., Water St. Screen cut. Didn't get into apartment.

BREAKING AND ENTERING, 6:04 p.m., Furnace Brook Pkwy. Caller has not been through the house. Confirmed break. No suspect info.

WEDNESDAY, APRIL 24

LARCENY, 8:15 a.m., Walgreen Pharmacy, 330 Hancock St. Wallet. Has suspect on camera.

LARCENY, 2:06 p.m., 11 McGrath Hwy. Cellphone.

LARCENY, 2:13 p.m., 143 Burgin Pkwy. Watch. Knows suspect.

VANDALISM/PROPERTY, 3:55 p.m. Vehicle's rear window damaged last night.

LARCENY, 7:59 p.m., Crane Library, 40 Washing-

ton St. Laptop.

THURSDAY, APRIL 25

LARCENY, 7:40 p.m., Shore Taxi, 8 Des Moines Rd. Vehicle diagnostic tool taken within the past 24 hours.

If anyone has more information about any of the aforementioned incidents or would like more information, contact Crime Prevention Lieutenant Dan Minton at 617 745 5719

STOLEN MOTOR VEHICLES: Faxon Road

CAR BREAKS: Kimball Street, Quarry Hills Drive, Falls Boulevard, Grogan Avenue

BREAKS AND ATTEMPTED BREAKS: Furnace Brook Parkway, Water Street

If you have information on the above crimes, drug activity or any crime, please call the Quincy Police Detective Bureau at 617-745-5764 or log onto the following website: <http://tinyurl.com/ytf6td>.

To report suspicious drug activity, call the Drug Hotline at 617-328-4527. You will not be required to identify yourself, but it could help. To make an appointment to view the Registered Sex Offenders book, call Detective James Dentremon at 617-745-5755.

To contact the Crime Prevention Officer for tips or comments, my direct line is 617-745-5719. My e-mail address is dminton@ci.quincy.ma.us - Lt. Dan Minton

Entries in the Quincy Police Crime Prevention Journal are compiled and submitted by the Quincy Police Department.

They are published by The Quincy Sun as a public service to make local residents more aware of any crime activity in their neighborhood. Questions concerning the Quincy Police Crime Prevention Journal list should be directed to Crime Prevention Officer Lt. Dan Minton, 617-745-5719.

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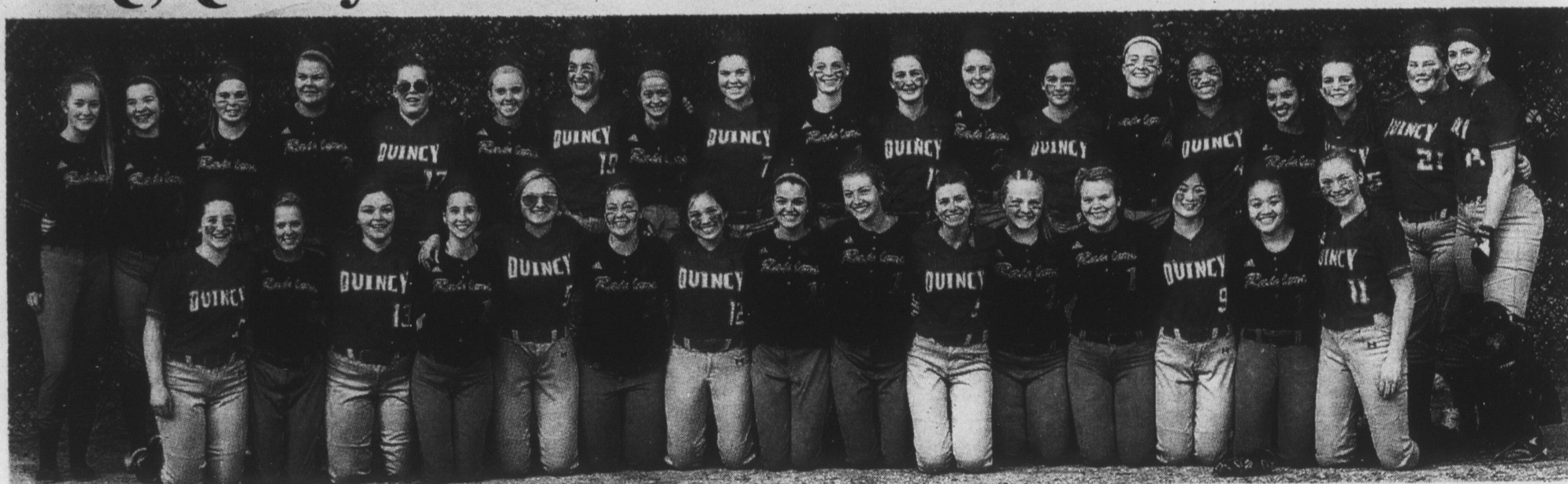
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We're proud to be part of Beth Israel Lahey Health,
a new health care system measuring success by the
difference we can make in people's lives.

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NQ, Quincy Softball Teams Remember Liesl J. Radzik



VARSITY SOFTBALL TEAMS at North Quincy and Quincy High School honored the memory of Liesl J. Radzik at their game April 25 at Mitchell/McCoy Field. The players wore purple ribbons in memory of the former social worker and longtime supporter of the community causes including sports at North Quincy High School and Autism Speaks. Mrs. Radzik died April 9 after a courageous battle against cancer. Her daughter, Alexa, is a member of the North Quincy varsity softball team. Players from both high schools wanted to show their support for Alexa and her family by wearing the ribbons at their game. Besides Alexa, players on the NQ varsity softball team are Kari Bollinger, Samantha Smith, Michelle Nguyen, Sydney Taylor, Olivia Peluso, Meghan Greene, Ciara O'Connor, Shannon O'Brien, Denise O'Donovan, Camryn Burgio and Ashley Caldwell. Players on the Quincy softball team are Olivia Herman, Michelle Vu, Gianna Franceschini, Lindsay Sheridan, Ashley Grehan, Megan Beck, Kelly Chen, Priscilla Bonica, Juliana Tracey, Juliana Stagg, Meghan Davis, Emma Glavin, Kate Downey, Sarah Ainsley, Julianne Gazzola and Melissa Ainsley.

Quincy Sun Photo/Robert Bosworth

Red Raiders Defeat Presidents In Softball, 4-1



SENIOR SHANNON O'BRIEN pitched a complete game six-hitter to lead North Quincy to a 4-1 win over Quincy in a varsity softball match-up April 25 at Mitchell/McCoy Field. O'Brien struck out five and did not walk a batter as the Red Raiders improved to 3-2 on the season. The Presidents fell to 2-5.

Quincy Sun Photos/Robert Bosworth



BESIDES STRONG PITCHING, the Red Raiders made several outstanding defensive plays including this catch by junior second baseman Alexa Radzik to end a Presidents' rally.



QUINCY FRESHMAN Emma Glavin drove in the lone run for the Presidents in a 4-1 loss to North Quincy April 25.



NORTH QUINCY JUNIOR Ashley Caldwell was among the offensive standouts for the Red Raiders with two hits and two RBI. Here she is greeted by a teammate after scoring a run for NQ. Other photos on Page 19.

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QUINCY SHORTSTOP sophomore Ashley Grehan tags North Quincy senior Shannon O'Brien on a forceout at second base in the Red Raiders' 4-1 win over the Presidents April 25 at Mitchell/McCoy Field. The teams are scheduled to square off again Thursday, May 16 at 6:30 p.m. at Mitchell/McCoy Field.



QUINCY SENIOR Meghan Davis forces out North Quincy senior Camryn Burgio at third base in the Red Raiders' 4-1 win over the Presidents April 25 at Mitchell McCoy Field.

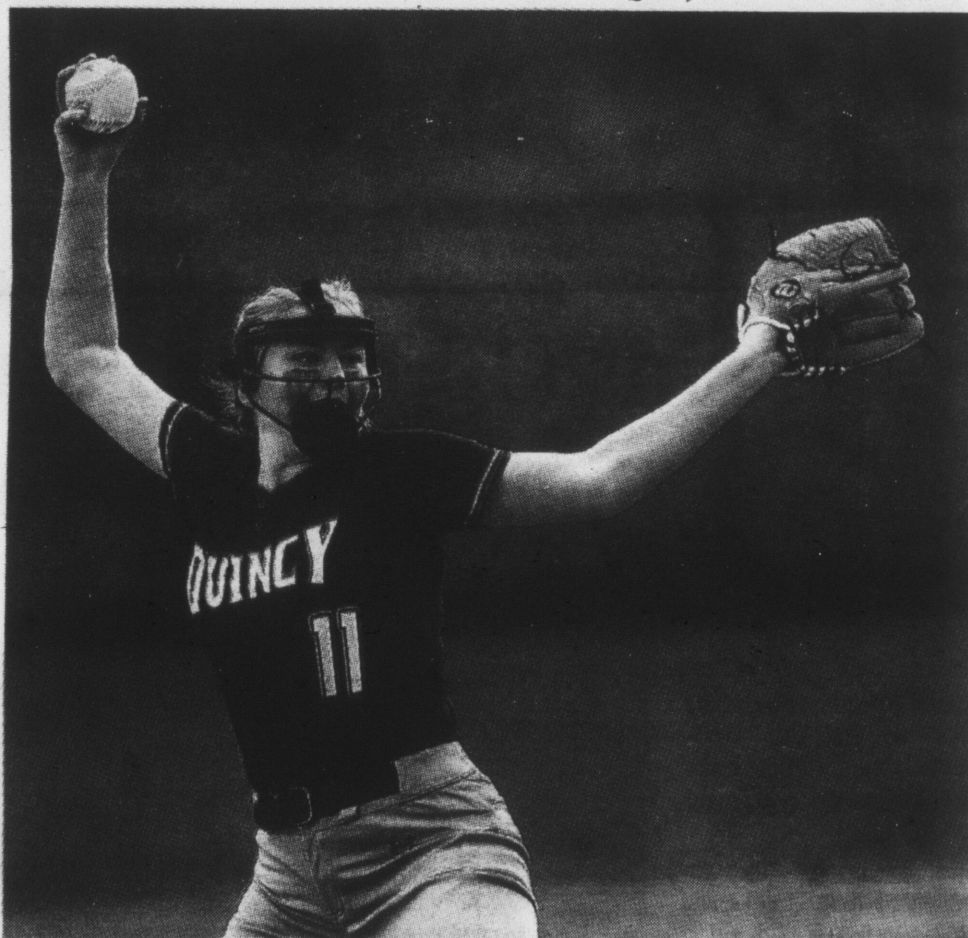


NORTH QUINCY senior centerfielder Samantha Smith makes a fine running catch against the Quincy Presidents.

More Q-NQ Softball Photos: www.TheQuincySun.com (galleries)



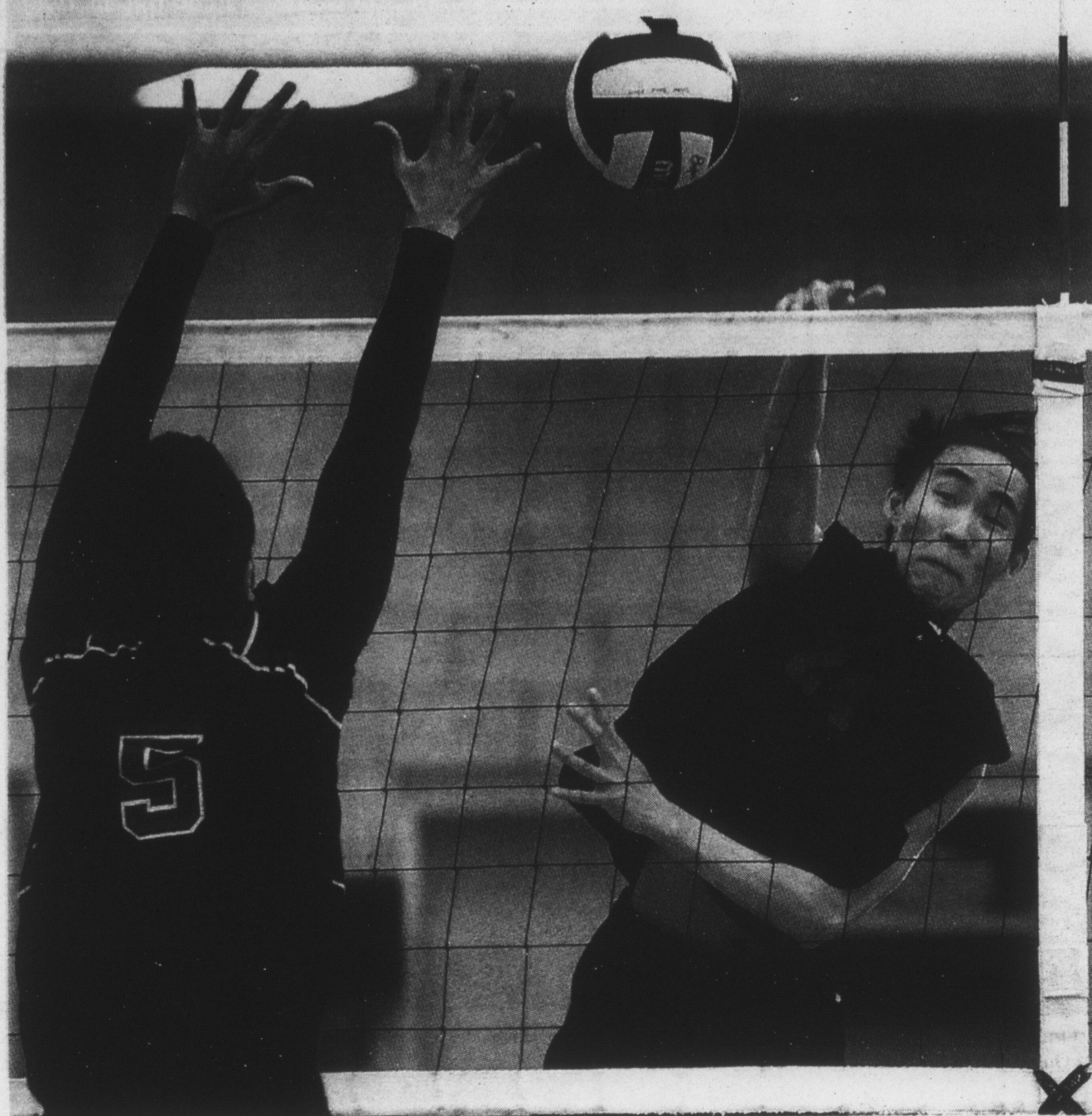
NORTH QUINCY CATCHER sophomore Ciara O'Connor made several outstanding catches on foul pop-ups for the Red Raiders including this one near the North Quincy bench and backstop.
Quincy Sun Photos/Robert Bosworth



QUINCY JUNIOR pitcher Juliana Tracey pitched well for the Presidents scattering eight hits, striking out seven, walking four and allowing three earned runs.



NORTH QUINCY softball captains (from left) Samantha Smith, Ashley Caldwell and Camryn Burgio show their support for teammate Alexa Radzik by wearing purple ribbons in memory of Alexa's mother, Liesl J. Radzik who passed away April 9. Both the North Quincy team and the Quincy Presidents softball team wore the ribbons in honor of Mrs. Radzik at their game April 25.



NORTH QUINCY'S TYLER LI scores a point in the Red Raiders' 3-0 win over Quincy High School on the Presidents' home-court April 24. With the win North Quincy improved to 7-1; Quincy dropped to 5-5. Quincy Sun Photos/Robert Bosworth

Valencius (10 Kills) Powers NQ Past Quincy In Boys Volleyball

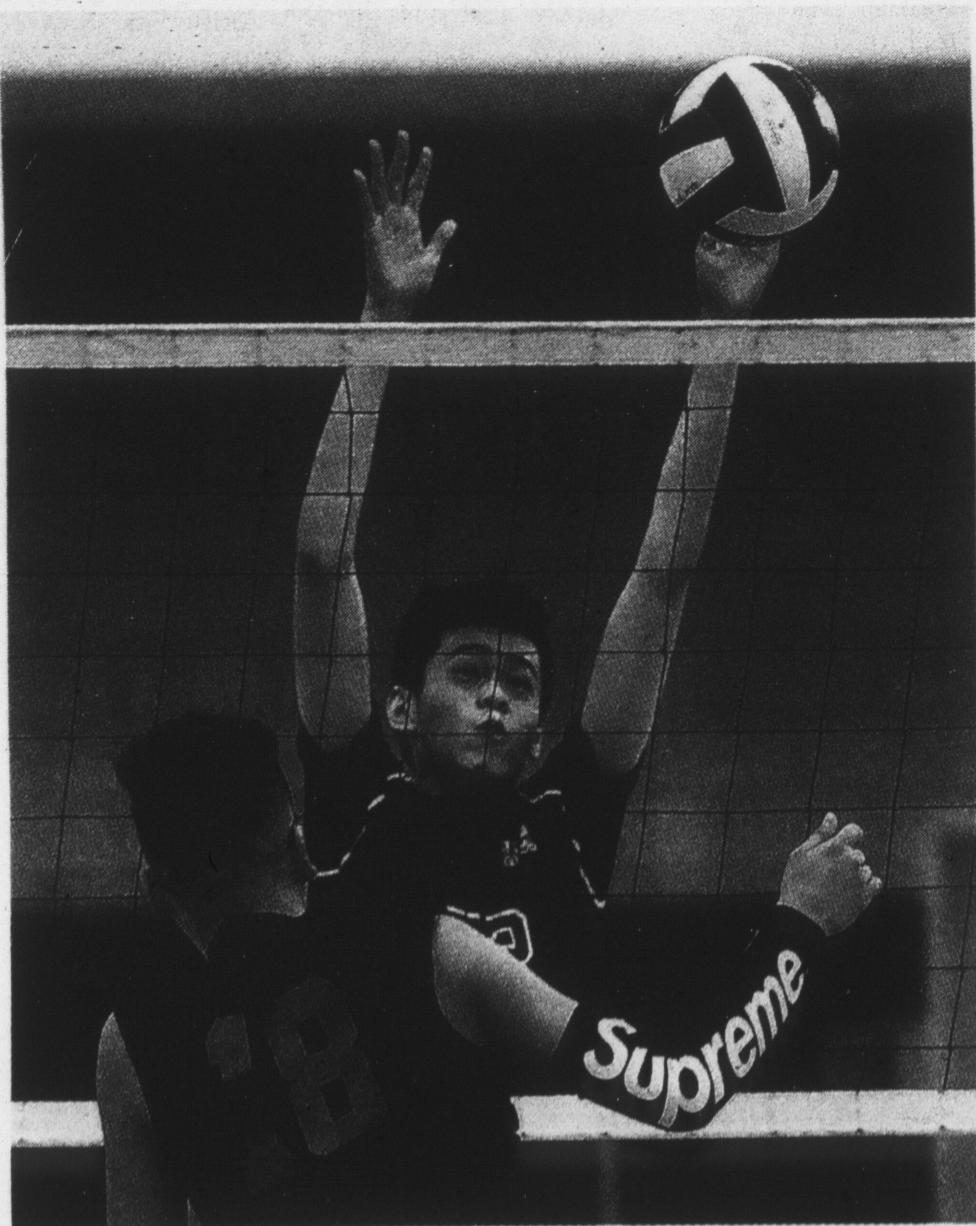
By TOM JOYCE

Both high schools in Quincy came together and it made for a hard fought boys' volleyball match.

The Quincy High boys' volleyball team hosted the North Quincy High team April 24 in a bout highlighted by long volleys and solid defense on both sides. Although it looked like it could have gone either way around the midway point, the veteran-laden Red Raiders surged in the second half en route to a 3-0 win over the Presidents. With the win, the Red Raiders improved to 7-1; the Presidents fell to 5-5 with the loss.

"I think it was just the lack of experience," Presidents head coach Jacqui Niosi said. "We're still learning how to put games away. So hopefully we'll do it one of these days and gain some experience. North is very seasoned. They have a lot of experience having made the postseason last year. Win or lose, you're getting better every time you touch the ball."

In the first set, both sides played tough volleyball. The Red Raiders jumped out to a 6-3 lead, but the Presidents fought back; they took six of the next 10 points to



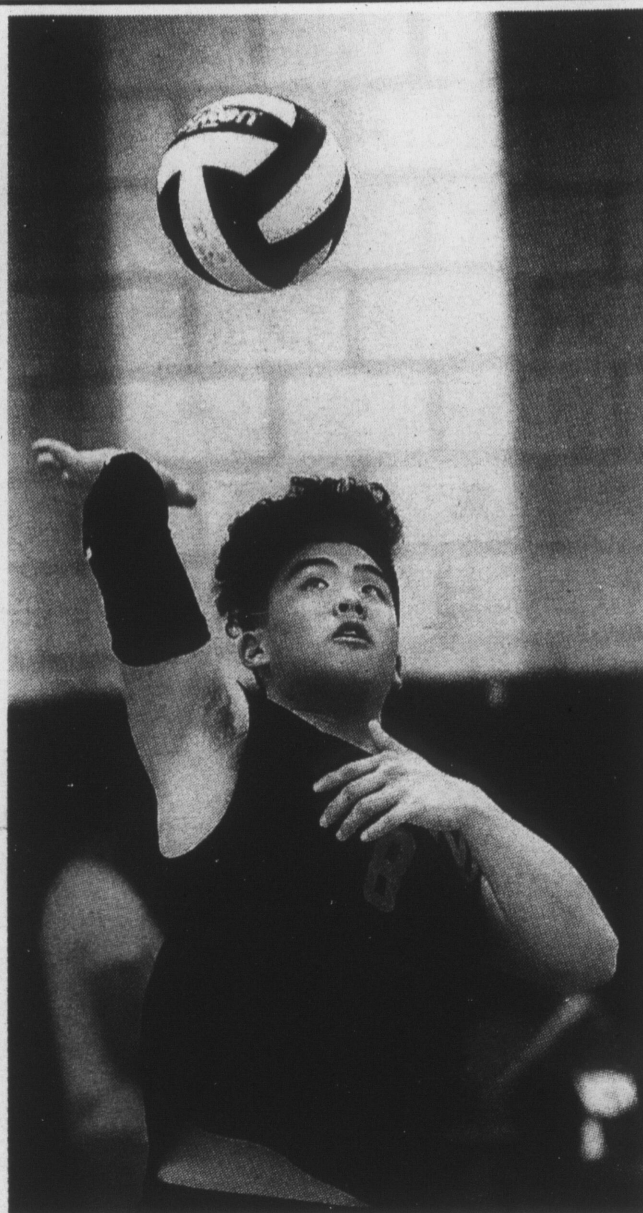
QUINCY'S HUY NGUYEN scores a point for the Presidents against the Red Raiders.

make it a 10-9 game and kept it competitive, eventually making it a 16-15

game. However, the Red Raiders pulled away from there, winning the next three

points to go up by four. Ultimately, North Quincy took

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NORTH QUINCY'S TONY NGUYEN serves for the Red Raiders against the Quincy Presidents.

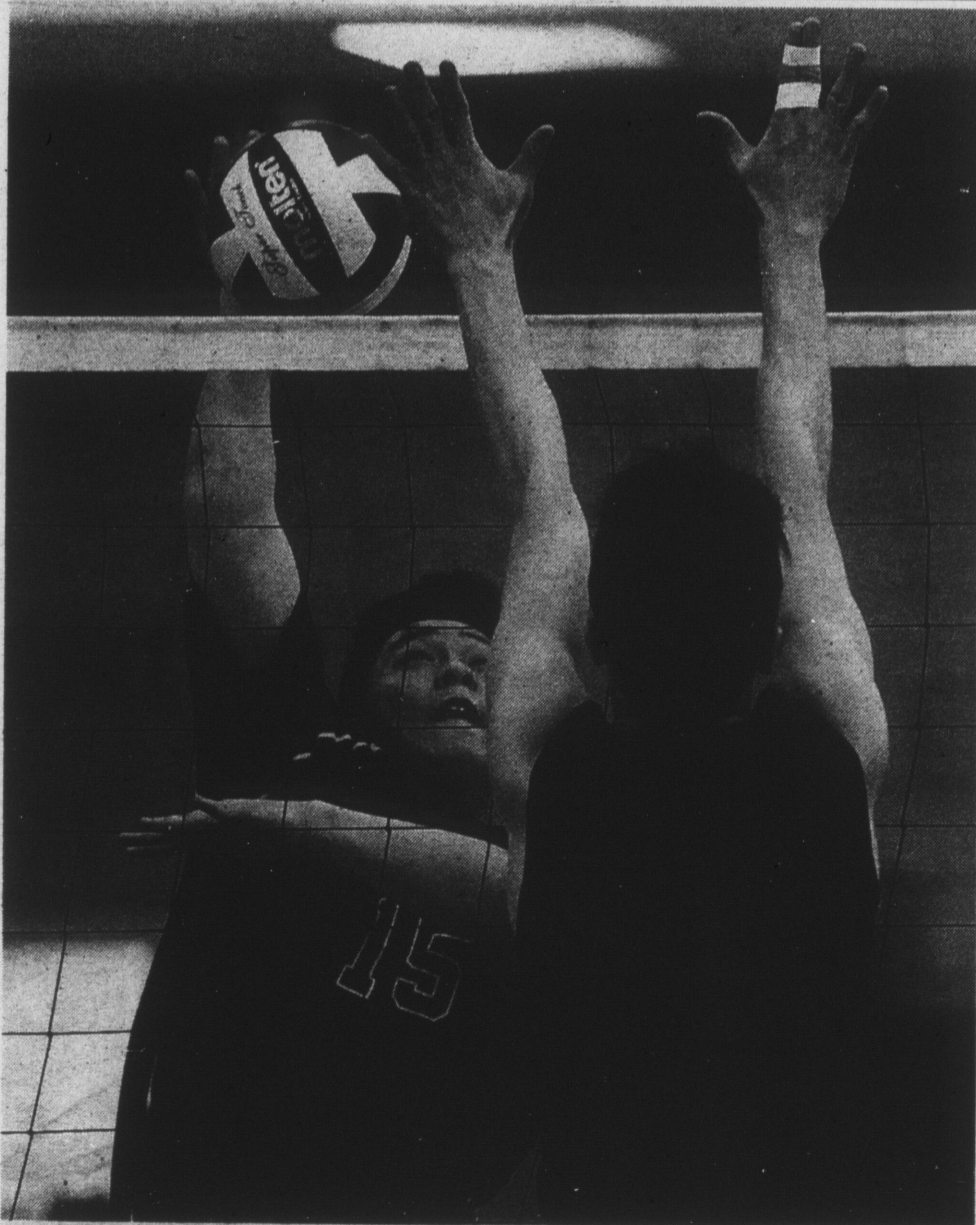


QUINCY'S KHALID ELBEIH sets up a Presidents' scoring chance against the Red Raiders April 24. The two teams will again play against each other Wednesday, May 15th at 5:30 p.m. at North Quincy High School.

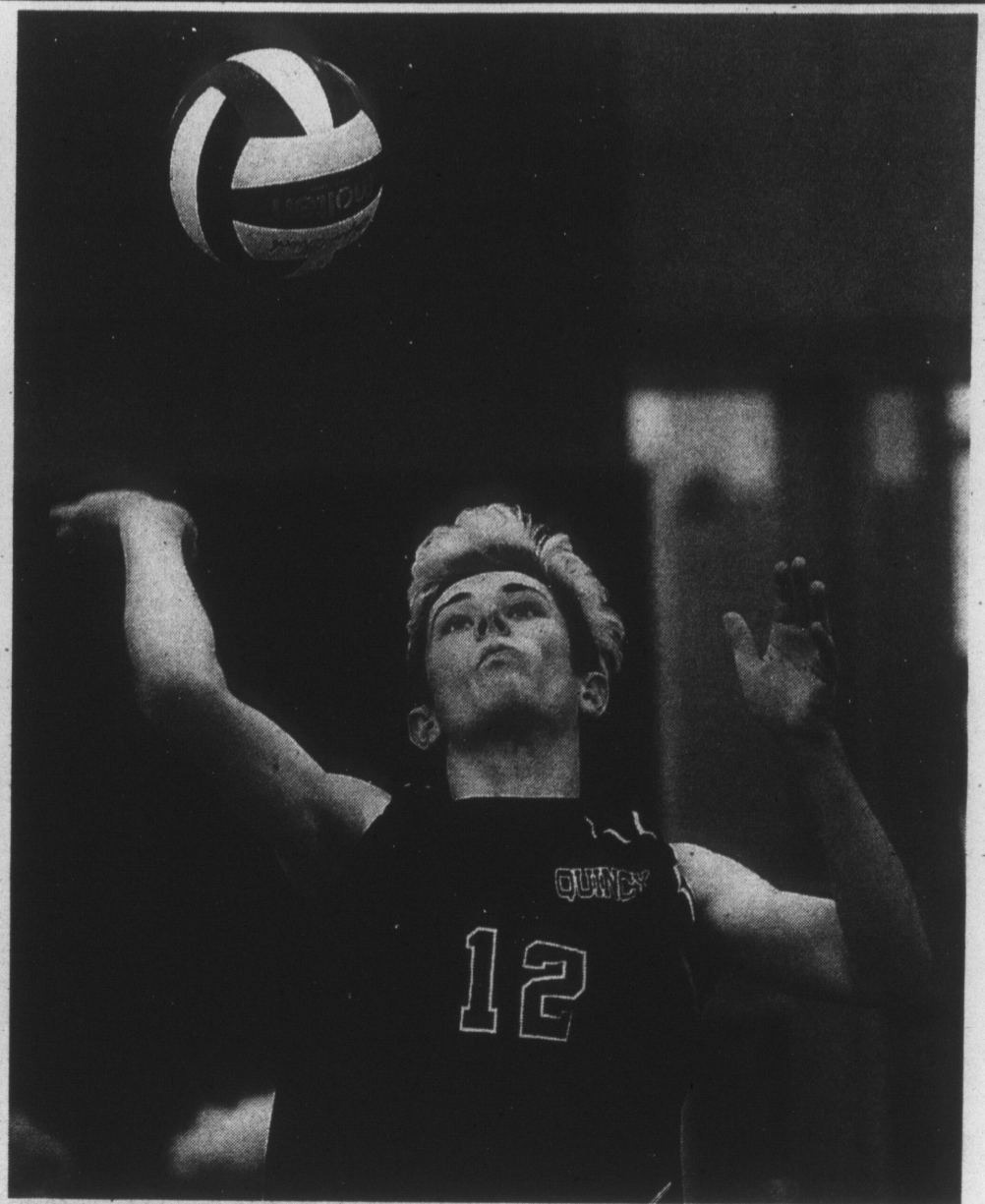
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QUINCY'S THOMAS LE scores a point for the Presidents against the North Quincy Red Raiders April 24. North Quincy won the match, 3-0, to improve to 7-1; Quincy fell to 5-5.



QUINCY'S THOMAS MacPHERSON keeps his eye on the ball as he serves for the Presidents against North Quincy.
Quincy Sun Photos/Robert Bosworth

Valencius (10 Kills) Powers NQ Past Quincy

Cont'd From Page 20

the set 25-19. Ian Valencius earned North the set point on a thunderous spike.

One set later, the Red Raiders got off to another good start, going up 8-5. However, the Presidents quickly surged back and gained an edge over them. Quincy went on a 13-4 run and found themselves up 18-12, which appeared as though it may shift the momentum in the contest. Ultimately, however, the Red Raiders surged back with a 13-4 run of their own to take the set 25-22.

Initially, North went on a 7-4 run to narrow the deficit to three, 22-19. This forced a Quincy timeout, but this did not change the momentum as North finished out the set on a 6-0 run.

This late momentum carried over into the third set for the Red Raiders as well. They started the set off on a 12-2 run before Quincy showed some late life, winning six of the next nine points to make it a 15-8 game. From there, North was able to close it out on a 10-1 run, winning the final set 25-9, their largest win of

the match.

"Besides the second set, it was pretty good," Red Raiders head coach Jason Cai said. "In the second set, we missed a bunch of serves. We had one bad one run we were having trouble breaking. Their defense was really good."

"We know what we can do," he added. "They know we just need one good serving run. I knew it was going to be Tony (Nyguen) to give us it. I was confident once I saw him up there he'd get us two, three and then get us back in there."

Ian Valencius propelled the Red Raiders offense with a game-high 10 kills. Tommy Nyguen (9 kills) and Tyler Li (9 kills) also performed well there. Defensively, Jeffrey Huang's 24 digs were by far the most; and Gary Liang amassed 21 assists on the day.

For the Presidents, Jacob Zarges led the offensive attack with a team-high seven kills. Tommy MacPherson shined defensively, putting up 11 digs. Thomas Le's eight digs were second on

the team and Khalid Elbeih led the way with 15 assists.

"We made some really good in-game adjustments I thought," Niosi said. "We cut down on our unforced errors, which was great against a really good team, especially when we were trying to be a little more aggressive against them. To do that was really good."

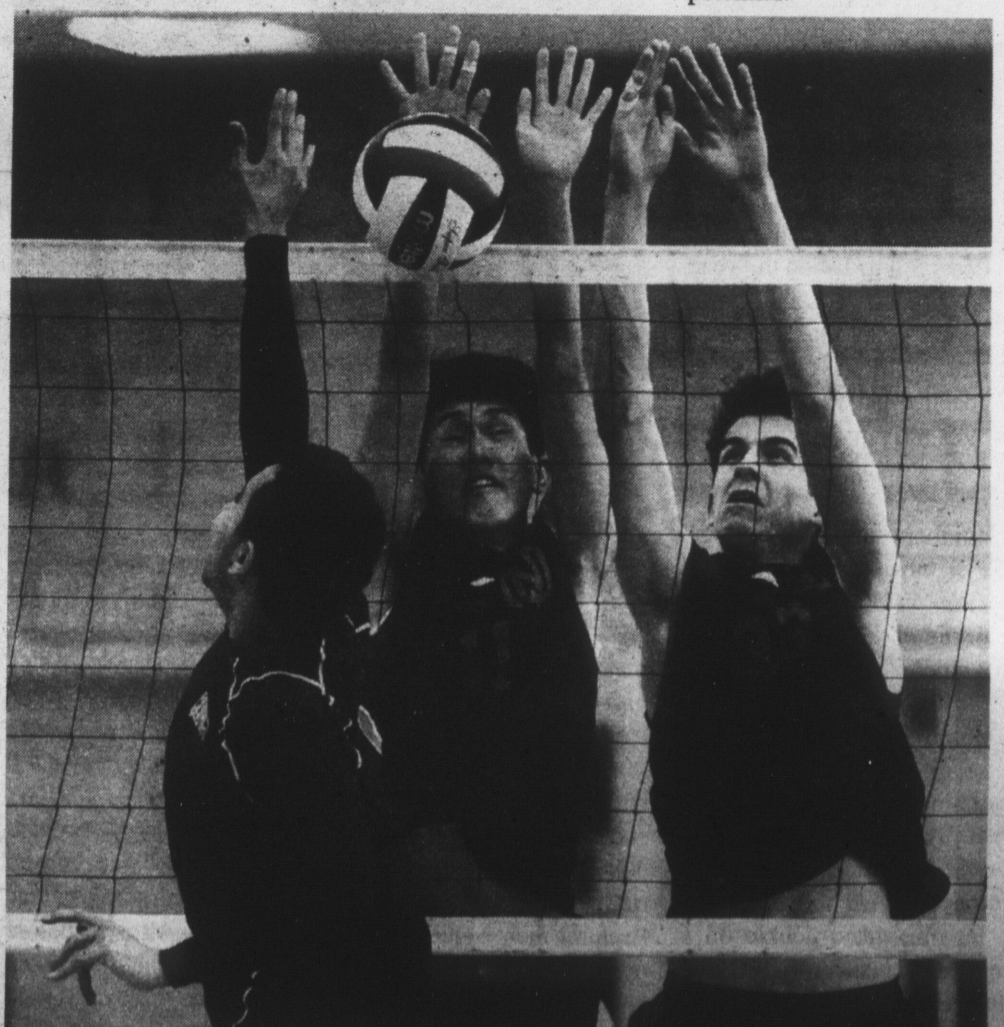
When Quincy and North Quincy play each other in volleyball, the rivalry is a friendly one; Niosi said many of the players know

each other from playing together at the local YMCA during the offseason and that is great for them to be able to compete during the season because they are so familiar with each other's playing styles. Cai agreed as well.

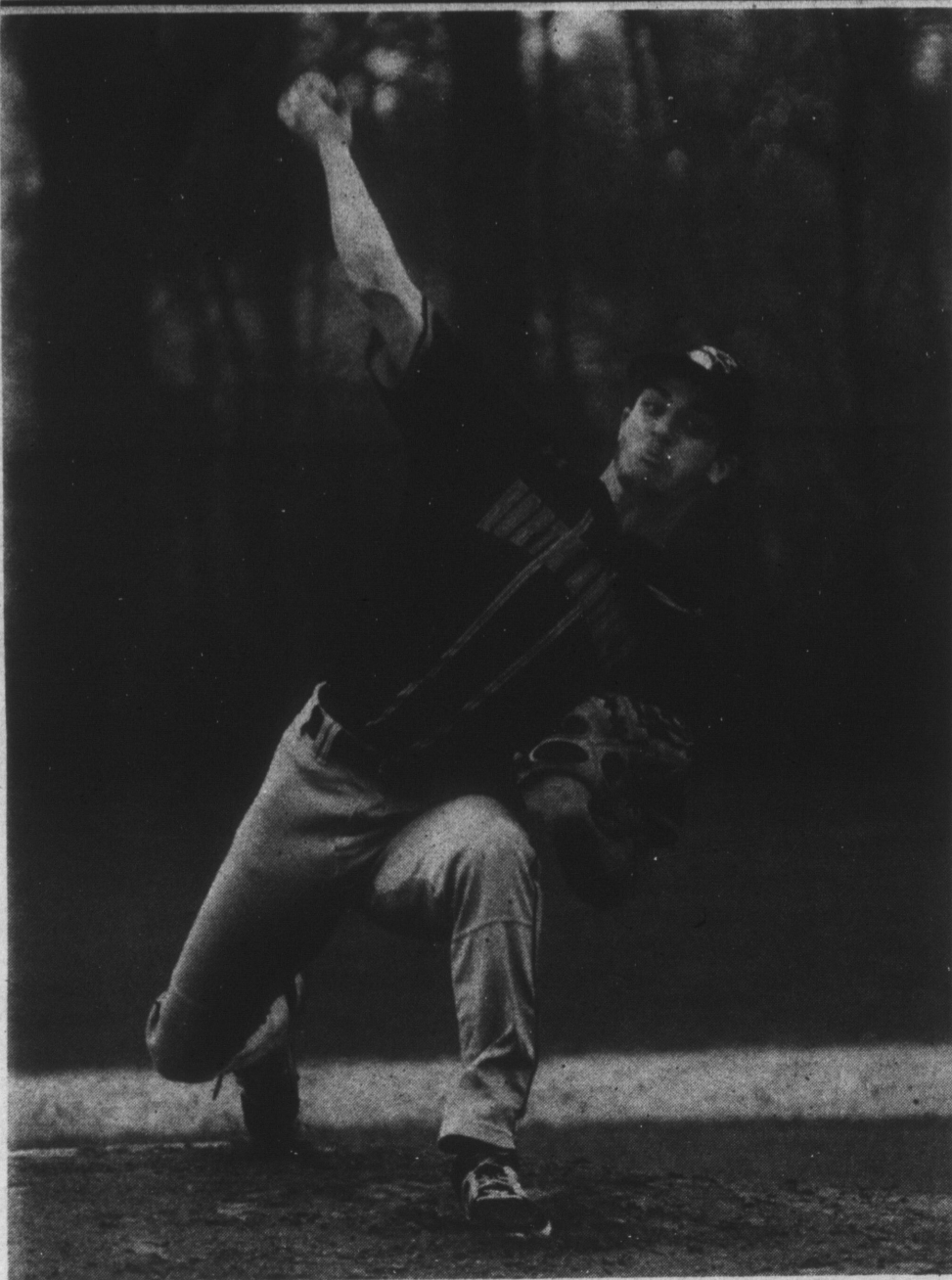
"It's always fun," Cai said. "For some reason, you come here and both teams every year play at the same level. They play 10 times harder in this game because they know each other. Everyone plays to their full potential."



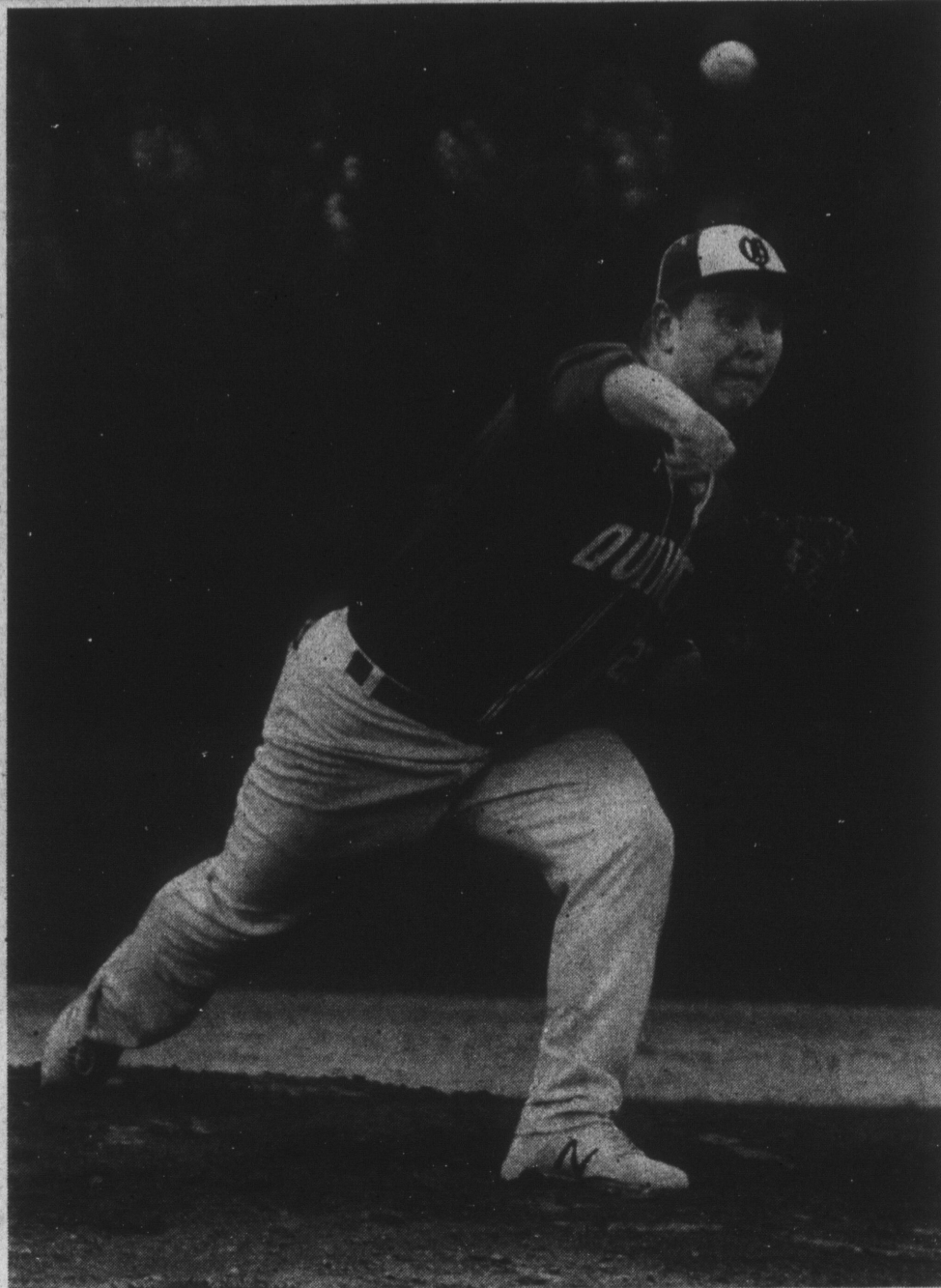
NORTH QUINCY'S JACK HUANG sets up a Red Raider scoring chance against the Quincy Presidents. More photos online: www.TheQuincySun.com (click galleries).



BATTLING AT THE net are Quincy's Khalid Elbeih (left) and North Quincy's Gary Liang (#11) and Ian Valencius (#33).



NORTH QUINCY High School pitcher Joe Brahimí pitched a complete game shutout in an 11-0 victory over Quincy High School April 25 at Adams Field. Quincy Sun Photos/Larry Carchedi



QUINCY'S PATRICK NAZZARO delivers a pitch in the first inning against North Quincy.

Brahimi Tosses Complete Game Win For North Quincy

Red Raiders Shut Out Presidents, 11-0

By TOM JOYCE

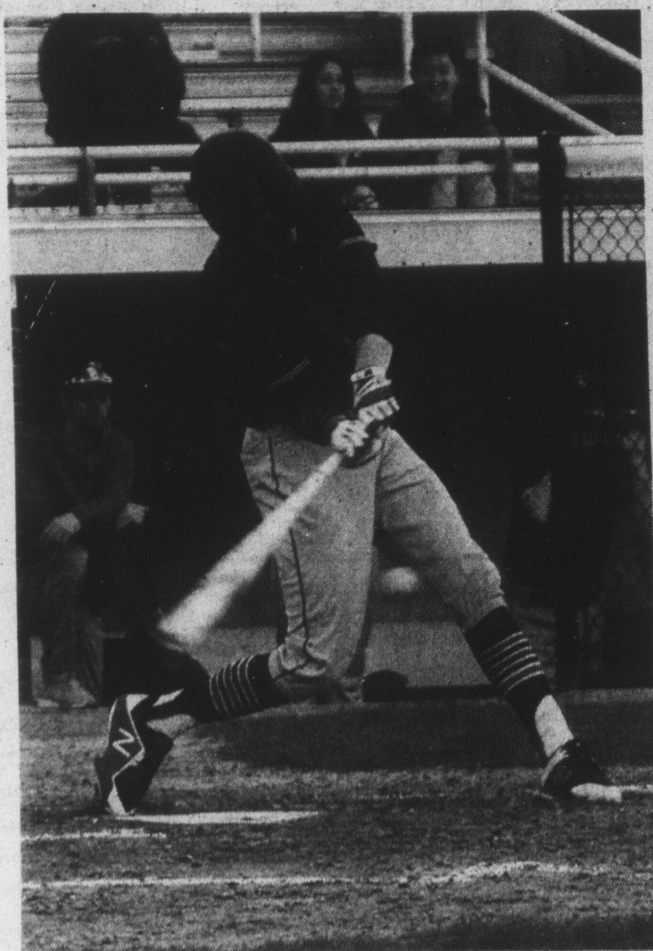
Dominant is the only word to describe the North Quincy High baseball team's performance April 25.

The Red Raiders faced their intra-city rival, the Quincy High Presidents, and picked up a mercy rule win. The Red Raiders swung the bats early, received a stellar pitching performance and picked up an 11-0 victory in a game called after six innings. With the win, they improved to 2-3 on the season; with the loss, the Presidents fell to 1-4 on the year.

"We had a ton of motivation going into this game already," Red Raiders head coach Matt Edgerly said. "For a rivalry game, the energy is going to be there, but it went to another level for a number of different reasons. I'm most proud of our seniors' effort today, and I'm proud of the team's effort as a whole."

The Red Raiders were dominant early, scoring seven runs in the first two innings of the game.

Brady McGuinness, who collected three hits on the day, led things off by legging out a double on a popup to shallow left field where three Quincy fielders converged but could not make the catch. Andrew Ai-



NORTH QUINCY'S Danny Ferrara had three hits for the Red Raiders driving in two runs and scoring twice.

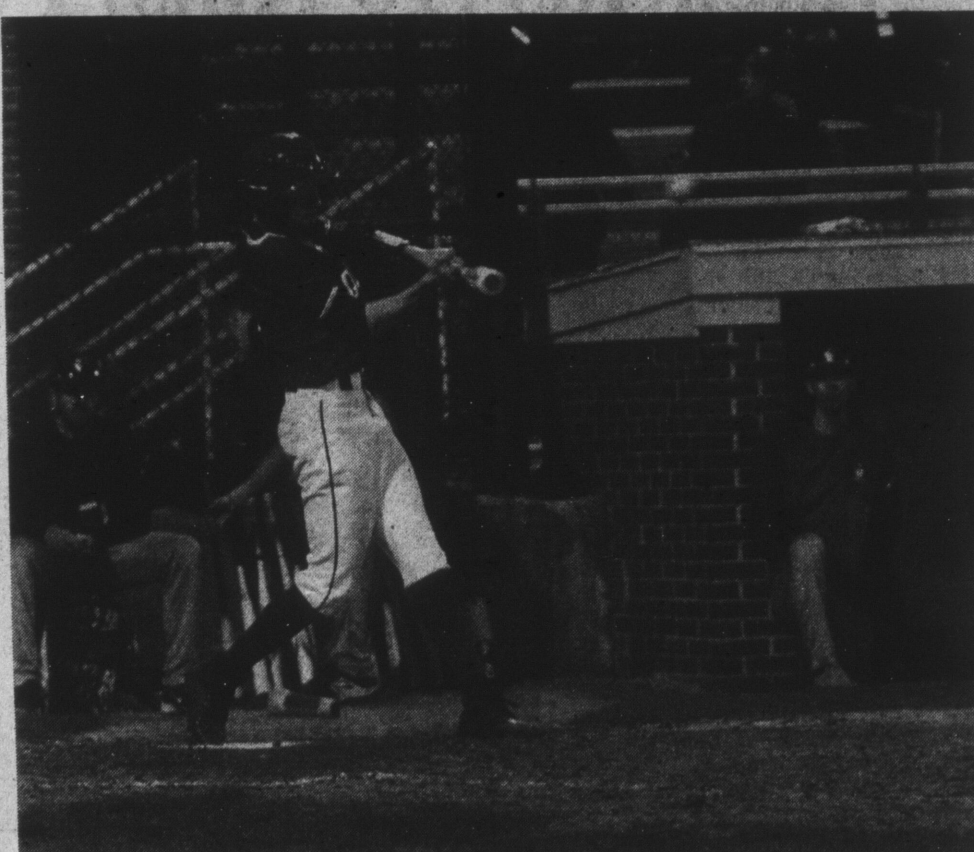
rosus then sacrifice bunted him over to third base. Liam Hines then walked.

During Joe Brahimí's at-bat, McGuinness and Hines successfully pulled off a double steal which scored a run and put Hines on third. Brahimí then walked. Danny Ferrara hit after him and knocked in an RBI single on a liner to right field. The next batter, Brian Pham, then had

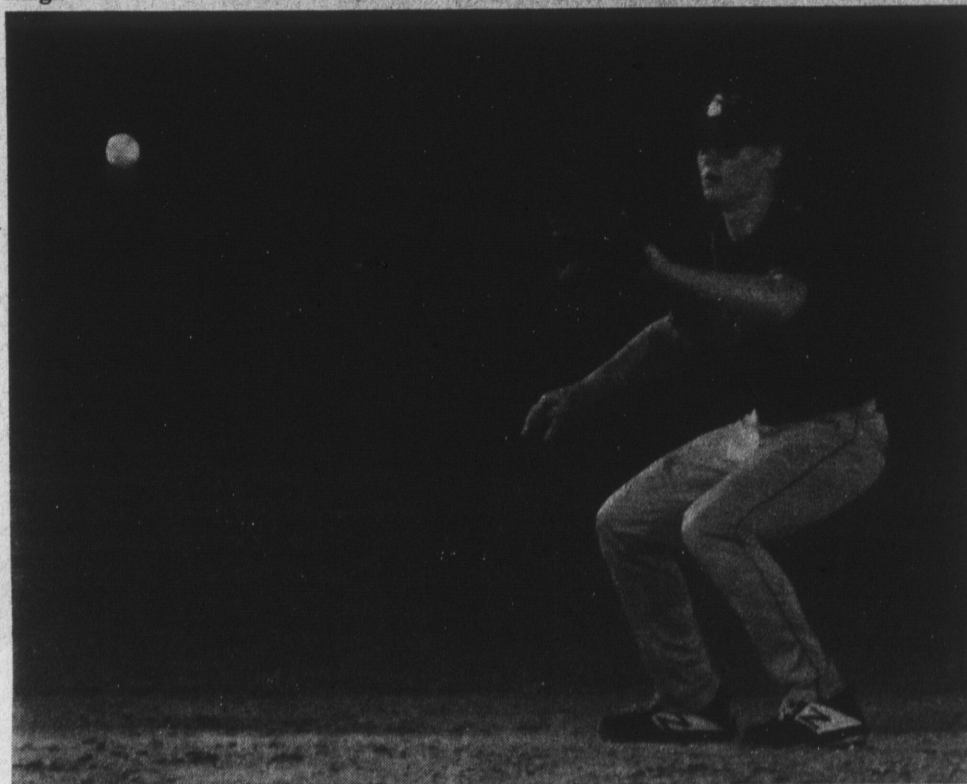
a two RBI double which quickly rolled out of reach for the left fielder; Pham's hit gave North Quincy a 4-0 edge.

An inning later, McGuinness singled, was moved over to second on a sac bunt from Airosus before Hines and Brahimí walked to load the bases. A wild pitch during Ferrara's plate

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QUINCY'S DREW POLSGROVE gets a hold of the ball flying out to left field in the third inning.

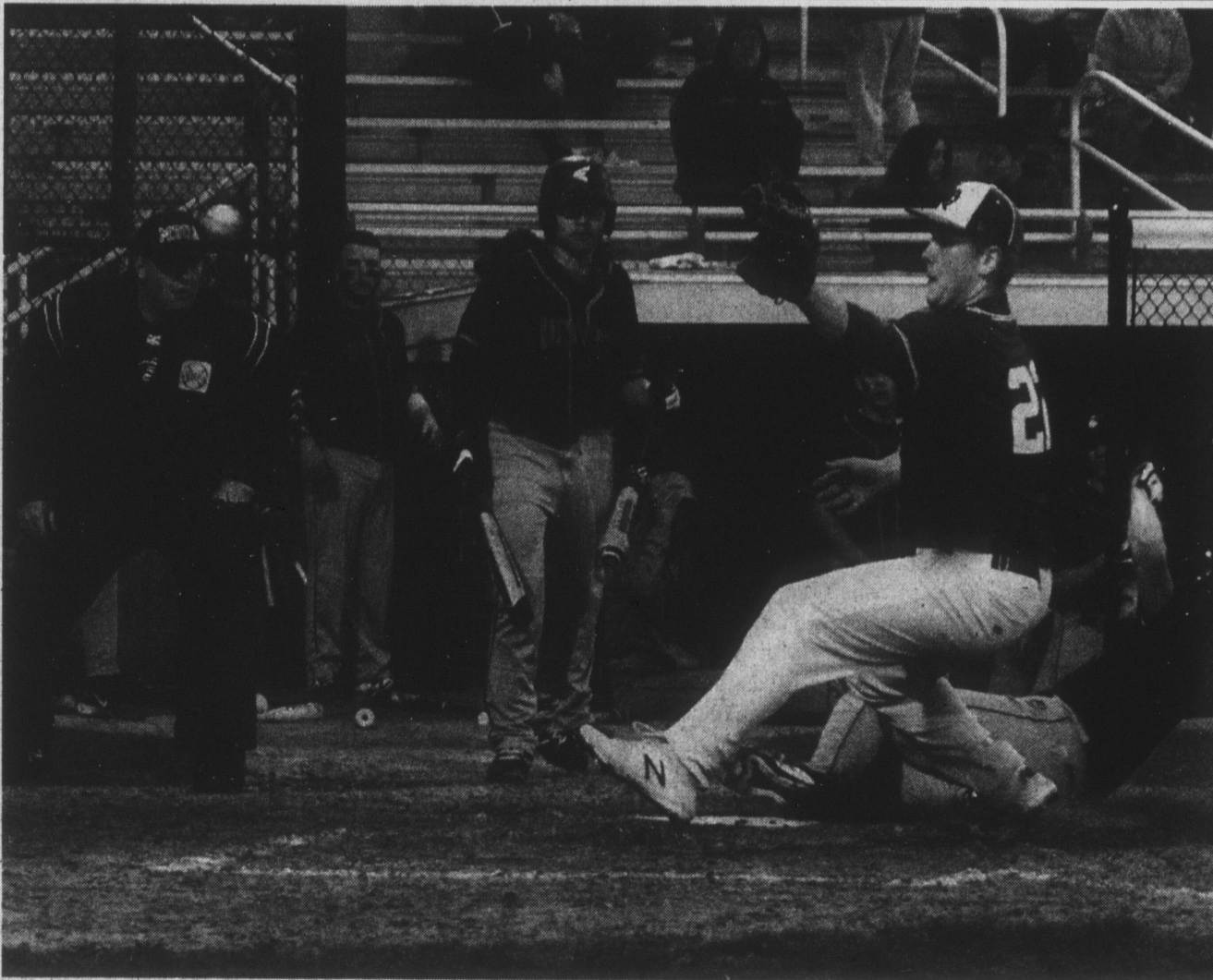


NORTH QUINCY'S Noah Wines fields a ground ball in the fourth inning.

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ON A CLOSE play at the plate, North Quincy's Brian Pham (2 hits and 2 RBIs) slides under the throw.

Brahimi Tosses Complete Game Win For North Quincy Over Quincy

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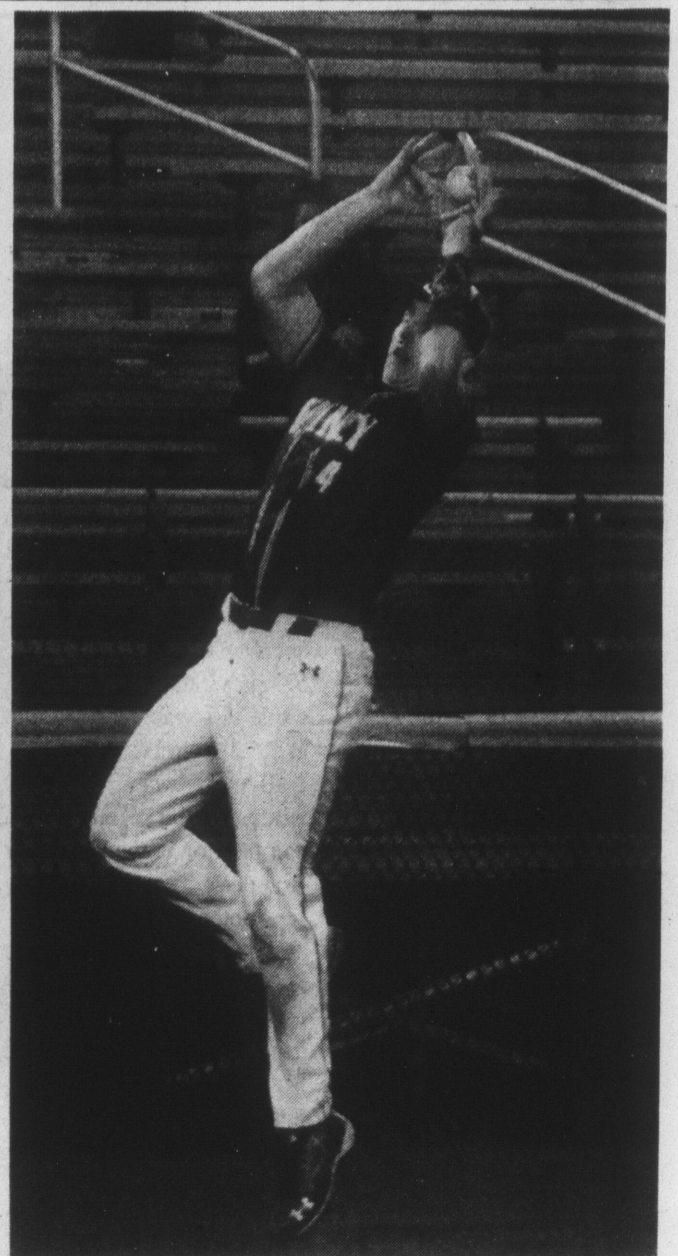
appearance scored a run, as did one during Pham's, both of whom drew walks. After Pham's walk, Quincy pulled the starting pitcher and put in Bobby Dunn, who would pitch the rest of the game. Dunn surrendered a sacrifice fly to Noah Wines with one out in the inning to make it a 7-0 contest in North Quincy's favor.

Edgerly said he was impressed by his team's senior class offensively. McGinnes, Ferrara and Pham

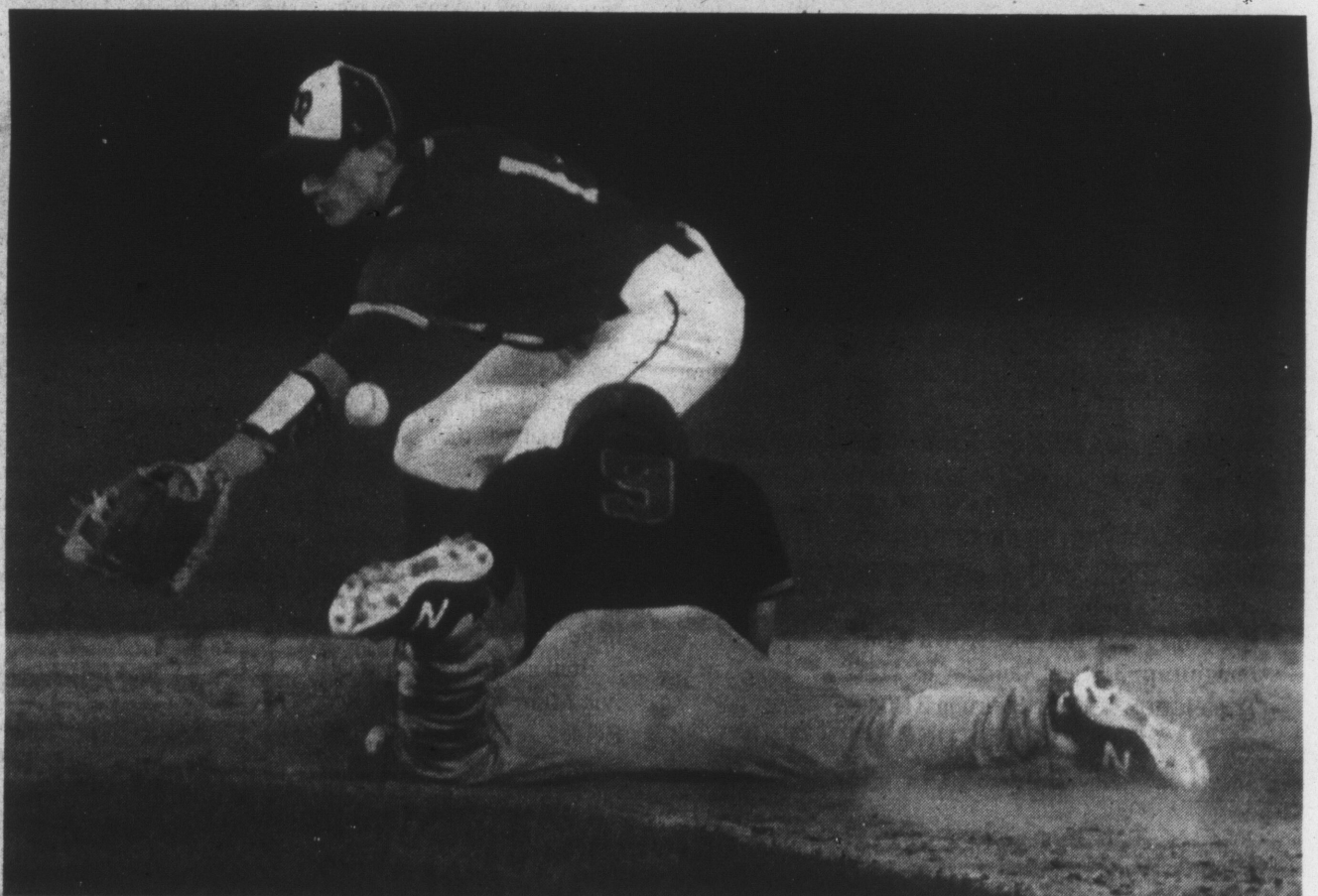
each had three hits apiece for the Red Raiders. Airosus had a double in addition to his sacrifice hits. Noah Wines knocked in a run and Pete Ayers drove the ball hard in his pinch hit at-bat.

On the mound, smart situational baseball allowed the Red Raiders to escape the first inning unscathed. After that, however, they cruised.

Starting pitcher Joe Brahimi shined for the Red Raiders, picking up the complete game shutout and



QUINCY'S ERIK MAYO tracks down a pop-up off the bat of North Quincy's Brian Pham to end the fifth inning.



NORTH QUINCY'S Andrew Airosus beats the throw to second base as Quincy's Drew Polsgrove reaches for the throw.

Quincy Sun Photos/Larry Carchedi

QUINCY TRACK CLUB

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\$80 per child \$160 Family Rate



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win. The hard throwing sophomore fired six scoreless innings, allowing zero walks and six hits while striking out eight batters.

"The biggest thing for me is no walks," Edgerly said. "From the get go, we wanted to attack them and not let up any free passes. But he did better than I could have even expected with no walks."

"Brahimi brings it," he added. "He pitches with a lot of energy. He works really hard at it too and has been all year long. For games like this, it's awesome to see him put everything together today."

Two of those hits came in the first inning on back-to-back singles from Devin Desmond and Michael Sci-

bilio, Quincy's first two batters. However, during Griffin Lynch's at-bat, North Quincy freshman catcher Johnny Lynch threw out Desmond attempting to steal third base.

"He's been unbelievable behind the plate yesterday and today keeping everything in front of him," Edgerly said of his freshman catcher. "Only one passed ball in his first two games. He's just been awesome."

Brahimi then picked off the runner at first base and got a strikeout to end the threat.

"That first inning could've gone a lot of ways, but we just talk a lot about adversity and working our way through it," Edgerly said. "This team has already

faced a lot of adversity losing our starting catcher a few weeks ago. We talked about how that's not going to be an excuse. To give up those two hits and to get two quick outs, that's the sort of adversity we've fought through and it really set the tone for us."

The closest the Presi-

dents came to scoring a run was in the top of the sixth inning. Scibilio collected his second hit of the day with one out in the inning and reached third base on a passed ball and a wild pitch. However, Brahimi fanned the next two batters, ending the game.

Morrisette Legion Baseball Tryouts

Morrisette Legion will host its baseball tryouts for Junior and Senior Legion Saturdays and Sundays in May: May 4-5, May 11-12, and May 18-19 at 12:30 p.m. at O'Rourke Field.

This tryout is for anyone 13-19 years old who wants

to play summer baseball for either the Junior team or the Senior team. Junior Legion age is 13-17. Senior Legion is up to 19 years old.

For more information contact Steve Maze at Morrisetteball@aol.com.

Emily Bryson Wins 11th, 12th College Conference Championships

Brandeis University senior Emily Bryson of Quincy capped her illustrious University Athletic Association career with her 11th and 12th conference championships at the recent UAA Outdoor Track and Field Championships at Emory University.

Bryson started off by winning the event in which she was the defending champion and entered with the fastest time in Division III this season, the 1,500-meter run. She did not disappoint in the first individual race of the day, winning by nearly four seconds with a time of 4:37.94. Brandeis also got scoring performances in the race from Emily's twin sister Julia Bryson who was sixth in 4:44.01. Both Brysons are graduates of North Quincy High School.

Emily Bryson came back in the final individual race

of the meet, the 5,000-meter run, and dominated the field. Bryson's season-best time of 17:35.61 was nearly 25 seconds faster than runner-up Paige Lawler of Washington University. Lawler was the defending champ and UAA record holder in the race. Of Bryson's 12 UAA championships, they have come in seven different events. She had won the 5K previously as a rookie, while this was her third win at 1,500 meters.

Bryson was the only winner on the second day of competition at the UAAs for Brandeis.

Another Quincy student-athlete at Brandeis, rookie Devin Hiltunen, competed for the women's 4x400 meter relay team that finished fifth with a time of 4:01.99. Hiltunen is also a graduate of North Quincy High School.

Quincy-North Quincy Track Vs. Plymouth North

GIRLS RESULTS PN 85 QNQ 51

100m: 3. Catherine Brown 13.8
200m: 2. Nnene Ugah 27.2
400m: 1. Jennie Burgess 64.4
800m: 2. Maeve White 2:36.6
1 mile: 2. Abby Murphy 5:44.0
2 mile: 3. Lezly Acevedo 13:24.9
100m HH: 1. Kiera Sleiman 17.4
2. Isabel Doherty 18.1
400m LH: 1. Sorchia Quinn 1:12.2
4x100m Relay: 2. Ugan, Michelle Chen, Emilia Henry, Brown 52.8
4x400m Relay: 2. Quinn, Emma Lyons, Burgess, Murphy 4:31.5
Shotput: 2. Pilar Brown 24'09.5"
Discus: 1. Rachel Smith 88'01"
Javelin: 2. Sorchia Quinn 94'09"
3. Emilia Henry 80'11"
Highjump: 1. Catherine Brown 4'06"
Longjump: 3. Kiera Sleiman 13'11.5"
Triplejump: 1. Kiera Sleiman 31'04.85"
BOYS RESULTS QNQ 91 PN 41
100m: 2. Proudley Louis 11.7
3. Matt Wong 12.2
200m: No QNQ scorers
400m: 1. Brian Gutro 53.4
800m: 3. Quang Vinh Tran 2:15.3
1 mile: 1. Ryan Polsgrove 5:03.0
2. Nick Ouellette 5:12.0
2 mile: 1. Robert Cannon 10:50.0
110m HH: 3. Jonathan Bina 21.6
400m IH: 3. Robert Donovan 64.4
4x100m Relay: 2. Las, Louis, Wong, Hill 46.8
4x400m Relay: 2. Polsgrove, Donovan, Tran, Gutro 3:51.2
Shotput: 2. Mike Gordon 42'10.75"
Discus: Troy Isaac 108'07"
Javelin: NO QNQ SCORERS
Longjump: 3. Brian Gutro 17'04.75"
Highjump: 1. Sean Hill 5'04"
Triplejump: NO QNQ SCORERS

Quincy Youth Baseball & Softball Senior Babe Ruth Baseball Tryouts

O'Rourke Field 515 Quarry Street Quincy, MA
Sat 5/4, Sun 5/5, Sat 5/11, Sun 5/12, Sat 5/18, Sun 5/19

Each session will begin at 2:30pm
(Ages 15 to 19 eligible)

For more information contact:
Coach Paul Hellmuth at 781-706-7594

City Upgrading Over 25 Playgrounds

Mayor Thomas Koch announces the spring and summer 2019 schedule for playground replacements throughout Quincy's neighborhoods. More than 25 playgrounds are being upgraded as part of the mayor's initiative to provide high-quality parks and playgrounds in every neighborhood.

This spring work will be ongoing at Atherton Hough School in Houghs Neck, Boyson Playground in Adams Shore, Flynn Playground on Elm Street, Mass Fields Playground in Wollaston, and the Stoney Brae Playground adjacent to the Furnace Brook Golf Course. Playground equipment will also be added to the Kincaide Park renovation project in Southwest Quincy and new swings will be added to Forbes Hill Playground.

This summer work will be undertaken to replace playgrounds at Montclair School, Parker School in North Quincy, and Snug Harbor School in German-

town. This fall, renovations are planned for Bishop Field Playground in Montclair, O'Rourke Park Playground in West Quincy, Welcome Young Playground in North Quincy, and the Whitwell Street Playground on Hospital Hill. Plans are also being drawn up to improve the playgrounds at LaBrecque Field in Houghs Neck, Collins Rest-a-While in Mer-

rymount Park, and Flaherty Park in West Quincy. Renovations were completed last year at Beechwood Knoll School, Marshall School, Bradford Park, Lincoln-Hancock School, Wollaston School, Fore River Field, Faxon Park, and Bernazanni School.

"We have been making quality of life investments in a variety of important areas, including our parks and playgrounds," Koch said.

"Each and every neighborhood in Quincy will benefit from this program and a generation of young people will enjoy high-quality playground facilities as a result. I want to thank the City Council and the Community Preservation Committee for their support of

this important endeavor."

New rubber surfacing is being added to the city's playgrounds to improve handicap accessibility. The rubber surfacing increases access to a variety of play elements.

In addition to the playground improvement initiative, the city is also investing more than \$30 million for other park and recreational facility upgrades throughout the city. The mayor's park capital improvement plan included the construction of the Hancock-Adams Common and major facility upgrades to tennis courts, basketball courts, ballfields, and other significant improvements in every neighborhood in the city.

NQ Girls Lacrosse Edged By Hull

By TOM JOYCE

It could have gone either way, but it did not go in the North Quincy High girls lacrosse team's favor.

The Red Raiders battled for 50 minutes on the road against the Hull Pirates on Monday and despite an early deficit, they fought hard to overcome it. Ultimately, the Red Raiders dropped the contest 13-12 and with the loss, they fell to 2-6 on the season.

Initially, Hull was the dominant team, going up 3-0 in the first five minutes of the contest. Hull won the opening faceoff, rushed downfield and scored the first goal of the game 16 seconds into it. About 90 seconds later, they bounced another into the back of the net and 4:51 into the game, they extended their lead to three.

Junior midfielder Olivia Murray helped the Red Raiders claw back, excelling offensively in the contest. She put the Red Raiders on the scoreboard with 15:19 remaining in the first half; she found the bottom right corner of the net and bounced in a goal. One minute later, she beat out a pair of Hull defenders, making it a 3-2 contest.

However, the Pirates countered with a goal of their own less than one minute later and with 10:29 left in the half, they fired in another to go up 5-2.

In a 12-second span, the Red Raiders once again made it a one goal game. With 9:19 left in the first half, Teresa Sheedy netted a goal to narrow the deficit; 12 seconds later, Murray scored another goal after North Quincy won the faceoff and got a quick downfield rush.

Just 26 seconds later, Hull flung a goal into the top of the Red Raiders net. Less than a minute after

charging towards the net. Although Hull scored less than two minutes later, senior center Celia White countered with a goal of her own, keeping it a one goal game.

Murray then tied the game with 17:34 remaining, rolling a groundball past the Hull goaltender to make it a 9-9 contest. Strong play in net from junior goalie Joanna Setow, who recorded a pair of saves around the 15 minute mark, helped preserve the tie.

With 14:31 left, Murray's goal presented the Red Raiders with their first lead of the game. She scored again with 10:39 remaining after scooping up a groundball and running towards the opposing goaltender. How-

ever, the Red Raiders were unable to protect this lead. Hull whipped a grounder into the back of the North Quincy net with 9:37 remaining in the game to make it a one goal game, 11-10. They also burst out for three goals in a 56 second span 16:59 into the second half, putting them up by two goals, 13-11, with 6:07 left in the game.

Ultimately, the Red Raiders could not overcome this deficit. Senior midfielder Lindsey Lee beat a Hull defender to the right side and made it a 13-12 game. From there, however, the Pirates dominated possession time, preventing the Red Raiders from getting another shot on net.

With 14:31 left, Murray's goal presented the Red Raiders with their first lead of the game. She scored again with 10:39 remaining after scooping up a groundball and running towards the opposing goaltender. How-

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9AM - 1PM CAVANAGH FIELD

\$25* REGISTER ONLINE BY MAY 6TH

Online registration includes a T-shirt and Glasses

*\$30 registration day of, at the field, t-shirt not guaranteed

For more information and to register visit:

<https://ParkerColorRun.EventBrite.com>

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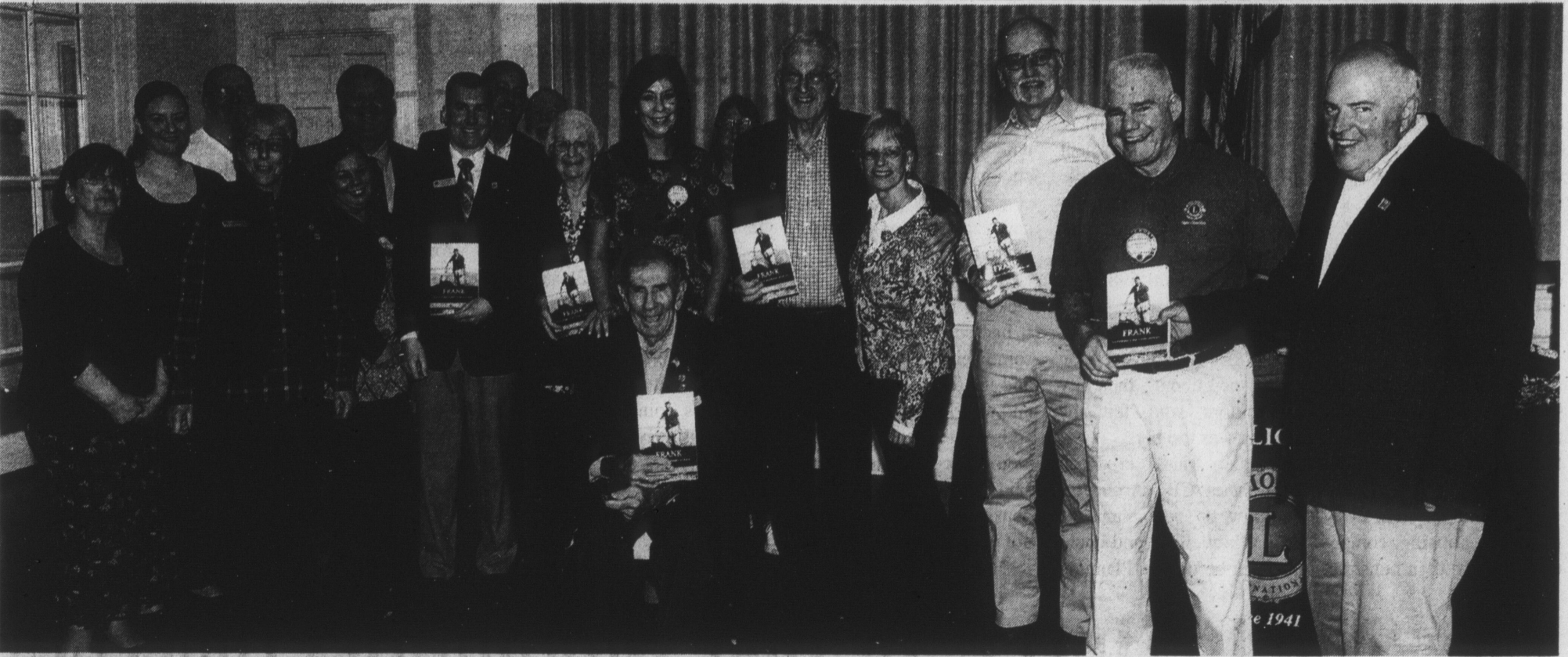
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FORMER MAYOR and author Frank McCauley (front, seated) was a guest speaker at a recent Quincy Lions Club meeting and talked about his new autobiography, "FRANK: From Bootlegger to Bank President and Beyond." McCauley is a 59-year member of the Quincy Lions Club. He also signed copies of his new book for fellow Lions Club members shown here at the conclusion of the luncheon held at the Neighborhood Club of Quincy.

Quincy Sun Photo/Robert Bosworth

McCauley Signs Copies Of Autobiography

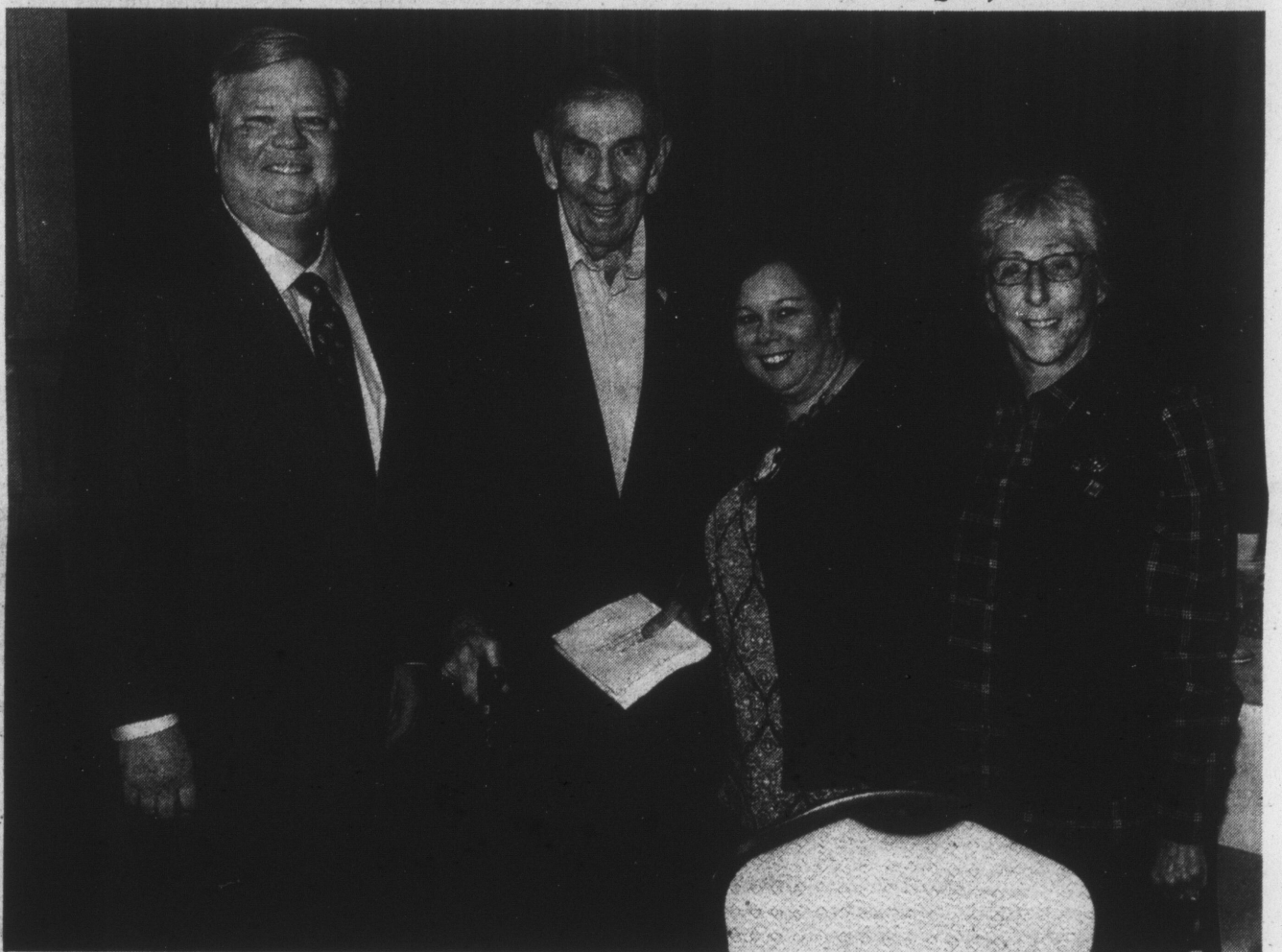
*At Lions Club Meeting,
Quincy Historical Society*

Frank McCauley had a chance to meet both old and new friends April 20, when the former Quincy mayor signed copies of his newly published autobiography at the Quincy Historical Society.

Everyone from lifelong friends and local residents to former city officials and reporters who had covered city politics lined up to have McCauley sign copies of "FRANK: From Bootlegger to Bank President and Beyond." The Quincy Histori-

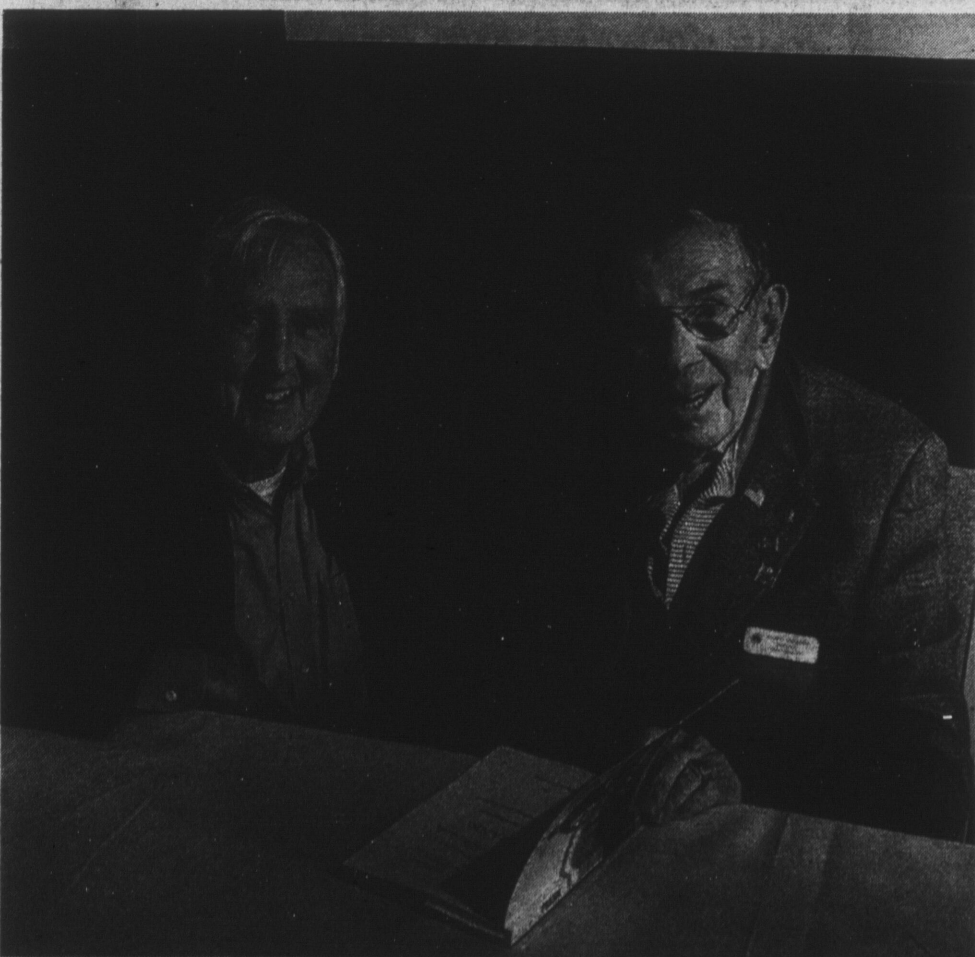
cal Society signing followed an April 18 presentation to the Quincy Lions Club.

"FRANK: From Bootlegger to Bank President and Beyond" is available in paperback and ebook formats from Amazon.com at: https://www.amazon.com/dp/1795420847/ref=sr_1_fknull_2?keywords=Francis+X.+McCauley&qid=1549827712&s=gateway&sr=8-2-fknull. The book is also available at The Quincy Historical Society gift shop, 8 Adams St., Quincy.



LONGTIME QUINCY LION Frank McCauley (second from left) was the guest speaker at a recent meeting held at the Neighborhood Club of Quincy. Greeting the former mayor holding a copy of his autobiography are members of the Lions Board of Directors - from left: Don Uvanitte, Amy Huber and Karen Giovannello.

Quincy Sun Photo/Robert Bosworth



FORMER MAYOR Frank McCauley (right) signs a copy of his autobiography, "FRANK: From Bootlegger to Bank President and Beyond," for Jim Edwards, at a recent book signing held at the Quincy Historical Society.

Photo Courtesy Jennifer Logue



FORMER CITY SOLICITOR and Housing Authority Director Jay MacRitchie chats with former Mayor Frank McCauley at the book signing at the Quincy Historical Society.

Photo Courtesy Jennifer Logue

Hughes Seeks To Unlink QMC, Ross Lot Plans

Cont'd From Page 11

ment for affordable housing at the Whitwell Street site. Reale said the company does not intend to have the remaining 146 units rented at the market rate and hopes to work with the city to determine what those rents would be.

"I look forward to working out what that mix should be. It's a unique opportunity to try solve something," Reale said.

FoxRock, he added, would prefer to walk away from the housing component entirely than construct

an entire building of market-rate or luxury apartments.

City Council President Brad Croall asked Reale about FoxRock's plan for the Quincy Medical Center site. The company's initial proposal to build 598 units on site, which went before the Planning Board in October, got an icy reception from neighbors and city councillors who felt the project was too big.

Reale said FoxRock brought in CBT Architects to draw up new plans for 114 Whitwell St. and could be back before the Planning

Board later this month. The developer has been working with the neighborhood association to address residents' concerns, but the density and size of the project have yet to be settled.

"The initial plan was lacking in many respects. It had some setback issues, some height issues. Kishore and his team took that over and we tried to methodically address the concerns that were raised for us," Reale said. "I think unit count and density are issues that have not yet been resolved."

Michael Bellotti, the

president of Quincy College, was among those who spoke in favor of the Ross Lot project during the public hearing. The new medical office building, he said, could lead to a clinical partnership for the school and job opportunities for its students.

"I know what it will do for our institution, Bellotti said. "It's going to help us not just survive but thrive over the years to come and we're incredibly excited for these opportunities in health care."

Tim Cahill, the president

of the Quincy Chamber of Commerce, also voiced his support for the project. He said FoxRock's plan would benefit the entire city.

"This will be good not just for the downtown, which is obviously a priority of mine, but I believe this will be good for the entire city, because a city of our size should have medical facilities...and the downtown needs to continue to grow," Cahill said. "We're this close to getting over the hump of turning downtown Quincy into something that we'll all be proud of, that will be vibrant and that will

help our city in the long run."

Steve Briggs of Quincy Mutual Group, the company that developed West of Chestnut, said the effort to revitalize Quincy Center needs to continue.

"I think we need to keep the momentum going and bring back Quincy to what it was," Briggs said.

Vincent Coyle, a business agent for Ironworkers Local 7, likewise supported the project.

"I'm looking forward to this project and hopefully to putting our men and women of Quincy to work," he said.

City 'Not In Hurry' To Take Downtown Properties

Cont'd From Page 10

ment have made an investment of over \$200 million on infrastructure and improvements to capitalize on and unlock the potential of Quincy Center. That money is wasted if we let properties

remain as burnt-out, boarded-up blights."

Palmucci said, however, that he was concerned about the city's communication with the property owners given the comments received during the public

hearing.

"Here we have someone speaking at the public input portion tonight saying, 'I don't know what the language specific to my property in the URDP means.' I'm supportive of the amend-

ment, but that makes me question what the city is doing," Palmucci said.

He suggested the city hold monthly meetings for Quincy Center businesses and property owners to provide updates on plans for the downtown. William Geary, Koch's special counsel for the downtown project, called the monthly meetings an "excellent idea."

Fatseas said his department has had numerous meetings with stakeholders but noted it can be more difficult to keep in contact with businesses who lease space in the downtown than it is to meet with property owners.

Cohen, Fatseas added, has done a good job of maintaining his buildings and not all properties listed in the URDP would be acquired.

"Dr. Cohen made a great point. He is doing a great

job with his properties," the planning director said. "He has maintained them, and he has done a great job in doing so. I think to identify his properties is part of the general scale of what goes on in a URDP."

"There are many properties we have identified in the past that we haven't touched, and we don't intend to touch."

Council President Brad Croall asked Fatseas if there was any estimate on how much it would cost to acquire each of the properties identified for potential acquisition. Croall wanted assurances the district improvement financing program for Quincy Center - which lets the city use new revenue from the downtown to pay off debt service for downtown infrastructure and land takings - would still be self-supporting if they were to go through.

"We need to - and I hope we are - be digging into what a potential total acquisition could be for all of these properties and what it would mean," Croall said. "It's been the mantra since day one, 'the downtown will be self-funding.'"

Councillor Anne Mahoney said the city should have considered adding the 14 properties to the URDP sooner, because the cost to purchase them would be higher now.

"We could have put all of this downtown in the same situation we're putting them in now," after the city's deal with Street-Works fell through, Mahoney said. "Years later when we're putting them in, we have dereliction of responsibility in those buildings - they just sat on them - but the cost doesn't go down. The cost goes up because the value has gone up."

Downtown Construction Activities

Proposed work activities for the week of April 28th, 2019



- The new parking garage located in the old Hancock Lot is about two-thirds completed. Once the entire structure is in place the mechanical, electrical and plumbing work can begin. The civic plaza level between the Four's and the new garage will be constructed over the next two months.
 - Exterior brickwork is taking place on the Nova Residence's building at 1500 Hancock Street. Work on the City atrium which will connect Hancock Street to the new civic plaza between the Four's and new City garage continues as well.
 - The new watermain on Cottage Avenue is almost complete. Once the watermain work is finished drain work will begin. After that widening of Cottage Avenue at the top half of the road between Chestnut Street and Cottage Street will be taking place to make the top half of the road a two-way road and additional parking on Cottage Avenue.
 - MassDOT's work continues on Burgin Parkway for the new bridge in the southbound lane between the hours of 7am and 3:30pm. Demolition of the existing retaining wall continues and work on the new retaining wall will continue along the west side of Burgin Parkway.
- (The photo on the above left, taken from Mechanic Street at Revere Road, shows brickwork being done to the left on the Nova Residence's building and the new City garage being erected on the right. The photo on the right shows a surveyor taking grade shots of the new garage. This is the lower level of the garage and where the civic plaza will sit on top of the walls of the lower level.)

<https://www.quincyma.gov/mcity/> or follow @CityofQuincy on Twitter.

Contact Tom Russo for construction questions at 617-910-7847 or email at: trusso@woodardcurran.com

QUINCY HIGH SCHOLARSHIP

THE RICHARD AND GERALDINE STORELLA EDUCATIONAL TRUST

Provides scholarships to graduating senior(s) of Quincy High School attending post-secondary educational institutions or continuing education with alternative programs such as trade or certifications.

The amount may vary (and will be determined by the Board or a scholarship committee for a maximum award of \$15,000). Applicants must be of Italian heritage or affiliation.

This application will require a one-page essay outlining your connection to Italy and cultural history or Italian heritage or affiliation and how you would honor that heritage if you were to receive this scholarship.

APPLICATIONS DUE:
FRIDAY MAY 10TH

Please email Anastasia at: akamberidis@helpingelders.com to request an application form.

Quincy High School Award Night:
June 5th, 2019



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The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper Since 1968

1372 HANCOCK STREET, QUINCY, MA 02169

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RELIGION

Houghs Neck Congregational Church

The Sunday Communion worship service starts at 10 a.m. at the Houghs Neck Congregational Church, 310 Manet Ave.

Bell ringers are Andrew and Mallory Jacobs. Liturgist, Joe Latteo will wel-

come and call to worship.

Pastor Steve Vandergrift will lead the service and preach his sermon. Shirley Pearson, Glenn Brown, Nancy and Ralph Jacobs will serve for the Diaconate. Steve Reed, minister of mu-

sic, will direct the choir.

Monday at 7 p.m. the church council will meet in the Gordon Room.

Thursday at 7 p.m. Yoga with Amy Ross meets in Fellowship Hall. Bring a mat, water and \$5.

Bethany Congregational Church

Bethany Congregational Church, Quincy Center, will have a Communion Sunday Worship Service at 9:30 a.m. Rev. Patrick McCorkle will be preaching his sermon, "The Grace of Another Day." Fellowship with light refreshments will follow the worship service.

All are welcome to at-

tend Bethany Church Worship Services and its numerous group activities. Bethany has an active Outreach Committee doing various charity works.

The church office is open from 8:30 a.m. to noon-1:00 p.m. to 4:00 p.m. Please visit Bethany's website at: www.bethanycongbchurch.org

org for updates and activities. Thanks to the Video Ministry, if you're unable to attend Sunday worship service, it is broadcast on Quincy Access Television at 6 p.m. on Thursdays and 10:00 a.m. on Sundays on Channel 8.

The church is wheelchair accessible.

Jazz Combo May 12 At Bethany Congregational

Bethany Congregational Church, corner of Coddington and Spear Streets, Quincy Center, will be presenting a jazz combo at its regular Sunday Service (9:30 am) on Sunday, May 12th.

The combo members are: Ed Sorrentino, drums; John

McCarthy, guitar; David Gries, bass; Dennis Cook sax/flute, under the leadership of Tom Boyer, Music Director. The group will play joyful music, accompany some of the regular service pieces as well as some numbers on their own.

Please come enjoy the perfect acoustics at Bethany Church and some Really Good Music.

Rev. Patrick McCorkle will be preaching. There is Sunday School for children and a coffee hour to follow the service.

First Baptist Church Of Wollaston

Sunday morning worship begins at 10:30 a.m. at the First Baptist Church of Wollaston, 81 Prospect Ave., Quincy.

Fellowship hour of conversation and light refreshments in the chapel will follow the service.

Prior to the Sunday worship service is an English Bible Class in the Chapel at 9:15 a.m.; a Vietnamese Bible Class at 9 a.m. Contact Pastor Duc ducphamboston2015@gmail.com.

Serving the church will be greeter Paul St. John.

Pastor David Choi will preach his sermon, "Abide in Me!" (John 15:4-6).

A contemporary worship service on Sunday is held from 12:30 - 2 p.m. and includes a Bible class. Contact wolla.dave@gmail.com for directions.

Looking for in-depth Bible discussions? Join the Thursday Bible Class at 7 p.m. Have fun learning the Bible (the book of Daniel).

The church office is open from 10:30 a.m. to 5 p.m. Tuesday, Thursday and Friday. Contact number is 617-

472-0824 or visit the website www.FirstBaptistChurchOf-Wollaston.org for updates and activities. Pastor David's contact number: 617-213-0392; 11 a.m. to 6 p.m. Tuesday through Friday.

All areas of the church are handicap accessible.

Bible Trivia: Against what army did Gideon's men blow trumpets and shout "The sword of the Lord and of Gideon!"? (Answer, read Judges 7:20-23)

a. Amalakite b. Midianite c. Moabite d. Hittite

Union Congregational Church

Union Congregational Church will have a special Bible based healing service on Sunday, May 5, at 10 a.m. led by Rev. Dr. Tom Richard, former Executive Secretary of the National

Association of Christian Congregational Churches (NACCC).

The three-part choir will sing some wonderful Easter hymns accompanied by Emma Luyendijk, guest

musician.

A Fellowship/Coffee Hour will be enjoyed following the worship service. All are invited to attend.

Mite Box Thrift Shop Open This Week

The Mite Box Thrift Shop, located at the Parish of St. Chrysostom, 1 Linden St., Quincy will be open Wednesday, May 1 through

Saturday, May 4th from 10 a.m. to 4 p.m.

Come in and check out colorful spring and summer clothes. There are Mother

's Day gifts to a few prom gowns and accessories as well as household items and books.

Quincy Religion Directory			
SERVICES & ACTIVITIES			
Catholic St. Mary's Church 95 Crescent St., Quincy • 617-773-0120 <i>Masses</i> Saturday, 4pm, Sunday 8 & 10:30am Tuesday/Thursday 9am Handicapped Accessible New Members Welcome!	Catholic Sacred Heart Church <i>"A Roman Catholic Community walking together in Faith, Worship, Education and Service"</i> 386 Hancock St., North Quincy, MA 02171 (617) 328-8666 Sunday Masses 4 pm (Saturday) 7:30 & 10:00 am and 6:00 pm Weekday Masses Monday - Friday 7 am Monday & Saturday 9 am Handicapped Accessible Confessions Sat. 3-3:45pm in Saint Joseph Oratory	Congregational HOUGH'S NECK CONGREGATIONAL CHURCH 310 Manet Avenue 617-479-8778 www.hncong.org Sunday Worship Service at 10 a.m. Pastor Stephen Vandergrift will lead the service and preach his sermon All are welcome to attend FELLOWSHIP COFFEE HOUR FOLLOWING SERVICE	Congregational Wollaston Congregational Church United Church of Christ 48 Winthrop Avenue Quincy, Massachusetts Inclusive Family Worship at 10 a.m. Elizabeth J. Williams Pastor 617-773-7432 www.wollastonucc.org Unitarian Universalist United First Parish Church <i>A theologically liberal congregation, encouraging people to seek their own spiritual path. All are welcome.</i> Worship Service & Church School: Sundays at 10:30 AM Followed by Fellowship & Refreshments Rev. Rebecca Froom 1306 Hancock St., Quincy www.ufpc.org
ST. AGATHA CHURCH MILTON-QUINCY 432 Adams Street Milton, MA 02186 • 617-698-2439 Schedule of Masses: Saturday: 8:00AM and 4:30PM Sunday: 7:30AM, 9:00AM, 10:30AM 12NOON and 5:00PM Weekday Masses: 7:00 & 9:00AM Reconciliation 3:45PM-4:15pm on Saturdays, other times by appointment Handicapped Accessible, handicapped parking, elevator to Upper/Lower Churches ~ Air-Conditioned	St. Joseph's Church 550 Washington Street Quincy, MA 02169 • 617-472-6321 SUNDAY MASSES: 4 p.m. (On Saturday) 8:30 a.m. and 10:30 a.m. Weekday Masses: Mon., Tues., & Thurs. 9a.m. CONFESSIONS: Saturday, 2:30-3:30 pm Handicapped accessible & Handicapped parking, side entrance Air-conditioned	BETHANY CONGREGATIONAL CHURCH Spear & Coddington Streets Quincy Center, 617-479-7300 www.bethanycongbchurch.org Communion Sunday Worship Service at 9:30AM The Rev. Patrick McCorkle will conduct the service and preach the sermon "The Grace of Another Day" <i>Fellowship following the service</i> <i>Church is handicap accessible</i>	Christian Science First Church of Christ, Scientist 1460 Hancock Street, Quincy 617-472-7099 Sunday Services and Sunday School 10:30 a.m. Wednesday Evening Meetings - where testimonies of healing are shared 7:30 p.m. ALL ARE WELCOME! Nazarene Wollaston Church of the Nazarene <i>Come Join Us For Sunday Worship!</i> 8:00 AM Worship Service (Holy Communion & Liturgy) 9:00 & 11:15 AM Weekly Small Groups 10:00 AM Worship Service Stephen "Stretch" Dean, Lead Pastor Andrea Sawtelle, Youth Pastor Bev Keutner, Children's Pastor Don Reed, Visitation Pastor 37 E. Elm Ave., Wollaston 617.472.5666 email: office@wconaz.org www.wollastonnazarene.org
St. John The Baptist ROMAN CATHOLIC CHURCH 44 School St., Quincy 617-773-1021 Weekend Mass Schedule Saturday, 4:00 PM Sunday, 8:30 AM & 11:00 AM Sunday night, 5:00 PM Weekday Masses Wed., Fri., and Sat. 8:00 AM Confessions Wed. 8:30 - 9:00 AM Sat. 2:30 - 3:30 PM Handicapped Accessible	Holy Trinity Parish <i>Come and Worship!</i> Most Blessed Sacrament Church 1031 Sea St. WEEKDAY MASSES 9:00AM Tuesday and Thursday WEEKEND MASSES 4:30 PM Saturday and 8:30 AM Sunday Our Lady of Good Counsel Church 237 Sea St. WEEKDAY MASSES 9:00AM Monday and Wednesday WEEKEND MASSES 6:00PM Saturday and 10:30 AM Sunday CONFESSIONS: 3- 4PM Saturday Rev. Martin Dzengeleski- Pastor Phone: 617-479-9200 EMAIL: holytrinityquincy@gmail.com VISIT: www.holytrinityquincy.com	Quincy Point Congregational Church United Church of Christ 444 Washington St. (617) 773-6424 www.quincypointcong.org Sunday Worship and Sunday School at 10 am Elevator Access via Abbey Rd Rev. Kimberly Murphy, Pastor Rachel Hallenbeck, Minister of Music Angelina DeCristofaro, Youth Dir.	Methodist QUINCY COMMUNITY UNITED METHODIST CHURCH 40 Beale St., Wollaston 617-773-3319 10:30 AM Sunday Worship Rev. Rebecca E. Baumann Salvationist THE SALVATION ARMY 6 Baxter St., Quincy • 617-472-2345 9:45AM CHRISTIAN EDUCATION 11AM WORSHIP SERVICE BRASS BAND MUSIC NOON THURS. WOMEN'S FELLOWSHIP 6:30PM WEDS. BIBLE STUDY Non-Denominational LIGHTHOUSE FELLOWSHIP 73 Newbury Ave., N. Quincy Worship & Children's Church 10AM Pastor Mike Fehan 617-847-4444 Mid-week studies & youth group mjfehan@gmail.com

To Advertise in this Directory, Call 617-471-3100

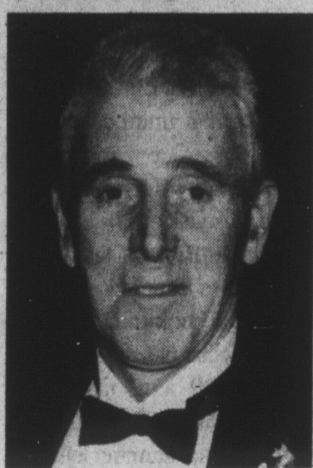
OBITUARIES

Patrick F. Russell

A funeral Mass for Patrick Finbar Russell, Boston Police Department, retired, of Quincy and Milton, was celebrated April 27 in St. Agatha Church, Milton.

Mr. Russell died peacefully April 20 in the company of his loving family.

Beloved husband of the late Mary J. "Maureen" (Kane). Devoted father of Caroline Kinsella & her husband Michael of Milton, Elizabeth Russell & her husband Bryan Kearns of Bridgewater, Robert & his wife Desiree, Patrick and his partner Jennifer O'Neill and John Russell & his wife Kristen, all of Quincy. Dear brother of Maureen Ashness of NC and the late Jane Cantino, Anna Connelly, Henry Russell, John Russell and Margaret McNamee. Also survived by 9 cherished



PATRICK F. RUSSELL

grandchildren.

Mr. Russell was a 36-year veteran of the Boston Police Department, District A-1.

Interment at Milton Cemetery.

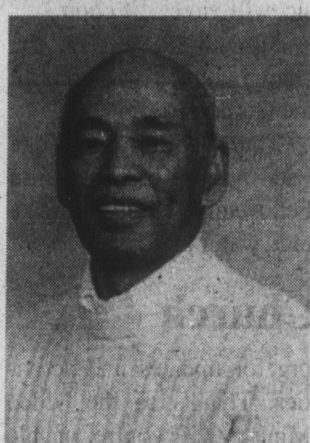
Funeral arrangements were made by the Alfred D. Thomas Funeral Home, Milton.

Maximino Fernandez, 92

A funeral Mass for Maximino Fernandez, age 92, of Quincy, was celebrated Wednesday in Sacred Heart Church, Quincy.

Mr. Fernandez died April 24.

Beloved husband of the late Ann Fernandez. Dear son of the late Domingo Fernandez, Romonda Fernandez and Catalina Fernandez. Devoted father of Maximino Fernandez, Maxine Fernandez, Melinda Fernandez, John Fernandez, Cindy Fernandez, Janet Fernandez, Tracy Fernandez, Bobby Fernandez, Barbara Fernandez, JR Mayo and the late Paul David Fernandez, Barbara Doherty, James Mayo, Ricky Mayo, Joanne Mayo. Cherished grandfather of many grandchildren and many great-grandchildren. Loving brother of Angelina Fernandez Basila of CA, Dionicio Alvad Fernandez of PI, Domingo Alvad Fernandez Jr of CA and Leonides



MAXIMINO FERNANDEZ

Florida Quevedo of PI. Also survived by his many nieces, nephews, grandnieces, and grandnephews.

Interment at St. Joseph Cemetery, West Roxbury.

Funeral arrangements were made by the Deware Funeral Home, 576 Hancock St., Quincy.

Memorial donations may be made to the Dana-Farber Cancer Institute, P.O. Box 849168, Boston, MA 02284, or via dana-farber.org/gift.

Paul F. Tracey

A funeral Mass for Paul F. Tracey of Foxboro was celebrated April 12 in St. Mary's Church, Foxboro.

Mr. Tracey died peacefully at home after a long illness on April 7 surrounded by the comfort of his loving family.

Raised in West Roxbury, he was a graduate of Cathedral High School in the South End and studied at Newbury College. He was the loving son of William and Julia (O'Connell) Tracey and predeceased by brothers Thomas "Buddy" Tracey, William Tracey, Richard K. Tracey and sister Patricia Reardon. He was the brother-in-law to Dorothy Tracey and the late Ellen Tracey.

Mr. Tracey is survived by his beloved wife Janet (Nickerson) Tracey, sons Paul Vincent and his wife Julie of North Attleboro, and Philip Tracey of Providence, R.I., and daughter Gayle and her husband Michael of Squantum. He leaves behind five loving grandchildren, Jacqueline, Jennifer, Colleen, Dillon and Danny. He is also survived by many nephews and nieces, including his Godchildren Patty Dwyer and Patrick Reardon. He was the grateful friend of Nick and Debbie Sargent.

Mr. Tracey was a longtime member of the faith community at St. Mary's Church in Foxboro. He loved spending time with his family and was a lover of animals, especially dogs. A history buff and the son of a World War I hero, Mr. Tracey was particularly interested in military history and could answer any question asked about WWI and WWII. An avid golfer when he was younger, Mr. Tracey

enjoyed traveling to Florida to play. A fan of all sports, he loved watching the Red Sox, Patriots and Bruins. He particularly enjoyed baseball as a fan, and once as a talented player. While in amateur leagues, he played with and against many great pros and had particularly fond memories of his time on the diamond with Johnny Podres. Mr. Tracey played all positions well, but was considered most worthy as a reliable and skilled catcher.

Mr. Tracey served a patriotic duty to our country he loved so much, enlisting in the U.S. Army after his 18th birthday. He played for a U.S. Army travel baseball team, a competitive military league where his standout performance earned him an invitation to the Washington Senators.

A letter carrier for the Newton Post Office until his retirement after 36 years, Mr. Tracey was the "quintessential postman," where everyone knew him, loved him and relied on him.

Most importantly, Mr. Tracey's greatest contribution in life was his role as a devoted and loving husband, father and grandfather. He will be forever loved and missed by his family.

Funeral arrangements were made by Hamel-Lydon Chapel, 650 Hancock St., Quincy.

Interment at St. Mary's Cemetery, Foxboro.

Memorial donations may be made to the Bob Woodruff Foundation, 1350 Broadway, Suite 105, New York, NY 10018 or complete a downloadable donation form at bobwoodrufffoundation.org.

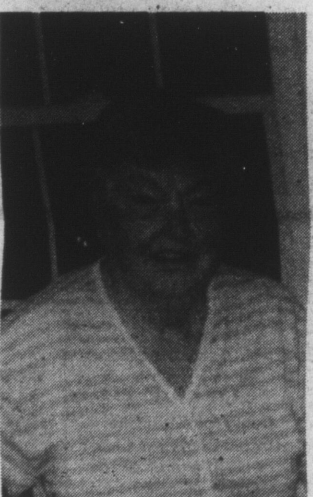
Beverly Duffett

A funeral service for Beverly Duffett of Quincy was held Wednesday in Hamel-Lydon Chapel, 650 Hancock St., Quincy.

Mrs. Duffett died April 24 with her family by her side.

Wife of the late Anderson M. Duffett. Loving mother of Lynne C. Morrison of Southboro and Laurie J. Gariboldi of TX. Sister of the late Warren Wilbur and Gwen Sullivan. Proud grandmother of Kelsey, Shelby, Kimberly, Kevin and Jeffrey.

Mrs. Duffett was deeply



BEVERLY DUFFETT

devoted to her dogs and her family.

Interment at Blue Hill Cemetery, Braintree.

Memorial donations may be made to American Diabetes Association, 2451 Crystal Dr., Suite 900, Arlington, VA 22202.

Deborah M. Pearsons

Funeral services for Deborah M. Pearsons of Quincy are private.

Ms. Pearsons died Sunday.

She was born in PEI and raised in East Boston.

Mother of Kimberly Carbonneau of Weymouth, and Christopher Pearson and his wife Mindy of WA. Loving grandmother of Amanda, Georgia and Emmett. Sister of the late Jean Bortone and Joyce Trotman. Aunt of 3 nieces, 1 nephew and many extended family.

Funeral arrangements were made by Hamel-Lydon Chapel, 650 Hancock St., Quincy.



DEBORAH M. PEARSONS

Quincy.

Memorial donations may be made to Pope Nursing Home Activities Committee, 140 Webb St., Weymouth, MA 02188.

Raymond W. Campbell, 87

A funeral Mass for Raymond W. Campbell, age 87, of Quincy, will be celebrated at 10:30 a.m. Thursday in St. Ann's Church, Quincy.

Mr. Campbell died April 24.

Born in Boston, and raised in Dorchester, he was a son of the late George and Christine Campbell. Mr. Campbell was

a U.S. Navy Korean War veteran. He worked for many years as a printer for The Boston Herald, and later in management for New Medico.

Mr. Campbell was the beloved husband of the late Elizabeth A. "Bette" (Carline) Campbell. He was the brother of the late George and Herbert Campbell, and Sarah Campbell; brother-in-law of Eleanor Andrews and Charles Carline Jr.; and uncle of Patricia Connors, Joseph DiBiase, Ellen Fowler, Charles Carline III, Donna Donahue, Steven Carline, Scott Carline, and Christina Kelleher.

Visiting hours were 4 to 8 p.m. Wednesday in Keohane Funeral Home, 785 Hancock St., Quincy. Family and friends will gather in the funeral home beginning at 9:30 a.m. on Thursday.

Interment at Blue Hill Cemetery, Braintree.

Elizabeth A. Russo, 91

A funeral Mass for Elizabeth A. "Betty" (Mezzetti) Russo, age 91, of Plymouth, formerly of Quincy, was celebrated Tuesday in St. John the Baptist Church, Quincy.

Mrs. Russo died peacefully April 24 at Benchmark Senior Living at Plymouth Crossings, in the comfort of her loving family.

She was born in Quincy, where she was raised and educated and was a graduate of Quincy High School, Class of 1945. She had lived in Plymouth for three years, previously all her life in Quincy.

Mrs. Russo was a devoted homemaker who took great pride in supporting the activities and accomplishments of her family. She was a talented baker and cook.

Beloved wife of the late Joseph A. Russo. Devoted mother of Joseph A. Russo,

Jr. of California, Richard J. Russo and his late wife Amy of Marshfield, Robert A. Russo and his wife Sue of Brockton, and John M. Russo and his late wife Kimberly of East Bridgewater. Loving grandmother Courtney, Kim, Andrew, Samantha, and Christopher. Much loved daughter of the late Clara (Piccuito) Mezzetti. One of four siblings, she was pre-deceased by John Mezzetti, Al Mezzetti, and Lucille Hughes. She is also survived by many nieces and nephews.

Private interment.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to St. Jude Children's Research Hospital, 501 St. Jude Place, Memphis, TN 38105.

IN MEMORIAM

JAMES M. GRALTON

MAY 4, 1924 - MAY 2, 2017

2nd ANNIV. • 95th BIRTHDAY



We loved you then,
Love you still,
Always have,
Always will,
Never to be
forgotten.

Love Always,
Mary, Robert,
Maureen, Kathryn,
Karen, Garrett,
Connor, Erin,
Timothy, Bridget,
Eileen, Donald,
Fallon, Grace,
Robert & Nora



JAMES M. FERREIRA

3/12/1969 - 5/1/1999

On May 1st '99 many hearts were very sad & still are today.

A little Wolly, Central & North kid. Then on to NYU, B.C. nights and Local 103.

You were smart, handsome & kind, with a great sense of humor. Lucas has all your best qualities.

The darkness is over; so rest easy in fair winds and calm seas.

Love, Mom, Lucas & friends

In Loving Memory Of
Mother
Mary Lydon
&
Aunt
Dorothea Schreffler

With Love
From
Son Bill Lydon
& Family

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Janice M. Tucker, 69

A funeral Mass for Janice M. (Sacco) Tucker, age 69, of East Bridgewater, formerly of Quincy, will be celebrated at 10:30 a.m. Friday in St. Mary's Church, Quincy.

Mrs. Tucker died peacefully Monday at the Good Samaritan Medical Center in Brockton, in the comfort of her loving family.

She was born in Boston to the late Joseph A. and Grace (Simonelli) Sacco. She was raised in Quincy and was a graduate of Fontbonne Academy in Milton, Class of 1968. She later attended Quincy College. Mrs. Tucker had lived in East Bridgewater for four years, previously in Quincy for over fifty years.

She was employed for twenty-seven years in Quincy



PATRICK F. RUSSELL

as home ownership director for NeighborWorks America, formerly Quincy Neighborhood Housing.

Mrs. Tucker was a talented cook and was dedicated to her family, especially to her children and cherished grandchildren, supporting all their

many activities and accomplishments.

Beloved wife for forty-six years of Arthur W. Tucker. Devoted mother of Joseph W. Tucker and his wife Christine of East Bridgewater, Nina M. Tucker and her fiancé Steven F. Davis of Milton. Loving grandmother of Grace, Marianna, and Gabriella. She is also survived by many aunts, uncles, and cousins.

Funeral from the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy, Friday at 9:30 a.m. Visiting hours at the funeral home Thursday 4 to 8 p.m.

Private interment.

Memorial donations may be made to the American Cancer Society, 3 Speen St., Framingham, MA 01701.

The Salvation Army Makes Music With More Than Bells

Who is The Salvation Army and what do they do?

Did you know, The Salvation Army is much more than a social service agency, emergency disaster relief responders, and thrift stores? In fact, we offer many additional programs that go unnoticed, but change lives in tangible ways. One rich heritage of The Salvation Army is its music and arts education which has been taught since 1865 and is currently in 130 countries.

Here in Quincy we offer free music theory, vocal, brass, guitar, ukulele, dance, timbrels, boomwhackers, bells, drama, and piano to children ages 5-17 and adults. These skills and talents have been shown to increase self-esteem, academic perfor-

mance, and collaboration abilities. The program grows beyond just skills, creating a positive environment and community that further develops character, attitudes, and brighter future. It's a safe place for children to attempt new activities stretching them to grow. Even if mistakes and disappointments happen, they are always encouraged, nurtured, and uplifted to keep trying. It's a place of belonging.

On May 11, at 6:00 p.m., The Salvation Army Quincy Temple Corps Band will display their musical abilities in a free brass concert. The members of the band were students who went through The Salvation Army music and arts education programs

and have continued to participate and develop their abilities. The band is one of the longest running Salvation Army brass band in Massachusetts. Music has been flowing out of Quincy Salvation Army for over 124 years.

Napoleon Bonaparte once said, "Music is what tell us that the human race is greater than we realize." Music is the universal language that brings people together, offering unparalleled hope and joy; breaking cultural, racial, and economic barriers. A free will offering will be collected during the concert to help The Salvation Army's music and arts programs in third world countries. Following the concert will be an array of desserts and refreshments.

Lola Tom Joins Hamel-Lydon Chapel, Cremation Service Of Massachusetts

Hamel-Lydon Chapel and Cremation Service of Massachusetts, located at 650 Hancock St., Quincy announces Lola Tom has joined its team.

Tom, a long-time community and eldercare activist, has been hired as the manager of Asian Services and Community Development and Funeral Director Apprentice. Christopher Goulet and Michelle Lydon are funeral directors and owners of Hamel-Lydon Chapel.

Tom has joined the team to enhance Asian funeral services at Hamel-Lydon Chapel where Asian customs, traditions and religious ceremonies are honored. The team works together to provide pre-planning funeral consultations, cemetery concierge services, cremation and funeral services.

Tom has been active in the eldercare and healthcare community for over 20 years establishing Asian programs

and services. Her past work affiliations include Greater Boston Chinese Golden Age Center, South Cove Manor Nursing Home, Quincy Medical Center, Multicultural Home Care, and Good Shepherd Community Care.

"We are fortunate to have Lola heading up our Asian outreach and community development," said president Christopher Goulet. "Her dedication to excellence and her commitment to service matches up well with our company's philosophy and the direction we are moving

in. It's a great fit."

Hamel-Lydon Chapel's main office is located in the Wollaston part of Quincy. Most services are provided at the 650 Hancock St. location. Hamel-Lydon also has a larger venue in Quincy Center where it can accommodate ceremonies with up to 500 guests.

For more information about Hamel-Lydon Chapel and Cremation Service of Massachusetts, call its Chinese line at (617) 657-9016 or its 24-hour line at (617) 472-5888.

FLAGS FOR VETS ISLAND SQUADRON 294

Bricks for Veterans Program

PHASE 2 Still Available

The Sons of the American Legion, Squadron 294, Morristown American Legion Post in Quincy is still selling engraved honor and memorial bricks for its "Bricks for Veterans" at Flags for Veterans Island, Fort Square, Quincy.

Phase 1 along the walkway to the island's main flag pole is sold out but bricks for **PHASE 2** are still available.

PHASE 2 engraved bricks will form a patio in front of the flower bed located on the Pleasant Street side of the island in Fort Square.

Bricks are available for \$50 each. The bricks can be inscribed with a veteran's name, rank and branch of service. A sample brick appears above.

This form can be clipped, filled out and mailed to order a brick.

BRICKS FOR VETERANS

Line 1: Veteran Name/Rank: _____

Line 2: Branch of Service: _____

Bricks cost \$50 each

Send this form and check to:

S.A.L. Squadron 294

22 Conant Rd.

North Quincy, MA 02171

For more information or to order, call 617-472-5952

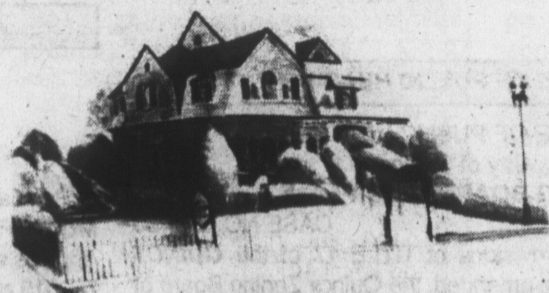
Honor Your
Loved One's
Memory
With Flowers

cliffords.com
1.800.441.8884

Professional Dignified Affordable

HAMEL-LYDON CHAPEL

*Cremation Service
of Massachusetts*



Directors:

Christopher P. Goulet Sr.

Michelle A. Lydon

650 Hancock Street Quincy, MA 02170

(617)472-5888 • www.HamelLydon.com

INVITATION TO BID

INVITATION TO BID

INVITATION TO BID

CITY OF QUINCY, MASSACHUSETTS
PURCHASING DEPARTMENT
1305 HANCOCK STREET, QUINCY, MA 02169

The City of Quincy invites sealed bids/proposals for furnishing and delivering to the City of Quincy:

PUBLIC BUILDINGS

COLLABORATIVE CUSTODIAL BID
CUSTODIAL SUPPLIES

MAY 20, 2019 @ 11:00 A.M.

Detailed specifications are online at the City of Quincy's website, www.quincyma.gov and also available at the Office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 a.m. and 4:30 p.m.

Bids/Proposals must be in a sealed envelope. The outside of the sealed envelope is to be clearly marked "BID ENCLOSED" with the time/date of bid call.

Firm bid prices will be given first consideration. Bids/Proposals will be received at the Office of the Purchasing Agent until the time and date stated above, at which time and date they will be publicly opened and read. Late bids/proposals, delivered by mail or in person, will be rejected.

If applicable, bids shall be in accordance with M.G.L. Chapter 30B, Chapter 149 as amended, and Chapter 30, Sections 39A, 39B and 39F-R. Bidder must abide by the prevailing wages as established by the Massachusetts Department of Labor and Industries.

The right is reserved to reject any or all bids or to accept any part of a bid or the one deemed best for the City and waive any informality in the bidding if it is in the best interest of the City to do so.

All questions regarding this bid should be directed to Kathryn R. Logan, Purchasing Agent through fax: 617-376-1074 and email: klogan@quincyma.gov and cc: to purchasing@quincyma.gov. Questions will be accepted until May 16, 2019 at 4:00 p.m.

If you have received this bid from either the City of Quincy Website or through an email it is your responsibility to check for addenda (at www.quincyma.gov) before you turn in your proposal. The City of Quincy will not be responsible any bids received omitting addenda acknowledgment.

Thomas P. Koch, Mayor
Kathryn R. Logan, Purchasing Agent

5/2/19

NOTICE OF A PUBLIC INFORMATIONAL MEETING

THE COMMONWEALTH OF MASSACHUSETTS
MASSACHUSETTS DEPARTMENT OF TRANSPORTATION - HIGHWAY DIVISION
NOTICE OF A PUBLIC INFORMATIONAL MEETING
Project File No. 608013

A Design Public Informational Meeting will be held by MassDOT to discuss the proposed Intersection Improvements at Sea Street / Quincy Shore Drive project in Quincy, MA.

WHERE: Broad Meadows Middle School
50 Calvin Road
Quincy, MA 02169

WHEN: Thursday May 16, 2019 at 7:00PM

PURPOSE: The purpose of meeting is to provide the public with the opportunity to become fully acquainted with the proposed Improvements at Sea Street / Quincy Shore Drive project.

PROPOSAL: The proposed project consists of roadway and related drainage improvements, reconstruction of sidewalks with ADA compliant ramps, provision of bicycle accommodations, construction of median islands, as well as geometric modifications and an upgraded traffic signal system. Bicycle accommodations consisting of a usable shoulder have been provided in accordance with applicable design guides.

Written views received by MassDOT subsequent to the date of this notice and up to five (5) days prior to the date of the meeting shall be displayed for public inspection and copying at the time and date listed above. Plans will be on display one-half hour before the meeting begins, with an engineer in attendance to answer questions regarding this project. A project handout will be made available on the MassDOT website listed below.

Written statements and other exhibits in place of, or in addition to, oral statements made at the Public Informational Meeting regarding the proposed undertaking are to be submitted to Patricia A. Leavenworth, P.E., Chief Engineer, MassDOT, 10 Park Plaza, Boston, MA 02116, Attention: Roadway Project Management, Project File No. 608013. Such submissions will also be accepted at the meeting. Project inquiries may be emailed to dot.feedback.highway@state.ma.us

This location is accessible to people with disabilities. MassDOT provides reasonable accommodations and/or language assistance free of charge upon request (including but not limited to interpreters in American Sign Language and languages other than English, open or closed captioning for videos, assistive listening devices and alternate material formats, such as audio tapes, Braille and large print), as available. For accommodation or language assistance, please contact MassDOT's Chief Diversity and Civil Rights Officer by phone (857-368-8580), fax (857-368-0602), TTD/TTY (857-368-0603) or by email (MassDOT.CivilRights@dot.state.ma.us). Requests should be made as soon as possible prior to the meeting, and for more difficult to arrange services including sign-language, CART or language translation or interpretation, requests should be made at least ten (10) business days before the meeting.

In case of inclement weather, meeting cancellation announcements will be posted on the internet at <http://www.massdot.state.ma.us/Highway/>

JONATHAN GULLIVER
HIGHWAY ADMINISTRATOR
5/2/19, 5/9/19

PATRICIA A. LEAVENWORTH, P.E.
CHIEF ENGINEER

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS

CASE NO. Z19-32

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, May 7, 2019 at 7:15pm** in the **First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169**. On the application of Michael Boucher for a Variance to revert the combined lot back to two separate lots and construct single family home on open lot in violation of Title 17 as amended Chapter 4.0 (dimensional requirements) on the premises numbered 123 CRABTREE ROAD, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

4/25/19, 5/2/19

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS

CASE NO. Z19-30

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, May 7, 2019 at 7:15pm** in the **First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169**. On the application of Au Ying for a Variance to install a projecting sign in violation of Title 17 as amended Chapter 5.3 (signs) on the premises numbered 17 BILLINGS ROAD, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

4/25/19, 5/2/19

May 16 Meeting On Sea Street/QSD Intersection

The Massachusetts Department of Transportation will host a community meeting on Thursday, May 16, to discuss planned improvements to the intersection of Quincy Shore Drive and Sea Street.

The meeting will be held at 7 p.m. that night inside Broad Meadows Middle School at 50 Calvin Rd.

The intersection project includes roadway and related drainage improvements, reconstruction of sidewalks with ramps compliant with Americans with Disability Act standards, bicycle accommodations, new islands in the median and an upgraded traffic signal system.

The purpose of the meeting is to give the public a chance to get acquainted with the improvements. Project hours, the duration of the work and its impact on traffic will all be discussed and MassDOT representatives will field questions from residents.

Written statements regarding the project can be submitted to Patricia A. Leavenworth, MassDOT, 10 Park Plaza, Boston, MA 02116 Attn: Bridge Project Management, Project File No. 608013.

Project inquiries may also be emailed to dot.feedback.highway@state.ma.us.

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS

CASE NO. Z19-31

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, May 7, 2019 at 7:15 pm** in the **First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169**, on the application of Khen Phung, Manager of KPLD Realty LLC for a Use Variance, Dimensional Variances and a Flood Plain Special Permit to construct a 7 story 107-unit multifamily residential building in the Industrial B zoning district in violation of Title 17, Section 3.0 (use regulations), 4.0 (dimensional regulations), 5.1 (off-street parking regulations) and 8.1 (flood plain overlay district).

The parcels of land are located at 29-33 NEWPORT AVENUE and are shown as Plots 1130-1134 and 1137-1141 on Assessors' plan no. 6105.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

4/25/19, 5/2/19

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS

CASE NO. Z19-33

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, May 7, 2019 at 7:15pm** in the **First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169**. On the application of Michael Liu for a Variance to build an additional single family on the lot in violation of Title 17 as amended Chapter 4.0 (dimensional requirements) on the premises numbered 72 MAIN STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

4/25/19, 5/2/19

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS

CASE NO. Z19-34

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, May 21, 2019 at 7:15pm** in the **First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169**. On the application of Vinna Auto for a Special Permit/Variance to permit proposed automotive use in violation of Title 17 as amended Chapter 9.4 (special permit), Chapter 4.2.8 (fences & hedges) and Chapter 4.0 (dimensional requirements) on the premises numbered 6-10 WILLARD STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

5/2/19, 5/9/19

More news & obituaries
online at: thequincysun.com

MAY

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9

School Officials Take Steps On Bullying

By TOM GORMAN

As bullying has increased in recent years, Quincy school officials have procedures in place to deal with the issue.

Senior Director of Student Support Services Maura Papile was joined by middle school guidance counselor Leah Markarian and elementary counselor Molly Belovarac in presenting the district's anti-bullying prevention and intervention measures during a recent school committee meeting.

"We try to figure out every year, through our teams, how to implement frameworks and strategies to improve culture and climate and how people treat each other," Papile said.

In 2010, the school committee adopted a policy after then Gov. Deval Patrick signed legislation detailing anti-bullying and intervention requirements for school districts. Papile noted that she first outlined Quincy's approach on the issue the year before the law was signed when cyberbullying on MySpace and Chat Room platforms became problematic.

"We've been dealing with this issue even before there was a regulation," Papile said. "We've been working on this issue for quite some time, but, there is still work to be done."

The state law requires school systems to enforce a prohibition on all forms of bullying, provide staff training on their responsibilities, reporting procedures, and protocols, what steps staff must take when they become aware or witness an incident, and parent and student notifications of the policy. Anti-bullying information must be posted on districts' websites and in student handbooks.

The law was updated in 2013 to include staff/student bullying and to consider students with social disorders as possible bullying targets when developing an Individual Education Plan.

School staff members are trained to be aware of bullying incidents and intervention. Should an incident occur, staff members must file a report with the principal who then investigates the circumstances, notifies parents, metes out disciplinary action, and ensures the safety of the targeted student.

"All staff are required to intervene if they witness an incident," said Papile. "By intervening, bullying behavior decreases and you develop a culture where that behavior isn't going to be tolerated. Kids see we take this seriously."

When an incident occurs, the staff member separates the target and the aggressor.

"The targeted student is

sent away and the teacher stays with the aggressor," said Papile.

Principals decide what action to take against the aggressor. This can include meetings with parents, detention, or suspension, and designing a safety plan if needed.

Papile said there have been a few incidences where the target and aggressor had become friends after their issues were resolved.

"That's the best hope," she said.

According to Papile, bullying can be a result of an imbalance of power or popularity issue. She explained that the district has programs in place promoting social and emotional wellness with the focus on respect and understanding diversity.

Belovarac explained that at the elementary level, an initiative, positive behavior and strategies, promotes leadership roles and a positive school climate. In grades kindergarten through three, the Second Step and Superflex curriculums teach social skills through activities, empathy and compassion, emotional management, and problem solving.

"It's playful and interactive so they don't even realize they're learning about their feelings," she said.

The Second Step Steps to Respect is a game-based program in grades four and five with role-play exploring more complex topics including respecting others and conflict resolution.

"They learn that there is no way to take back some things you say," said Belovarac.

In the middle schools, Markarian said the Massachusetts Aggression Reduction Center developed by Bridgewater State University focuses on social and coping skills, kindness and compassion, internet safety, aggressive behavior and online bullying.

"Promoting kindness is the key to anti-bullying," said Markarian.

Officials say there is an increased risk for cyberbullying with the proliferation of apps and the easy access and use of social media by teens.

"It's a tough age with social media and phones," said Markarian.

Added Papile, "Bullying always has a cyber connection."

Papile said the district utilizes the Positive Behavior Intervention and Support (PBIS) is an initiative that explores gender, race, and class issues in a diverse world.

In a question from committee member Anthony Andronico regarding cyberbullying, Belovarac said the issue is discussed beginning in kindergarten.

Markarian added that the "goal of social media is to connect and make new friends," she said. "We discuss what consequences bullying can have."

Papile suggested a parent academy should be held on the subject.

Member Douglas Gutro asked about the number of bullying incidents reported in the district and how cyberbullying and in-person incidents are tracked. Papile said this year the elementary level had six incidents, 12 at

the middle school, and 17 for the high school level.

Papile noted that most bullying occurs in grades six through nine.

Superintendent Dr. Richard DeCristofaro noted that for such a large school system, the bullying incident "numbers are small because of the job we do."

Colleague Paul Bregoli praised the anti-bullying programs in place saying how far the school system has come in teaching both academics and social skills.

"We do a great job teaching the whole child, leaps and bounds ahead of other school

systems," he said.

In a related matter, City-wide Parent Council Equality, Diversity and Inclusion Subcommittee Co-Chairwoman Jennifer Chen, suggested that the committee include students, in addition to parents, in a survey about school culture issues. She suggested utilizing the MCAS VOCAL

SECONDARY LUNCH MENU

Monday, May 6
MS- PIZZA MONDAY: Sal's North End Style Pizza, Caesar Salad, Seasonal Fruit.

HS- PIZZA MONDAY: Homemade Pizza Variety, Cheese, Chicken Pepperoni, or Green Peppers & Onions, Caesar Salad, Seasonal Fruit.

Tuesday, May 7
HOMESTYLE KITCHEN- WW Mac and Cheese w/ Beef Dippers, Steamed Carrots, Seasonal Fruit.

Wednesday, May 8
SANDWICH STACKER: Cheeseburger Grinder, Steamed Zucchini, Seasonal Fruit.

Thursday, May 9
SOUTHERN COOKIN' Pulled Pork on a WW Bun, Oven Baked Fries, Seasonal Fruit.

Friday, May 10
WRAP IT UP! Chicken Salad Wrap with Lettuce & Tomato Or Buffalo Chicken Wrap with Blue Cheese, Lettuce & Tomato, Side of Chickpea Salad, Seasonal Fruit.

All above Entrée
Selections Include:
Vegetable Choice, Choice of Fruit and Choice of Milk

ELEMENTARY LUNCH MENU

Monday, May 6
Grilled Cheese, Carrot Snack Packs, Seasonal Fruit.

Tuesday, May 7
Early Release Day—
NO LUNCH SERVICE

Wednesday, May 8
HOMESTYLE KITCHEN- Popcorn Chicken, WW Mac & Cheese, Steamed Green Beans, Seasonal Fruit.

Thursday, May 9
AMERICAN FARE: Beef Burger w/Cheese On a WW Bun, Potage Wedges, Three Bean Medley, Seasonal Fruit.

Friday, May 10
FRESH FROM THE GARDEN- Grilled Chicken Filet, Caesar Salad, WW Dinner Roll, Seasonal Fruit.

All above Entrée
Selections Include:
Vegetable Choice, Choice of Fruit and Choice of Milk

INVITATION TO BID

INVITATION TO BID

INVITATION TO BID

CITY OF QUINCY, MASSACHUSETTS
PURCHASING DEPARTMENT
1305 HANCOCK STREET, QUINCY, MA 02169

The City of Quincy invites sealed bids/proposals for:

PARK DEPARTMENT

"QUINCY SKATE BOARD PARK
CONSTRUCTION"
(Pond Street, Quincy, MA 02169)

MAY 20, 2019 @ 11:30 A.M.

The City of Quincy, Massachusetts, Park Department is seeking sealed bids for "QUINCY SKATEBOARD CONSTRUCTION" until 11:30 a.m., local time **Thursday, MAY 20, 2019** in the offices of the Purchasing Agent, 1305 Hancock St., Quincy, Massachusetts 02169, at which time and place all bids will be publicly opened and read aloud.

Each bid shall be accompanied by a bid security in the amount of five percent (5%) of the total value of the bid in the form of a bid bond or certified/treasurer's check.

The bidding and award of this contract shall be in full compliance with Massachusetts General Laws, Chapter 30, Section 39M, as last revised. All Federal, State regulations in relation to Minority Business Enterprise, Women's Business Enterprise, Minority and subject to the minimum wage rates set under the Massachusetts Prevailing Wage Law Chapter 149, §26-27 inclusive. The City reserves the right to waive any informality in or to reject any or all bids when such an action is deemed in the best interest of the City.

Detailed specifications are available on-line at the City of Quincy's website, www.quincyma.gov and also available at the office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM.

All questions regarding this bid should be directed to Kathryn R. Logan, Purchasing Agent through an email to: purchasing@quincyma.gov. Questions will be accepted until May 13, 2019 at 4:00 p.m.

Bids/Proposals must be in a sealed envelope. The outside of the sealed envelope is to be clearly marked "BID ENCLOSED" with time/date of bid call. Late bids will be considered non responsive and will be rejected.

Firm bid prices will be given first consideration. Bids/Proposals will be received at the office of the Purchasing Agent until the time and date stated above, at which time and date they will be publicly opened and read. Late Bids/Proposals, delivered by mail or in person, will be rejected.

The right is reserved to reject any or all bids or to accept any part of a bid or the one deemed best for the City and waive any informality in the bidding if it is in the best interest of the City to do so.

Thomas P. Koch, MAYOR
Kathryn R. Logan, PURCHASING AGENT

survey for grades 5, 8, and 10. Chen said that student feedback on the issue would be beneficial in identifying areas of concern.

LEGAL NOTICE

CITATION GIVING NOTICE OF PETITION FOR APPOINTMENT OF GUARDIAN FOR INCAPACITATED PERSON PURSUANT TO

G.L. c. 190B, §5-304
Docket No. NO19P0956GD

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
In the matter of:
Trevon K. Brown
Of: Quincy, MA
RESPONDENT:
Alleged Incapacitated Person

To the named Respondent and all other interested persons, a petition has been filed by Nicole Kasimatis of Quincy, MA in the above captioned matter alleging that **Trevon K. Brown** is in need of a Guardian and requesting that Nicole Kasimatis of Quincy, MA (or some other suitable person) be appointed as Guardian to serve **Without Surety** on the bond.

The petition asks the court to determine that the Respondent is incapacitated, that the appointment of a Guardian is necessary, and that the proposed Guardian is appropriate. The petition is on file with this court and may contain a request for certain specific authority.

You have the right to object to this proceeding. If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 A.M. on the return date of **05/29/2019**. This day is NOT a hearing date, but a deadline date by which you have to file the written appearance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date.

IMPORTANT NOTICE

The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.

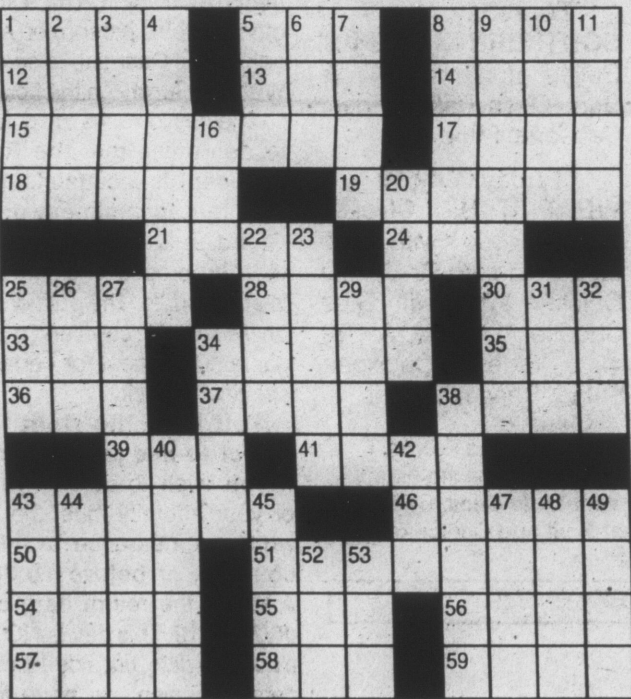
WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: April 22, 2019
PATRICK W. McDERMOTT
Register of Probate

SUN FUN PAGE

King Crossword

- ACROSS**
- 1 Gaucho's weapon
5 Big Apple abbr.
8 Silenced "Hey!"
12 "Once — a Mattress"
13 Debtor's letters
14 Duel tool
15 Delphinium
17 Rotate
18 Dismal
19 Snow White's pals
21 Put on the line
24 Everything
25 Pop flavor
28 Frogs' hangout
30 Make up your mind
33 Kinsman, for short
34 Drops from the payroll
35 Letter after 31-Down
36 Moment
37 From the start
38 Read cursorily
39 Barbie's companion
- DOWN**
- 1 Socket insert
2 October stone
3 Traditional tales
4 Turkey's capital
5 Pinch
6 Second person
7 Cottage cheese label word
8 Corolla component
9 Morgan of "Super Size Me"
10 Lowly laborer
- 11 Sawbuck
16 Half a Vail pair
20 Bankrolls
22 Rotate
23 "M*A*S*H" locale
25 Letterman's network
26 Raw rock
27 Big name in U.S. aircraft
29 Mr. Gingrich
31 Letter before 35-Across
32 Allen or Conway
34 Enthusiasts
38 T-shirt sizes
40 Continental money
42 Timeworn
43 Decelerate
44 Wrap in a waxy cloth
45 Attempt
47 Tidy
48 One side of the Urals
49 "— It Romantic?"
52 Historic period
53 Recede



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MAGIC MAZE • CANADIAN CITIES AND TOWNS

W M J Q H E Y R A G L A C A B
Y V T U Q O L I E W I G W W D
B Y W E T M R P R A A I P A M
X K I B S O I E F D N H B T Y
W A U E T N O S V D Q I S T O
M K F C N T H I S U F D G O B
Z X I I N R N O T N O M D E W
U V W O L E R S J Q O C N L R
J H R F (S A S K A T O O N) D C
N O D N O L H A Y W S V T A S
T Q P N L K I H F E C B Z Y V

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Calgary
Edmonton
Halifax
London
Montreal
Oshawa
Ottawa
Quebec
Regina
Saskatoon
St. John's
Vancouver
Victoria
Windsor
Winnipeg

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HOCUS-FOCUS

BY HENRY BOLTONOFF



Find at least six differences in details between panels.



Differences: 1. Man's collar is different. 2. Window is larger on the bottom. 3. One boy is missing. 4. Leg on the left is missing. 5. Boy on the bottom has a hat. 6. Part of fence is missing.

Trivia test

by Fifi Rodriguez

1. ASTRONOMY: How many moons does the planet Mercury have?
2. GEOGRAPHY: What is the deepest lake in the United States?
3. FOOD & DRINK: What are the four main ingredients of beer?
4. HISTORY: In which World War I battle did more than 19,000 British troops die on the first day?
5. MUSIC: Which R&B/soul singer was shot to death by his father in 1984?
6. TELEVISION: What was the name of the brewery that was the setting for the "Laverne & Shirley" show?
7. GENERAL KNOWLEDGE: When did Canada

gain its independence from Britain?

8. MOVIES: What was the name of the first silent movie shot in Hollywood?
9. ANIMAL KINGDOM: What is a group of goats called?
10. ACRONYMS: What does "http" stand for in website addresses?

Answers

1. None
2. Crater Lake, at 1,949 feet
3. Water, yeast, hops and grain
4. The Battle of the Somme
5. Marvin Gaye
6. Shotz Brewery
7. 1867
8. "In Old California"
9. A tribe or a trip
10. HyperText Transfer Protocol

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Wishing Well®

5 2 4 8 2 6 2 3 2 5 2 3 7
A F T Y O B R S G H I A W
8 3 5 2 5 8 5 7 8 4 6 2 5
O Y A V P U P A W R E E Y
8 5 8 7 8 2 8 3 2 4 5 4 5
R M I Y T A E Y N U A T R
6 3 2 3 4 7 4 6 4 7 6 8 7
P E D S H O I O S U S A T
8 3 2 3 7 5 6 3 5 4 8 3 5
P T F O I R I S I R O E A
2 5 4 5 4 2 4 2 4 7 4 7 8
O G E E V R E G A D L E E
3 8 6 4 2 6 2 6 4 7 6 7 3
L M T E E I T V D A E S F

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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Salome's Stars

ARIES (March 21 to April 19) This is a good week to look at healing bruised feelings and re-establishing weakened relationships. It's also a good week to start new projects and make new job-linked contacts.

TAURUS (April 20 to May 20) Music and art dominate the week, giving the sensual Bovine a lot to appreciate. On the practical side, deal firmly, but fairly, with those who might try to undermine your work efforts.

GEMINI (May 21 to June 20) Good feelings continue to flow from your recent efforts to reconnect with family and friends. But be ready to defuse a dispute before it can disrupt all that peace and harmony.

CANCER (June 21 to July 22) A practical view of a romanticized situation could help to clarify some of its more confusing aspects before you make a decision that could be tough to undo later on.

LEO (July 23 to August 22) Pay more attention to what a recent spate of workplace criticism might say about your performance and not what you think it implies about you personally. Some flexibility might be called for.

VIRGO (August 23 to September 22) With new information, and new promises of support (not to mention growing self-confidence), this could be a good time to restart a project you couldn't quite handle before.

LIBRA (September 23 to October 22) Before you decide to close down a problem-loaded project and make a fresh start with someone

else, try once more to reach a compromise with your balky partner. He or she might surprise you.

SCORPIO (October 23 to November 21) While you continue earning points for your sharp negotiating skills, be alert for an attempt to undercut your efforts. You'll need to provide solid facts and figures to stay in the game.

SAGITTARIUS (November 22 to December 21) A minor health problem might cause you to ease up on your usually busy schedule. But you'll soon be back in the saddle and ready to pick up the reins and charge ahead.

CAPRICORN (December 22 to January 19) The adventurous Sea Goat might be eager to take on a new challenge. But before you do, you might want to take some time to check out previously overlooked factors.

AQUARIUS (January 20 to February 18) A feeling of being overwhelmed by all that you have to do can be eased by setting priorities. Deal with the most urgent and time-sensitive situations first, and then work down the line.

PISCES (February 19 to March 20) Creating a calm, peaceful place for yourself in the middle of a roiling emotional whirlpool this week starts when you, and no one else, decide how to make decisions about your life.

BORN THIS WEEK: Your determination to stick with your principles wins the admiration of everyone who knows you.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: Z equals F

ESXAAOE ZOSH XGKVJ JUI

UXMWEPXZJOMN KZ X ZOMI

OMWOXM AJPOMNIW OMAJPVHIMJ:

"X AOJXP OA GKPM."

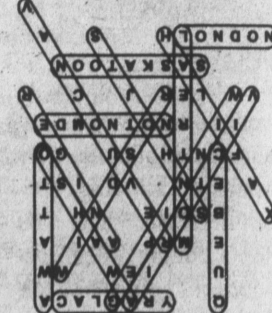
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King Crossword
Answers

Solution time: 25 mins.



Magic Maze
ANSWERS:



CryptoQuip

"A Star is Born."
Indian stringed instrument:
handcrafting of a fine
Classic film about the

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HOLLYWOOD

by Tony Rizzo

HOLLYWOOD -- Elton John's love life is causing problems for Paramount Pictures and the producers of the Elton John bio picture "Rocket Man." Allegedly, Paramount wants a bedroom love scene between Elton (Taron Egerton) and his lover John Reid (Richard Madden) cut so they can get a PG-13 rating. Taron Egerton objects, proclaiming, "I think it's a really beautiful bit of male intimacy." We'll have to wait until May 31 to see who won.

Dwayne Johnson has completed filming "Fast & Furious" spin-off "Hobbs & Shaw," opposite Jason Statham (paying homage to the value systems that made "The Fast and the Furious" a global sensation), for an Aug. 2 release. He is currently filming the third "Jumanji," with Jack Black, Karen Gillan and Nick Jonas returning, with Danny DeVito and Danny Glover joining them (out Dec. 13), and "Jungle Cruise," with Emily Blunt, Jack Whitehall and Paul Giamatti, due July 2020. "The Rock," who is co-producing all three films, also is a solid executive producer. Among his latest efforts is "Shazam," which is breaking records at the box office.

Late night talk-show host James Corden has come up with what he says is an original idea for a new musically oriented take on the Cinderella tale, which would star singer/songwriter Camila Cabello, who hit it big with the song "Havana" and her album "Camila," which debuted at No. 1 on 110 differ-

ent iTunes around the globe. No word yet if Corden also will act in the film.

Kumail Nanjiani, Oscar nominated for "The Big Sick" for best original screenplay, will co-star with Angelina Jolie in Marvel's "The Eternals," which takes place millions of years ago. First up for Nanjiani though is the release of the action comedy "Stubber," with Dave Bautista and Karen Gillan (in theaters July 12), "The Voyage of Doctor Doolittle," with Robert Downey, Jr., Antonio Banderas and Michael Sheen (out January 2020) and the comedy "The Love Birds" (March 2020).

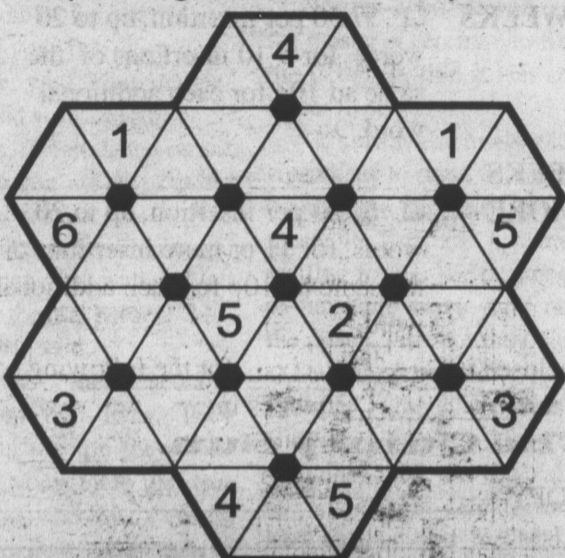
Now that people have filed their income taxes, we've learned what some of them are earning. House speaker Nancy Pelosi makes less money with her \$223,500 pay than new Supreme Court judge Brett Kavanaugh, who's earning \$255,300. Their paychecks pale compared to Mindy Grossman, who made a fat \$1.2 million as CEO of Weight Watchers. "Law & Order: SVU" star Mariska Hargitay took home \$13 million, which is a lot less than Blake Shelton's \$28 million. Movie star Will Smith's \$42 million was topped by TV, movie and nightclub star Jennifer Lopez, who pocketed \$47 million. But the top earner on this list is Lady Gaga, who amassed a whopping \$50 million, which only proves that nothing beats it when "A Star Is (re) Born!"

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SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆◆◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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GO FIGURE!

by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★

★ Moderate ★★ Difficult
★★★ GO FIGURE!

	-		x			14
+		x		÷		
	÷		x			14
x		+		x	+	
	+		x			18
13		14		7		
1	2	3	4	5	6	7

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KOVELS' Antiques & Collecting

By Terry and Kim Kovel

Admiral Fitzroy Clock -- Admiral Robert FitzRoy (1805-1865) is best known to collectors for a barometer he did not invent. But historians know about his accomplishments in the British navy, politics and predicting the weather. He joined the navy at the age of 12, was captain of the ship that carried Charles Darwin on his expeditions, was elected to Parliament in 1841, became governor of New Zealand in 1843, and later began to study meteorology and the weather. He published an important book about weather, made sure there was a barometer in every port, and made charts that predicted the weather for sailors as the first "weather forecaster," a name he made up. He improved the design of barometers, but didn't invent the one now named for him. This "Admiral Fitzroy Clock and Barometer" made in about 1900 sold at a Cowan auction for \$270.

Q: I've owned Imperial Candlewick glassware for almost 70 years! It's been a prized possession in many places where we made our home as foreign missionaries. It's survived much use by our family of five children and was used frequently for special events. Now I find it necessary to sell my collection of many pieces. What advice can you give me?

A: Collections of glassware and dinnerware are hard to sell. Candlewick glass sells online on sites like rubylane.com, replacements.com and eBay.com. Shops that sell Candlewick may be interested in buying your pieces. You also can contact the National Imperial Glass Collectors' Society (imperialglass.org). If you decide to sell your

glass online or send it to an online shop, you'll have to pack it up securely, insure it and send it to them. It's easier to try to sell locally at a consignment shop, flea market or antiques shop. You also might consider donating it to a charity. Determine its value by checking Candlewick glass that has sold on some of the online sites, and then take the tax deduction.

Q: I have a Puss 'n Boots creamer, which I have had for over 60 years. My cat does not have whiskers. Every other one I have seen has whiskers. Any idea why mine doesn't?

A: Shawnee made Puss 'n Boots creamers in several versions with different decorations, with and without whiskers. Some have decal decorations and gold trim. There also was an undecorated white Puss 'n Boots creamer and a gold-colored creamer.

CURRENT PRICES

Lladro, Thai girl kneeling, No. 2069, 17 inches, \$150. Alligator sprinkler, heart-shaped sprayer, 8 1/2 inches, \$330. Weathervane, steam tractor, wagon, spoked wheels, sheet steel, 18 x 53 inches, \$425. Face Jug, pottery, dark alkaline olive glaze, stone teeth, Lanier Meaders, 8 1/4 x 7 1/4 inches, \$810.

TIP: Free Comic Book Day is May 4, 2019. Free Comic Book Day is held on the first Saturday in May each year, and it is the one day that participating comic-book specialty shops give away comic books free to anyone who comes into their store.

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STICKELERS

by Terry Stickels

John monitors three different machines during his shift at work. Each has a different probability of breaking down during a shift.

Machine #1: 3/7
Machine #2: 1/13
Machine #3: 2/11

What is the probability that none of the machines will break down during a shift?

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Strange BUT TRUE

* It was industrialist Andrew Carnegie, who was born into a poor Scottish family and emigrated to the United States as a teen, who made the following sage observation: "There is not such a cradle of democracy upon the earth as this republic of letters, where neither rank, office, nor wealth receives the slightest consideration."

* You might be surprised to learn that the United States Department of Commerce has designated approximately 30 houses across the country as authentic haunted houses.

* Despite the fact that 95 percent of the world uses the metric system of measurement, we in the United States still stubbornly cling to the archaic units of measurement derived from the old British Imperial system. This hodgepodge ranges from the mile (originally the distance a Roman soldier could march in 1,000 double steps) to the

foot (originally the length of Emperor Charlemagne's foot, later "standardized" to the length of 35 barley-corns laid end to end) to a yard (the distance between King Henry I's nose to his extended fingertips) to an inch (the length from the tip to the first joint of a man's thumb).

* You probably didn't realize there's a word for it, but a pregnant goldfish is called a twit.

* A man named Robert Boyd entered a lingerie shop and attempted to hold up the store using a Japanese sword. A fan of video games, Boyd claimed in his defense that at the time of the holdup, he believed he was an elf.

* In Switzerland, it is considered to be bad luck to tell anyone your baby's name before it is born.

Thought for the Day: "A man may truly live in his dreams, his noblest dreams, but only, only if he is worthy of those dreams."
-- Harlan Ellison

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Now here's a tip!

by Jo Ann Derson

* "Large dogs can benefit from a raised water and food bowl. Why not make it pretty at the same time by putting a stainless-steel bowl into a decorative planter? Find a planter and bowl that have the same size opening. Your pup will thank you." -- I.B.B. in Georgia

* "Here's a novel way to store your skewers that's both handy and safe: Once they are clean and dry, wrap in plastic wrap. They will stay together, and the plastic can save you from being poked by the ends when they're loose in the drawer." -- T.H. in Arkansas

* The secret to avoiding stains on your carpet is to get to spills right away. If you have a liquid spill, remove as much of the liquid as you can, then spray the stain with a solution of half vinegar and half water. Let it sit for two minutes, then blot with a towel. If it's solid food, try using a plastic card to scrape it up from underneath so it doesn't get ground in. Then follow the

same steps as for a liquid stain.

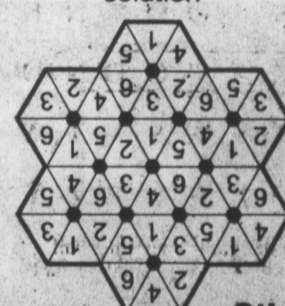
* "It's better to use a dry, lint-free cloth to clean your DVD player and other electronics. Moisture will damage your electrical circuits, so no spray cleaners. But there is one thing you can spray into those cracks to help you clean: canned air! It's a great alternative for dislodging dust from vents without risking your tech. While you have it out, you might try 'dusting' the headphone and charging ports on your cellphone, too." -- M.F. in Oregon

* "Need sliced mushrooms for your salad or recipe? They are hard to cut, but you might have the perfect tool for doing the job already in your kitchen. If you have an egg slicer, get it out. It works very well for mushrooms, and it's easier to use than trying to cut those slices yourself." -- J.R. in Utah

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SNOWFLAKES

solution



Stickelers Answer

432/1001 or 43.16%
4/7 x 12/13 x 9/11 = 432/1001
The solution looks like this:

Go Figure! answers

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MOVING SALE Moving Sale 5/4/19 9am-3pm Furniture, Dishes, Decor, Pictures, Christmas Decorations, Dolls 46 Bay View Ave. Houghs Neck, Quincy 5/2	CHRISTMAS CONTEST POSTERS If your child had one on display in the window of the Quincy Sun, you can pick it up Monday thru Friday 9am - 5pm TF	WANTED OLD HAND TOOLS & ANTIQUES WANTED Planes, chisels, spokeshaves, hammers, machinist, mechanic, blacksmith, Stanley, Starrett, Bailey, Victor, calipers, clamps anvils, vises, etc. USEFUL TOOLS, ALL TRADES pottery, lanterns, postcards, toys, ESTATE LOTS & COLLECTIONS LIBERTY TOOL CO. 888-405-2007 www.jonesport-wood.com www.davistownmuseum.org TF	THE QUINCY SUN CLASSIFIED AD FORM MAIL TO: THE QUINCY SUN, 1372 HANCOCK STREET, QUINCY, MA 02169 PAYABLE IN ADVANCE. Payment must accompany order.	YARD/ CRAFT SALE 9th Annual Yard Sale and Craft Show! Saturday, May 4th 9am - 3pm <i>Rain or Shine</i> Collectibles - Costume Jewelry Bake Sale - Photography Handcraft Items - Vintage Linens Floral Arrangements Huge Assortment Yard Sale Items, Raffles & so much more! <i>Food Available</i> Bethany Cong. Church 18 Spear Street, Quincy 617.479.7300 for more info 5/2	MISCELLANEOUS FOR SALE Privacy Hedges -SPRING BLOWOUT SALE 6ft Arborvitae Reg \$179 Now \$75 Beautiful, Nursery Grown. FREE Installation/FREE delivery, Limited Supply! ORDER NOW: 518-536-1367 www.lowcosttreefarm.com 5/2	HALLS FOR RENT MORRISETTE LEGION POST 81-83 Liberty St., Quincy Function Hall Available Call for Details 617-770-4876 Internet Capable • Weddings • Showers • Christenings • Meetings After Funeral Gatherings TF
YARD SALE 40TH ANNUAL Sat. 5/18, 9AM-2PM Over 40 houses on-Ashmont Hill. Start at Ocean Street. Enjoy a Dorchester Victorian neighborhood. INFO: www.ashmonthill.org or 617-288-6626 5/9	HELP WANTED DG's YARD MAINTENANCE HELP WANTED Contact Dana (617)786-9558	RATES 1 WEEK ☐ \$9.00 for one insertion, up to 20 words, 10¢ for each additional word. 2-4 WEEKS ☐ \$8.00 per insertion up to 20 words for 2-4 insertions of the same ad, 10¢ each additional word. 5-10 WEEKS ☐ \$7.50 per insertion, up to 20 words, for 5-10 insertions of the same ad 10¢ for each additional word. 11 WEEKS OR MORE ☐ \$7.00 per insertion, up to 20 words, for 11 or more insertions of the same ad 10¢ for each additional word. ☐ Enclosed is \$_____ for the following ad to run _____ weeks in The Quincy Sun. COPY: _____ NO REFUND WILL BE MADE AT THIS CONTRACT RATE IN THE EVENT OF CANCELLATION. DEADLINE: FRIDAY AT 4PM. PLEASE INCLUDE YOUR PHONE NUMBER IN AD.				

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City Remembers Those Lost In Vietnam War

Cont'd From Page 1

note speaker at the ceremony. McCloughan, a Michigan resident, said his fellow Vietnam veterans should be proud of their service during the war.

He noted 9.7 million Americans served in the military during the Vietnam War, including 2.5 million who were deployed to Vietnam. In 2006, he said, more than 14 million Americans claimed they served in the war without having done so. But, McCloughan said, you can't blame them for doing so because Vietnam veterans are held in such high regard by so many.

"Don't expect those people who have not walked a mile in your shoes or in your boots to understand what you've done," he said. "Just know in your heart and in your soul that you were a savior for many Americans who were very thankful for you."

"You were an American ambassador. They would have never known about America — those Vietnamese people who are here today — if it had not been for you, the ambassador from the United States."

"So, can you blame the 14 million who want to be you? Can you see how brave you've been and how you are forever the supreme example of a patriot? You can't blame the wannabes."

Vietnam veterans, McCloughan continued, had a remarkable record of service during the war and continued to give back after they came home.

"Each and every one of you are a member of the group called the Vietnam veterans who did something no others who have fought in any wars have done: 98 percent of you were honorably discharged. No other group can claim that," he said.

"You have continued that remarkable character as you served your family or community, your church, your state and your country."

The 48 men listed on the clock tower are the real heroes, he said.

"Make no mistake: Those on the wall behind me are the real heroes," McCloughan said.

"These men actually gave up two lives. They gave up the life they were living when their life was cut short, and they gave up the life they never got to live. Many of them never got to meet and marry their soulmate, never saw their child being born. They never got to coach their son or daughter in a Little League

game. They never got to see them graduate. Never walked their little girl down the aisle to get married and have that very special father-daughter dance with her.

"Finally, they missed all the holidays, the special family gatherings that we get to all be a part of each and every year. They gave up two lives so that we can have one life that we are living right now."

McCloughan, who sang during the 30th annual ceremony at the Marina Bay clocktower in 2017, said he has attended veterans' events throughout the country over the years, but Quincy holds a special place for him.

"Being in this place with some of the most prestigious, brave, unselfish brothers and sisters of the Vietnam War is one of the biggest thrills of my life. I'm honored to be here with you," McCloughan said. "No place that I have been can outdo the patriotism of Quincy, Massachusetts."

Mayor Thomas Koch congratulated McCloughan for receiving the Medal of Honor and thanked him for his remarks. The mayor also reflected on the remarks of past speakers, including Gen. Joseph Dunford, the chairman of the Joint Chiefs of Staff, who called Vietnam veterans his heroes.

Koch also thanked those in attendance for their presence and credited the organizers of the event, Lawrence Norton and Thomas Bolinder, both Marine Corps veterans of the Vietnam War, for their work.

"Today we are here to honor the 48 behind us," Koch said. "It is said when someone dies, if they are remembered they are not truly dead. The work that Larry and Tom and each of you do continues the legacy of these 48 men."

Norton, who served as the master of ceremonies for the occasion, said it was an honor to do so.

"It's always an honor and a privilege to stand here and address you, because I know these 48 kids are upstairs waiting for us. We're going to have big party right on the beach, just like they did at Da Nang," he said.

After the speeches, Bolinder and Richard Churchill read the roll call of names on clocktower. McCloughan and Joe Middendorf, who served together in Vietnam, then placed a wreath at the base of the 85-foot-tall monument as Robert LaFleur sounded Taps.



VIETNAM veterans salute as Taps is sounded after a memorial wreath was placed at the foot of the Veterans Memorial Clock Tower in Marina Bay. In front (from left) are Thomas Bolinder, one of the event's organizers; Medal of Honor Recipient James McCloughan, the day's keynote speaker; and Joe Middendorf, who served with McCloughan. Robert LaFleur plays Taps in the background as master of ceremonies Lawrence Norton looks on.

Quincy Sun Photos/Scott Jackson



MEDAL OF HONOR recipient James McCloughan addresses the crowd at the 32nd annual ceremony honoring the city's Vietnam veterans, which was held recently at the Vietnam Veterans Memorial Clock Tower in Marina Bay. The clocktower bears the names of the 48 Quincy men who died as a result of injuries sustained in the war. "Those on the wall behind me are the real heroes," McCloughan said.

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